

# The Arbors

INDEPENDENT LIVING



## ENTRÉES

All entrees served with the choice of dinner salad or soup of the day, two sides and a dessert. Prices do not include tax.

### **CRISPY FRIED CAPTAINS PLATTER** **\$13**

*Fried flounder fillet accompanied by three jumbo fried shrimp, served with hush puppies, French fries, cole slaw, and freshly sliced lemon wedges.*

### **ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS** **\$10**

### **VEGETABLE ALFREDO PASTA** **\$11**

*Penne pasta gently coated in a creamy Alfredo sauce, complemented by sautéed peppers and onions. Served alongside garlic bread. Add chicken or beef for \$2.00.*

### **WHISKEY ROW PORK TENDERLOIN** **\$10**

*Sliced oven-roasted pork tenderloin topped with crispy bacon and fried onions, all finished off with a sweet bourbon glaze.*

### **HONEY BBQ GLAZED RIBS** **\$11**

*Half rack of slow cooked ribs smothered with a honey BBQ glaze served with warm corn bread.*

### **CLASSIC PHILLY CHEESESTEAK** **\$9**

*Classic Philly with chicken or beef, sautéed peppers and onions, and melted provolone cheese on a griddled hoagie roll. Substitute chicken is available upon request.*

### **ARBORS "PIZZA-PIZZA"** **\$9**

*Personal flat bread pizza: cheese/pepperoni/supreme/veggie*

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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## SALADS & SANDWICHES

All entrees served with the choice of dinner salad or soup of the day, two sides and a dessert. Prices do not include tax.

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|---|---------------|
| <b>ARBORS CHEF SALAD</b>  | <b>\$11</b>   |
| <i>Romaine lettuce, grape tomatoes, red onions, cucumbers, hard-boiled egg, bacon bits, Swiss cheese, cheddar, ham, and turkey, all served with your choice of dressing.</i>    |               |
| <b>CARNE ASADA STEAK SALAD</b>  | <b>\$12</b>   |
| <i>Mixed greens and spinach, crowned with tender carne asada beef, red onions, grape tomatoes, mozzarella cheese, and roasted corn, all served with a balsamic vinaigrette.</i> |               |
| <b>GRILLED HAMBURGER</b>  | <b>\$10</b>   |
| <i>Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato, and red onions. Add a slice of cheese if you like: American, Cheddar, or Swiss.</i>         |               |
| <b>MS. KITTY'S GRILLED CHEESE</b>   | <b>\$6.50</b> |
| <i>Grilled American cheese with vine-ripened tomatoes and applewood-smoked bacon on griddled white toast.</i>   |               |
| <b>GRILLED HOT DOG</b>  | <b>\$6</b>    |
| <i>½ lb all-beef hot dog served on a steamed roll.</i>  |               |
| <b>YOUR CHOICE OF 2 EGGS</b>  | <b>\$4.50</b> |
| <i>Fried or scrambled with toast</i>  |               |
| <b>ALWAYS AVAILABLE</b>   | <b>\$2</b>    |
| <i>Sweet potato fries, waffle fries, french fries, onion rings &amp; coleslaw</i>   |               |

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