



JULY 2025



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Edith Walters: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE	Owned and Operated by VIRGINIA HEALTH SERVICES	1 9:30 DARTS 10:00 BALLOON BOP 11:00 NOODLE BALL 1:00 ONE ON ONES 2:00 BINGO 3:30 READ TO CONNECT	2 10:00 PIANO WITH STEVE 11:00 SIMON SAYS CUPS 1:00 ONE ON ONE 2:00 JULY 4TH CRAFT 3:00 BINGO 4:00 READ TO CONNECT	3 9:30 BALLOON BOP 10:00 CARDS 11:00 PATIO GARDENING 1:00 ONE ON ONE 2:30 PIANO WITH JACK 3:30 YATZEE COOK OUT 12:15	4 10:00 BALLOON BOP 11:00 FISHING 1:00 ONE ON ONE 2:00 CINNABUN VISIT 3:00 POPCYCLES 4:00 READ TO CONNECT	5 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE
6 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE	7 10:00 PET VISIT WITH S PCA 10:30 HEART FELT HAND MESSAGES 11:00 BALLOON BOP 1:00 ONE ON ONE 2:00 ICE CREAM CUPS 3:00 READ TO CONNECT	8 9:30 DARTS 10:00 BALLOON BOP 11:00 NOODLE BALL 1:00 ONE ON ONE 2:00 YATZEE 3:30 READ TO CONNECT	9 10:00 BALLOON BOP 11:00 SIMON SAYS CUPS 1:00 ONE ON ONE 2:00 BUBBLES AND CHATS 3:00 YATZEE 4:00 READ TO CONNECT	10 9:30 BALLOON BOP 10:00 CARDS 11:00 PATIO GARDENING 1:00 ONE ON ONE 2:30 PIANO WITH JACK 3:30 BINGO 4:00 READ TO CONNECT	11 10:00 BALLOON BOP 11:00 FISHING 1:00 ONE ON ONE 2:00 CINNABUN VISIT 3:00 FRESH FRUIT 4:00 READ TO CONNECT	12 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE
13 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE	14 10:00 BUBBLES & CHATS 11:00 SOLO CUP TOSS 1:00 ONE ON ONE 3:00 YATZEE 4:00 READ TO CONNECT	15 9:30 BALLOON BOP 10:00 NOODLE TOSS 11:00 NOODLE BALL 1:00 ONE ON ONES 2:30 DJ CASH	16 10:00 BALLOON BOP 11:00 SIMON SAYS CUPS 1:00 ONE ON ONE 2:00 BUBBLES & CHATS 3:00 SOLO CUP TOSS 4:00 READ TO CONNECT	17 9:30 BALLOON BOP 10:00 COLORING 11:00 PATIO GARDENING 1:00 ONE ON ONE 2:30 PIANO WITH JACK 3:30 YATZEE 4:00 READ TO CONNECT	18 10:00 BALLOON BOP 11:00 FISHING 1:00 ONE ON ONE 2:00 CINNABUN VISIT 3:00 POPCYCLES 4:00 READ TO CONNECT	19 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE
20 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE	21 10:00 BALLOON BOP 11:00 HEART FELT HAND MESSAGES 1:00 ONE ON ONE 2:00 BUBBLES & CHATS 4:00 READ TO CONNECT	22 9:30 NOODLE TOSS 10:00 BALLOON BOP 11:00 BALL IN HOLE 1:00 ONE ON ONES 2:00 CINNABUN VISIT 3:00 YATZEE 4:00 READ TO CONNECT	23 10:00 PIANO WITH STEVE 11:00 SIMON SAYS CUPS 1:00 ONE ON ONE 2:00 NAILS 3:00 YATZEE 4:00 READ TO CONNECT	24 9:30 BALLOON BOP 10:00 COLORING 11:00 PATIO GARDENING 1:00 ONE ON ONE 2:30 PIANO WITH JACK 3:30 BINGO 4:00 READ TO CONNECT	25 10:00 BALLOON BOP 11:00 FISHING 1:00 ONE ON ONE 2:00 CINNABUN VISIT 3:00 FRESH FRUIT 4:00 READ TO CONNECT	26 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE
27 11:00 BALLOON FUN 2:00 DRAW AND COLOR 5:00 READ AND SHARE	28 10:00 BALLOON BOP 11:00 SOLO CUP TOSS 1:00 ONE ON ONE 2:00 BUBBLES & CHATS 4:00 READ TO CONNECT	29 9:30 NOODLE TOSS 10:00 BALLOON BOP 11:00 NOODLE BALL 1:00 ONE ON ONE 2:00 YATZEE 2:30 RESIDENT BIRTHDAY SOCIAL=D 4:00 READ TO CONNECT	30 10:00 BALLOON BOP 11:00 SIMON SAYS CUPS 1:00 ONE ON ONE 2:00 NAILS 4:00 READ TO CONNECT	31 9:30 BALLOON BOP 10:00 COLORING 11:00 PATIO GARDENING 1:00 ONE ON ONE 2:30 PIANO WITH JACK 3:30 YATZEE 4:00 READ TO CONNECT	HYDRATION AND SNACKS AVAILABLE GIVEN DAILY	OUTSIDE ACTIVITIES ARE WEATHER PERMITTING