



MCU JUNE 2025



Lancashire Nursing and Rehabilitation Center
Tearsa Arntz: Activities Director Jahmekah Nickens: Activities Assistant

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30: Morning movie and Snack 2:00: Ball Toss	2 10:30: Cup Pong 11:30: Stronger Memory 2:00: Outside Time	3 10:30: Painting 2:00: Balloon Bop	4 10:30: Pretty Nails 11:30: Stronger Memory 2:00: Basketball	5 10:30: Morning Craft 2:00: Karaoke	6 10:30: Coffee and Donuts 2:00: Bowling	7 10:30: Morning movie and snack 2:00: Ball Toss
8 10:30: Morning Movie and Snack 2:00: Ball Toss	9 10:30: Cup Pong 11:30: Stronger Memory 2:00: Bean Bag Toss	10 10:30: Painting 2:00: Bowling	11 10:30: Pretty Nails 11:30: Stronger Memory 2:00: Kick Ball	Nurses Assistant Week		14 10:30: Morning Movie and snack 2:00: Ball Toss
15 10:30: Morning Movie and Snack 2:00: Ball Toss	Nurses Assistant Week			19 Juneteenth 10:30 Morning Craft 2:00: Balloon Bop	20 First Day of Summer! 10:30: Ball Toss 2:00: Cooking Class	21 10:30: Morning Movie and Snack 2:00: Ball Toss
22 10:30: Morning Movie and Snack 2:00: Ball Toss	23 10:30: Coloring 11:30: Stronger Memory 2:00: Bowling	24 10:30: Morning craft 2:00: Balloon Bop	25 10:30: Pretty Nails 11:30: Stronger Memory 2:00: Basketball	26 10:30: Karaoke 2:00: Bean Bag Toss	27 10:30: Cup Pong 2:00: Resident Birthday Party	28 10:30: Morning Movie and Snack 2:00: Ball Toss
29 10:30: Morning Movie and Snack 2:00: Ball Toss	30 10:30: Coloring 11:30: Stronger Memory 2:00: Cooking Class			Owned and Operated by <u>VIRGINIA HEALTH SERVICES</u>		ALL ACTIVITIES ARE SUBJECT TO CHANGE