



# THE HUNTINGTON ACTIVITY CALENDAR

MAY

**The Huntington**  
ASSISTED LIVING  
VHS *Your best life is our mission.*

2025



SUN	MON	TUE	WED	THU	FRI	SAT
<p>A-Activities Room M-Media Room TN-The Newport D-Dining Room</p>	<p><b>TYPES OF ACTIVITIES</b>  <b>EXERCISE</b>    <b>CREATIVE</b>  <b>REFLECTIVE</b>    <b>SENSORY</b>  <b>SOCIAL</b>    <b>OUTINGS</b>  <b>OUTDOORS</b>    <b>COGNITIVE</b>  <b>ENTERTAINMENT</b></p>	<p><b>National Nurses Week: May 6-12</b>            Program times 30 minutes unless:            *1=1 hour program            *1.25=1 hour &amp; 15 min            **2 hrs or more</p>	<p><b>National Month Themes</b>            Ultraviolet Awareness            Stroke Awareness            Asian American &amp; Pacific Islander            Military Appreciation</p>	<p>1 Schedule transportation            9:30 Matching Maracas (A)            10:00 Tulip Painting (A)            2:30 Bingo (D) *1.25            4:00 Hawaiian Lei Day (P)            6:30 Therapy Dogs (D)</p>	<p>2 9:30 Pueblo Mining (A)            11:00 Cardio Drumming (A)*1            2:00 Sunshine Decor (A)*1            3:30 Ping Pong Games (A)            4:00 Clean sunglasses (A)</p>	<p>3 9:30 Yea or Neigh (A)            Draw horses for Kentucky Derby Prize            6:00 pm The Gaithers (TBN)*1</p>
<p>4 3:00 Newport News Baptist Church (D)*1</p>	<p>5 9:30 Cinco De Mayo Word Fun (A)            11:00 Craft: Jiffy Maracas (A)            2:00 Cinco De Mayo Celebration (D)*1</p>	<p>6 9:30 Word Fun (A)            11:00 Group Puzzle (A) *1            2:30 Bingo (D) *1.25</p>	<p>7 10:30 Bible Study (M)            11:30 Chair Zumba (A)*1            2:00 Movie (M)**</p>	<p>8 10:30 Sunshine Singers (M)            2:00 Crafting with Martha &amp; Jerry (A)*1</p>	<p>9 9:30 Chair Zumba (A)            2:00 Bingo (TN) *1.5</p>	<p>10 12:30 May Talking Tidbits (D) *1 (on the table)            6:00 pm The Gaithers (TBN)*1</p>
<p>11 Catholic Communion Visits with OLMC  </p>	<p>12 9:30 Conversation Wheel (A)*1            11:00 Craft: Embroidery Hoop Decor (A)*1            2:00 Celebration (TN) *1            4:00 Outside Group Walk (L)</p>	<p>13 Schedule transportation            2:00 Fashion Show (TN)*1            3:00 Bingo (D) *1            4:15 Make sugar scrubs for hands/elbows: (A)</p>	<p>14 9:30 Word Fun-Tom Cruise (A)            10:30 Bible Study (M)            11:15 Cardio Drumming (A)*1            2:00 Movie (M)**            4:00 Badminton Bubbles (A)            Top Gun Day</p>	<p>15 9:45 Craft: Suncatchers (A)            10:30 Fit with Kim (A)*1            2:30 Bingo (D) *1.25            4:00 Clean eyeglasses (A)            6:30 Therapy Dogs (D)</p>	<p>16 9:30 Badminton Toss (A)            10:30 Trip to Walmart            2:00 Craft: Scrapbook (A)*1.5            4:00 Popsicles on Patio</p>	<p>17 9:30 Craft Corner (A)            6:00 pm The Gaithers (TBN) *1            Armed Forces Appreciation Day</p>
<p>18 3:00 Newport News Baptist Church (D)*1            National Transportation Week</p>	<p>19 9:30 Travelogue Video: Great Lakes (A)            11:00 Craft-Great Lakes            2:00 Crafting w/Martha &amp; Jerry (A)*1            3:30 Putt Putt (M)*1</p>	<p>20 Schedule transportation            2:30 Bingo (D)*1.25            4:00 Outside Group Walk</p>	<p>21 9:30 Craft: Positive Stones (A)            10:30 Bible Study (M)            11:15 Cardio Drumming (A)*1            2:00 Movie (M)**</p>	<p>22 9:30 Word Fun (A)            10:00 Trip to Army Transportation Museum (L) ** Pre-register by May 15            2:30 Birthday Celebration (D) *1</p>	<p>23 9:30 Make Ladybugs/Bee Tic Tac Toe (A) *1            11:00 (A)*1 Shark Documentary and Live Shark Cam            2:30 Blue Crab Educational &amp; Tasting (A)*1</p>	<p>24 10:30 Chair Zumba (A)            6:00 pm The Gaithers (TBN)*1</p>
<p>25 2:30 Hampton Roads Independent Church (D)*1</p>	<p>26 </p>	<p>27 Schedule transportation            2:30 Bingo (D) *1.25            4:00 Manicures (A) *1.5</p>	<p>28 9:30 Craft: Paperclip Birds (A)            10:30 Bible Study (M)            11:15 Cardio Drumming (A)*1            2:00 Movie (M)**</p>	<p>29 9:30 Target Game (A)            10:00 Driving Tour of Sculptures in Newport News (L)**            Pre-register by May 22            2:30 Bingo (D) 1.25            4:00 Outside Group Walk/Roll (L)            6:30 Therapy Dogs (D)</p>	<p>30 9:30 Craft: Coaster (A)*1            11:00 Resident's Forum (A)            2:00 Storytime (A)*1            3:00 No Bake Club            NATIONAL SMILE DAY</p>	<p>31 9:30 Word Fun (A)            6:00 pm The Gaithers (TBN)*1            (757) 223-0888            RECREATION DIRECTOR            BONNIE FITZ            BFITZ@VAHS.COM</p>

