











JULY 2025



LANCASHIRE NURSING AND REHABILITATION CENTER

Tearsa Arntz: Activities Director Jahmekah Nickens: Assistant Activities Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>		1 10:30: Memory Match 2:00: Bingo	2 10:30: Workout Wednesday 11:30: Stronger Memory 2:00: USA Scavenger Hunt	3 10:30: Patriotic Trivia 1:00: Veterans Brew 12:00-2:00: 4th of July Party		5 Word Search Available
6 Fairfield Baptist Church Service	7 10:30: Bible Study 11:30: Stronger Memory 2:00: Penny Pitch	8 10:30: Morning Craft 2:00: Bingo and Ice Pops 	9 10:30: Workout Wednesday 11:30: Stronger Memory 2:00: The Price is Right	10 10:30: Pretty Nails 1:00: Veterans Brew 2:00: Bingo	11 10:30: Word Search 11:00: Activities Director Walmart Shopping Trip 2:00: Cooking Class	12 
13 Cards and Board Games Available	14 10:30: Bible Study 11:30: Stronger Memory 2:00: Volleyball	15 10:30: Puzzle Time 2:00: Bingo 	16 10:30: Workout Wednesday 11:30: Stronger Memory 2:00: Tattoos and Brews	17 10:30: Jeopardy 1:00: Veterans Brew 2:00: Bingo	18 10:30: Coloring Page 2:00: Movie and Popcorn 	19 1:30: Church Service Abiding Faith Baptist Church
20 Word Search Available	21 10:30: Bible Study  11:30: Stronger Memory 2:00: Bowling	22 10:30: Morning Craft 11:30: Activities Director Walmart Shopping Trip 2:00: Bingo	23 10:30: Workout Wednesday 11:30: Stronger Memory 2:00: Minute to win it Games	24 10:30: Pretty Nails 1:00: Veterans Brew 2:00: Bingo	25 10:30-2:00 Main Street Shopping and Lunch	26 
27 Cards and Board Games Available	28 10:30: Bible Study 11:30: Stronger Memory 2:00: Cooking Class	29 10:30: Word Puzzles 11:00: Resident Council Meeting 2:00: Bingo	30 10:30: Workout Wednesday 11:30: Stronger Memory 2:00: Resident Birthday Party	31 10:30: Outside Watermelon Social 1:00: Veterans Brew 2:00: Bingo	ALL ACTIVITIES ARE SUBJECT TO CHANGE	