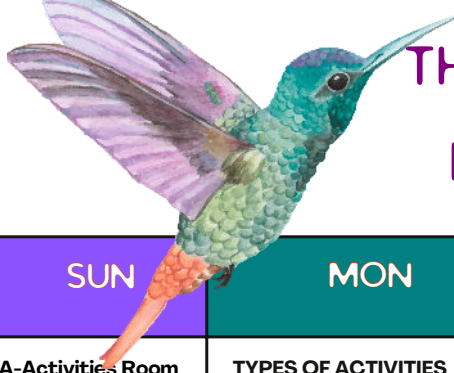




THE HUNTINGTON ACTIVITY CALENDAR

MAY

The Huntington
ASSISTED LIVING
VHS Your best life is our mission.

2025



SUN	MON	TUE	WED	THU	FRI	SAT
A-Activities Room M-Media Room TN-The Newport D-Dining Room	TYPES OF ACTIVITIES EXERCISE CREATIVE REFLECTIVE SENSORY SOCIAL OUTINGS OUTDOORS COGNITIVE ENTERTAINMENT	National Nurses Week: May 6-12 Program times 30 minutes unless: *1=1 hour program *1.25=1 hour & 15 min **2 hrs or more	National Month Themes Ultraviolet Awareness Stroke Awareness Asian American & Pacific Islander Military Appreciation	1 Schedule transportation 9:30 Matching Maracas (A) 10:00 Tulip Painting (A) 2:30 Bingo (D) *1.25 4:00 Hawaiian Lei Day (P) 6:30 Therapy Dogs (D)	2 9:30 Pueblo Mining (A) 11:00 Cardio Drumming (A)*1 2:00 Sunshine Decor (A)*1 3:30 Ping Pong Games (A) 4:00 Clean sunglasses (A)	3 9:30 Yea or Neigh (A) Draw horses for Kentucky Derby Prize 6:00 pm The Gaithers (TBN)*1
4 3:00 Newport News Baptist Church (D)*1	5 9:30 Cinco De Mayo Word Fun (A) 11:00 Craft: Jiffy Maracas (A) 2:00 Cinco De Mayo Celebration (D)*1	6 9:30 Word Fun (A) 11:00 Group Puzzle (A) *1 2:30 Bingo (D) *1.25	7 10:30 Bible Study (M) 11:30 Chair Zumba (A)*1 2:00 Movie (M) **	8 10:30 Sunshine Singers (M) 2:00 Crafting with Martha & Jerry (A)*1	9 2:00 Bingo (TN) *1.5	10 12:30 May Talking Tidbits (D) *1 (on the table) 6:00 pm The Gaithers (TBN)*1
11 Catholic Communion Visits with OLMC 	12 9:30 Conversation Wheel (A)*1 11:00 Craft: Embroidery Hoop Decor (A)*1 2:00 Celebration (TN) *1 4:00 Outside Group Walk (L)	13 Schedule transportation 2:00 Fashion Show (TN)*1 3:00 Bingo (D) *1 4:15 Make sugar scrubs for hands/elbows (A)	14 9:30 Word Fun-Tom Cruise (A) 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)** 4:00 Badminton Bubbles (A) Top Gun Day	15 10:00 Fit wit Kim (A) 11:30 Craft: Suncatchers (A)*1 2:00 Clean eyeglasses (A) 2:30 Bingo (D) *1.25 6:30 Therapy Dogs (D)	16 9:30 Badminton Toss (A) 10:30 Trip to Walmart 2:00 Craft: Scrapbook (A)*1.5 4:00 Popsicles on Patio	17 9:30 Craft Corner (A) 6:00 pm The Gaithers (TBN) *1 Armed Forces Appreciation Day
18 3:00 Newport News Baptist Church (D)*1 National Transportation Week	19 9:30 Travelouge Video: Great Lakes (A) 11:00 Craft-Great Lakes 2:00 Crafting w/Martha & Jerry (A)*1 3:30 Putt Putt (M)*1	20 Schedule transportation 2:30 Bingo (D)*1.25 4:00 Outside Group Walk	21 9:30 Craft: Positive Stones (A) 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)**	22 9:30 Word Fun (A) 10:00 Trip to Army Transportation Museum (L) ** Pre-register by May 15 2:30 Birthday Celebration (D) *1	23 9:30 Make Ladybugs, Bee Tic Tac Toe (A) *1 11:00 (A)*1 Shark Documentary and Live Shark Cam 2:30 Blue Crab Educational & Tasting (A)*1	24 10:30 Chair Zumba (A) 6:00 pm The Gaithers (TBN)*1
25 2:30 Hampton Roads Independent Church (D)*1 Revised 5/23/25	26 10:30 Music: Mr. Teller (M)*1 	27 Schedule transportation 2:30 Bingo (D) *1.25 4:00 Manicures (A) *1.5	28 9:30 Craft: Paperclip Birds (A) 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)**	29 9:30 Target Game (A) 10:00 Driving Tour of Sculptures in Newport News (L)** Pre-register by May 22 2:30 Bingo (D) 1.25 4:00 Outside Group Walk/Roll (L) 6:30 Therapy Dogs (D)	30 9:30 Craft: Coaster (A)*1 11:00 Resident's Forum (A) 2:00 Storytime (A)*1 3:00 No Bake Club NATIONAL SMILE DAY	31 9:30 Word Fun (A) 6:00 pm The Gaithers (TBN)*1 (757) 223-0888 RECREATION DIRECTOR BONNIE FITZ BFITZ@VAHS.COM