

Hello March!

MARCH 2025

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WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Edith Walters: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Snacks are given TWICE a day	1 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M
2 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M	3 10:00 BALLOON BOP=A 10:30 HEART FELT HAND MESSAGES=A/M 11:30 TALKING GOAT =M 1:00 ONE ON ONES=A/M 2:30 YATZEE=A 3:00 KNOW YOUR ANIMALS=M	4 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:00 CARDS=M 11:30 WHEEL TOSS=A 1:00 ONE ON ONES=A/M 2:30 MARDI GRAS PARTY=D 3:30 BASKET BALL=M	5 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP=M 11:30 BINGO GAME =A 1:00 ONE ON ONES=A/M 2:30 ST. PATRICK'S DAY CRAFT=A 3:30 COLORING=M	6 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:00 CARDS=M 11:30 TOSS AND TALK=A 1:00 ONE ON ONES=A/M 2:30 PIANO WITH JACK=A 3:00 DEBBIE & FRIENDS=D	7 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 KNOW YOU ANIMALS=M 1:00 ONE ON ONES=A/M 2:30 CINNABUN VISIT=A/M 3:00 BINGO=A	8 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M
9 <u>DAYLIGHT SAVING TIME BEGINS</u> 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M	10 10:00 PET VISIT/SPCA=A/M 10:30 BEAN BAG TOSS=M 11:30 RING TOSS=A 1:00 ONE ON ONES=A/M 2:30 BASKET BALL=A 3:00 BASKET BALL=M	11 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 NAILS AND MUSIC=A 1:00 ONE ON ONES=A/M 2:30 CINNABUN VISIT=A/M 3:00 COLORING=M	12 10:00 PIANO WITH STEVE=A 10:30 MORNINGSTRETCH=M 11:30 WHEEL TOSS=A 1:00 ONE ON ONES=A/M 2:30 YOGA GOAT=A/M 3:00 YATZEE=A	13 10:00 BASKET BALL=A 10:30 BALLOON BOP=M 11:30 BINGO=A 1:00 ONE ON ONES=A/M 2:30 PIANO WITH JACK=A 3:30 CARDS=M	14 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 EDIBLE GREEN CRAFT=A 1:00 ONE ON ONE=A/M 2:30 CINNABUN VISIT=A/M 3:00 BINGO=A	15 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M
16 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M	17 <u>HAPPY ST. PATRICK'S DAY</u> 10:00 BALLOON BOP=A 10:30 HEART FELT HAND MESSAGES=A/M 11:30 COLORING=M 1:00 ONE ON ONES=A/M 2:30 BINGO=A	18 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 VISIT WITH TUCKER=A/M 1:00 ONE ON ONES=A/M 2:30 CINNABUN VISIT=A/M 3:00 BINGO=A	19 10:00 PIANO WITH STEVE=A 10:30 MORNING STRETCH=M 11:00 BINGO =A 1:00 ONE ON ONES=A/M 2:00 CARDS=M 3:00 BALL ROLL=A/M	20 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 CARDS=M 1:00 ONE ON ONES=A/M 2:30 PIANO WITH JACK=A 3:00 DEBBIE & FRIENDS=D	21 10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 BINGO=A 1:00 ONE ON ONES=A/M 2:30 DRAW & COLOR=M 3:00 WHEEL TOSS=A	22 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M
23 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M	24 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:00 WHEEL TOSS=A 1:00 ONE ON ONES=A/M 2:30 READING BEAR=A 3:00 BINGO=A	25 10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 NAILS & MUSIC=A 1:00 ONE ON ONES=A/M 2:30 RESIDENT BIRTHDAY PARTY=D	26 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP=M 11:30 BASKET BALL =A 1:00 ONE ON ONES=A/M 2:30 COLORING=M 3:00 YATZEE =A	27 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 PUZZLE TIME=A 1:00 ONE ON ONES=A/M 2:30 PIANO WITH JACK=A 3:00 CARD GAMES=M	28 10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 YATZEE=A 1:00 ONE ON ONES=A/M 2:30 CINNABUN VISIT=A/M 3:00 CARDS=M	29 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M
30 10:30 CLAP AND DANCE TO THE MUSIC =A 2:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE=M	31 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 WHEEL TOSS=A 1:00 ONE TO ONES=A/M 2:30 TALKING GOAT=M 3:00 BINGO=A			Owned and operated by VIRGINIA HEALTH SERVICES	ALL ACTIVITIES ARE SUBJECT TO CHANGE	ABBREVIATIONS A- ABINGDON UNIT M- MEMORY CARE UNIT D- MAIN DINING ROOM L- LOUNGE AREA