



MCU MARCH 2025



LANCASHIRE NURSING AND REHABILITATION CENTER

Tearsa Arntz : Activities Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>		ALL ACTIVITIES ARE SUBJECT TO CHANGE			1 9:30: Morning Music and Snack 2:00: Ball Toss
2 9:30: Morning Movie and Snack 2:00: Coloring	3 10:30: Pretty Nails 11:30: Stronger Memory 2:00: Balloon Bop	4 Happy Mardi Gras! 10:30: Movement to Music 2:00: Bowling	5 Ash Wednesday 10:30: Morning Stretch 11:30: Stronger Memory 2:00: Balloon Bop	6 10:30: Memory Match 2:00: Ring Toss	7 10:30: Read and Share 2:00: Draw and Color	8 9:30: Morning music and snack 2:00: Ball Toss
9 Daylight Savings Spring Forward! 9:30: Morning Movie and snack 2:00: Coloring	10 10:30: Playdough Creations 11:30: Stronger Memory 2:00: Cooking Class	11 10:30: Coloring 2:00: Basketball	12 10:30: Morning Stretch 11:30: Stronger Memory 2:00: Balloon Bop	13 10:30: Fidgets/Sensory 2:00: Tic-Tac-Toe Toss	14 10:30: Magazine Scavenger Hunt 2:00: St. Patrick's Day Craft	15 9:30: Morning music and snack 2:00: Ball Toss
16 9:30: Morning movie and snack 2:00: Coloring	17 Happy St. Patrick's Day 10:30: Bingo 11:30: Stronger Memory 2:00: St. Patrick's Day Party	18 10:30: Fold and Sort 2:00: Pretty Nails	19 10:30: Morning Stretch 11:30: Stronger Memory 2:00: Balloon Bop	20 First Day of Spring 10:30: Painting 2:00: Ring Toss	21 10:30: Read and share 2:00: Movie and Popcorn	22 9:30: Morning Music and Snack 2:00: Ball Toss
23 9:30: Morning movie and snack 2:00: Coloring	24 10:30: Color Matching 11:30: Stronger Memory 2:00: Cooking Class	25 10:30: Movement to Music 2:00: Ball Toss	26 10:30: Morning Stretch 11:30: Stronger Memory 2:00: Balloon Bop	27 10:30: Lace and Trace 2:00: Bowling	28 10:30: Picture Match 2:00: Resident Birthday Party	29 9:30: Morning Music and snack 2:00: Ball Toss
30 9:30: Morning Movie and snack 2:00: Coloring	31 10:30: Flower Arrangements 11:30: Stronger Memory 2:00: Balloon Bop					ALTERNATE ACTIVITIES: READING TO CONNECT FOLD AND SORT BALLOON BOP FIDGETS/SENSORY