



THE HUNTINGTON ACTIVITY CALENDAR

The Huntington

ASSISTED LIVING

VHS Your best life is our mission.

MARCH

2025



SUN	MON	TUE	WED	THU	FRI	SAT
A-Activities Room M-Media Room TN-The Newport D-Dining Hall	TYPES OF ACTIVITIES EXERCISE CREATIVE REFLECTIVE SENSORY SOCIAL OUTINGS OUTDOORS COGNITIVE ENTERTAINMENT	Program times 30 minutes unless: *1=1 hour program *1.25=1 hour & 15 min **2 hrs or more	National Craft Month National Optimism Month National Social Work Month	NEED SHIRT SIZES BY MARCH 6 TO ORDER WHITE SHIRTS TO MAKE TYE DYE SHIRTS DURING COLOR WEEK	(757) 223-0888 RECREATION DIRECTOR BONNIE FITZ BFITZ@VAHS.COM	¹ 9:30 Word Fun (A) 6:00 pm The Gaithers (TBN)*1
² 3:00 Newport News Baptist Church (D)*1	³ 9:30 Name that Instrument (A) 11:00 Clay Pottery (A)*1 3:00 Sip & Paint Mardi Gra Canvas (A)*1	⁴ Schedule transportation 2:30 Mardi Gras Bingo (D) *1.25 Mardi Gras	⁵ 9:30 Craft: Shamrock (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M) **	⁶ 10:30 Chair Zumba (A) 4:00 No bake Oreo Bark (A) *1	⁷ 9:30 Word Wall Game (M)*1 11:15 Game: Pull a pong (A) *1 2:00 Bingo (TN) *1	⁸ 12:30 March Talking Tidbits (D) *1 (on the table) 6:00 pm The Gaithers (TBN)*1
⁹ Catholic Communion Visits with OLMC Craft Corner (A) Daylight Savings Begins	¹⁰ 11:00 Group Puzzle (A) *1 2:00 Bingo (TN)*1	¹¹ Schedule transportation 2:30 Bingo (D) *1.25	¹² National Girl Scout Day 9:30 Game: Hole in One (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)** 4:00 Girl Scout Cookies (A)*1	¹³ 9:45 Game: Leprechaun Hat Toss (A) 11:15 Craft: St Patricks Suncatchers (A)*1 2:30 Bingo (A)*1.25	¹⁴ 10:00 Craft: butterfly (A)*1 2:00-3:00 Spring Cleaning-Drop off items you would like to discard or donate and grab a treat (A) National Butterfly Day	¹⁵ 9:30 Craft Corner (A) 6:00 pm The Gaithers (TBN) *1
¹⁶ 3:00 Newport News Baptist Church (D)*1 COLOR WEEK	¹⁷ 9:45 Gold Hunt (A) 10:30 Chair Yoga (A)*1 2:00 Crafting w/Martha & Jerry (A)*1 4:00 St. Patricks Day Happy Hour: Rootbeer floats, cupcakes, & Human Slot Machine (A)*1 WEAR GREEN DAY	¹⁸ Schedule transportation 11:00 Make Tye Dye (A)*1 2:30 Bingo (D)*1.25 4:15 Game: Speed Spoons (A) WEAR YELLOW DAY	¹⁹ 9:30 Game: Red or Blue (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)** WEAR PURPLE DAY	²⁰ 10:30 Chair Zumba (A) 11:30 Craft: Foam Finger (A) WEAR BLUE DAY	²¹ 10:00 Game: Hungry, Hungry, Hippos (A)*1 11:30 Color Punch for prizes (M) Afternoon Basketball Games, basketball shootout, & foosball (A) WEAR TYE DYE T-SHIRTS	²² 10:15 Birthday Celebration Music: CNU Phi Mu Alpha Singers (D)*1 6:00 pm The Gaithers (TBN)*1
²³ 2:30 Hampton Roads Independent Church (D)*1	²⁴ 10:00 Wild Birds Unlimited: Hummingbirds (A)*1 2:00 No Bake Spring Nest Snacks (A) *1	²⁵ 9:30 Crafting with Warwick High School Students (A)*1 2:30 Bingo (D) *1.25	²⁶ 9:30 Soap opera trivia (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)**	²⁷ 9:30 Game: Pick up Pong (A) *1 11:00 Craft: Spring Chic Planter (A)*1 2:30 Baseball Bingo and Crackerjack (A) *1.25	²⁸ 10:00 Craft: Mason Jar Spring Decor (A)*1 11:00 Game: Basketball Shootout (A)*1	²⁹ 10:30 Chair Zumba (A) 6:00 pm The Gaithers (TBN)*1
³⁰ 2:30 Music-Roma Villa (D) *1	³¹ 10:00 Resident's Forum (A) 11:00 Depart Longhorse Steakhouse (pre-register by March 19)** 2:30 Craft: Bunny Decor (A)*1					

