



THE HUNTINGTON ACTIVITY CALENDAR

The Huntington

ASSISTED LIVING

VHS *Your best life is our mission.*



SUN	MON	TUE	WED	THU	FRI	SAT
<p>A-Activities Room M-Media Room TN-The Newport D-Dining Hall</p>	<p>TYPES OF ACTIVITIES EXERCISE CREATIVE REFLECTIVE SENSORY SOCIAL OUTINGS OUTDOORS COGNITIVE ENTERTAINMENT</p>	<p>Program times 30 minutes unless: *1=1 hour program *1.25=1 hour & 15 min **2 hrs or more</p>	<p>National Craft Month National Optimism Month National Social Work Month</p>	<p>NEED SHIRT SIZES BY MARCH 6 TO ORDER WHITE SHIRTS TO MAKE TYE DYE SHIRTS DURING COLOR WEEK</p>	<p>(757) 223-0888 RECREATION DIRECTOR BONNIE FITZ BFITZ@VAHS.COM</p>	<p>¹ 9:30 Word Fun (A) 6:00 pm The Gaithers (TBN)*1</p>
<p>² 3:00 Newport News Baptist Church (D)*1</p>	<p>³ 9:30 Name that Instrument (A) 11:00 Clay Pottery (A)*1 3:00 Sip & Paint Mardi Gra Canvas (A)*1</p>	<p>⁴ Schedule transportation 2:30 Mardi Gras Bingo (D) *1.25 Mardi Gras</p>	<p>⁵ 9:30 Craft: Shamrock (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)**</p>	<p>⁶ 10:30 Chair Zumba (A) 4:00 No bake Oreo Bark (A) *1</p>	<p>⁷ 9:30 Word Wall Game (M)*1 11:15 Game: Pull a pong (A) *1 2:00 Bingo (TN) *1</p>	<p>⁸ 12:30 March Talking Tidbits (D) *1 (on the table) 6:00 pm The Gaithers (TBN)*1</p>
<p>⁹ Catholic Communion Visits with OLMC Craft Corner (A) Daylight Savings Begins</p>	<p>¹⁰ 11:00 Group Puzzle (A) *1 2:00 Bingo (TN)*1</p>	<p>¹¹ Schedule transportation 2:30 Bingo (D) *1.25</p>	<p>¹² National Girl Scout Day 9:30 Game: Hole in One (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)** 4:00 Girl Scout Cookies (A)*1</p>	<p>¹³ 9:45 Game: Quick Frog (A) 11:15 Craft: St Patricks Suncatchers (A)*1 2:30 Bingo (A)*1.25 7:00 CNU Phi Mu Alpha Singers (D)*1</p>	<p>¹⁴ 10:00 Craft: butterfly (A)*1 2:00-3:00 Spring Cleaning-Drop off items you would like to discard or donate and grab a treat (A) National Butterfly Day</p>	<p>¹⁵ 9:30 Craft Corner (A) 6:00 pm The Gaithers (TBN) *1</p>
<p>¹⁶ 3:00 Newport News Baptist Church (D)*1 COLOR WEEK</p>	<p>¹⁷ 9:45 Gold Hunt (A) 10:30 Chair Yoga (A)*1 2:00 Crafting w/Martha & Jerry (A)*1 4:00 St. Patricks Day Happy Hour: Rootbeer floats, cupcakes, & Human Slot Machine (A)*1 WEAR GREEN DAY</p>	<p>¹⁸ Schedule transportation 11:00 Make Tye Dye (A)*1 2:30 Bingo (A)*1.25 4:15 Game: Speed Spoons (A) WEAR YELLOW DAY</p>	<p>¹⁹ 9:30 Game: Red or Blue (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)** WEAR PURPLE DAY</p>	<p>²⁰ 10:30 Chair Zumba (A) 11:30 Craft: Foam Finger (A) 2:00 Birthday Celebration (TN)*1 WEAR BLUE DAY</p>	<p>²¹ 10:00 Game: Hungry, Hungry, Hippos (A)*1 11:30 Color Punch for prizes (M) Afternoon Basketball Games WEAR TYE DYE T-SHIRTS</p>	<p>²² 9:30 Word Fun (A) 6:00 pm The Gaithers (TBN)*1</p>
<p>²³ 2:30 Hampton Roads Independent Church (D)*1</p>	<p>²⁴ 10:00 Wild Birds Unlimited: Hummingbirds (A)*1 2:00 No Bake Spring Nest Snacks (A) *1</p>	<p>²⁵ 9:30 Crafting with Warwick High School Students (A)*1 2:30 Bingo (A) *1.25</p>	<p>²⁶ 9:30 Soap opera trivia (A)*1 10:30 Bible Study (M) 11:15 Cardio Drumming (A)*1 2:00 Movie (M)**</p>	<p>²⁷ 9:30 Game: Pick up Pong (A) *1 11:00 Craft: Spring Chic Planter (A)*1 2:30 Baseball Bingo and Crackerjack (A) *1.25</p>	<p>²⁸ 10:00 Craft: Mason Jar Spring Decor (A)*1 11:00 Game: Basketball Shootout (A)*1</p>	<p>²⁹ 10:30 Chair Zumba (A) 6:00 pm The Gaithers (TBN)*1</p>
<p>³⁰ 2:30 Music-Roma Villa (D) *1</p>	<p>³¹ 10:00 Resident's Forum (A) 11:00 Depart Longhorse Steakhouse (pre-register by March 19)** 2:30 Craft: Bunny Decor (A)*1</p>					

