



# MCU JULY 2025



## WALTER REED NURSING AND REHABILITATION CENTER

*Julie P. Boothe : Recreation Director*

*Edith Walters: Assistant Recreation Director*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b>	<b>Owned and Operated by VIRGINIA HEALTH SERVICES</b>	<b>1</b> 10:30 BALLOON BOP 11:30 DARTS 1:30 ONE ON ONE 3:00 COLOR 3:30 READ TO CONNECT	<b>2</b> 10:30 BALLOON BOP 11:30 COURTYARD BUBBLES 1:30 ONE ON ONE 2:30 JULY 4TH CRAFT 3:30 RING TOSS 4:00 READ TO CONNECT	<b>3</b> 10:30 BALLOON BOP 11:30 ZIPLOCK PAINTING 1:30 ONE ON ONE 2:00 DRAW AND COLOR 3:00 PIANO WITH JACK 4:00 READ TO CONNECT  COOK OUT 12:15	<b>4</b> 10:30 BALLOON BOP 11:30 FISHING 1:30 ONE ON ONE 2:00 CINNABUN VISIT 3:30 POPCYCLES 4:00 READ TO CONNECT	<b>5</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE
<b>6</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE	<b>7</b> 10:00 PET VISIT WITH SPCA 10:30 HEART FELT HAND MASSAGE 11:30 RING TOSS 1:30 ONE ON ONE 2:30 ICE CREAM 3:30 READ TO CONNECT	<b>8</b> 10:30 BALLOON BOP 11:30 DARTS 1:30 ONE ON ONE 3:00 NAILS 3:30 READ TO CONNECT	<b>9</b> 10:30 BALLOON BOP 11:30 COURTYARD BUBBLES 1:30 ONE ON ONE 2:30 BASKET BALL 3:30 RING TOSS 4:00 READ TO CONNECT	<b>10</b> 10:30 BALLOON BOP 11:30 ZIPLOCK PAINTING 1:30 ONE ON ONE 2:00 DRAW AND COLOR 3:00 PIANO WITH JACK 4:00 READ TO CONNECT	<b>11</b> 10:30 BALLOON BOP 11:30 FISHING 1:30 ONE ON ONE 2:00 CINNABUN VISIT 3:30 FRESH FRUIT 4:00 READ TO CONNECT	<b>12</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE
<b>13</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE	<b>14</b> 10:30 DARTS 11:30 FOAM PUZZLE 1:30 ONE ON ONE 2:00 SOLO CUP TOSS 4:00 READ TO CONNECT	<b>15</b> 10:30 BALLOON BOP 11:30 DARTS 1:30 ONE ON ONE 2:30 DJ CASH	<b>16</b> 10:30 BALLOON BOP 11:30 COURTYARD BUBBLES 1:30 ONE ON ONE 2:30 BASKET BALL 3:30 RING TOSS 4:00 READ TO CONNECT	<b>17</b> 10:30 BALLOON BOP 11:30 ZIPLOCK PAINTING 1:30 ONE ON ONE 2:00 DRAW AND COLOR 3:00 PIANO WITH JACK 4:00 READ TO CONNECT	<b>18</b> 10:30 BALLOON BOP 11:30 FISHING 1:30 ONE ON ONE 2:30 CINNABUN VISIT 3:30 POPCYCLES 4:00 READ TO CONNECT	<b>19</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE
<b>20</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE	<b>21</b> 10:30 HEART FELT HAND MASSAGE 11:30 RING TOSS 1:30 ONE ON ONE 3:00 SOLO CUP TOSS 4:00 READ TO CONNECT	<b>22</b> 10:30 BALLOON BOP 11:30 DARTS 1:30 ONE ON ONE 2:30 CINNABUN VISIT 3:30 READ TO CONNECT	<b>23</b> 10:30 BALLOON BOP 11:30 COURTYARD BUBBLES 1:30 ONE ON ONE 2:30 BASKETBALL 3:30 RING TOSS 4:00 READ TO CONNECT	<b>24</b> 10:30 BALLOON BOP 11:30 ZIPLOCK PAINTING 1:30 ONE ON ONE 2:30 DRAW AND COLOR 3:00 PIANO WITH JACK 4:00 READ TO CONNECT	<b>25</b> 10:30 BALLOON BOP 11:30 FISHING 1:30 ONE ON ONE 2:30 CINNABUN 3:30 FRESH FRUIT 4:00 READ TO CONNECT	<b>26</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE
<b>27</b> 11:00 BALLOON FUN 2:00 CLAP AND DANCE 5:00 READ AND SHARE	<b>28</b> 10:30 DARTS 11:30 FOAM PUZZLE 1:30 ONE ON ONE 3:00 SOLO CUP GAME 4:00 READ TO CONNECT	<b>29</b> 10:30 BALLOON BOP 11:30 DARTS 1:30 ONE ON ONE 2:30 RESIDENT BIRTHDAY SOCIAL=D 4:00 READ TO CONNECT	<b>30</b> 10:30 BALLOON BOP 11:30 COURTYARD BUBBLES 1:30 ONE ON ONE 3:00 RING TOSS 4:00 READ TO CONNECT	<b>31</b> 10:30 BALLOON BOP 11:30 ZIPLOCK PAINTING 1:30 ONE ON ONE 3:00 PIANO WITH JACK 4:00 READ TO CONNECT	<b>SNACKS ARE GIVEN TWICE A DAY 10:30 &amp; 3:30</b>	<b>OUTSIDE ACTIVITIES ARE WEATHER PERMITTING</b>