



## Helping you live your best life

York Nursing & Rehabilitation Center, an 80-bed facility located in York County, has private and semi-private accommodations. Our skilled team of RNs, LPNs and CNAs provide around-the-clock care.

The team at York Nursing & Rehabilitation Center wants to help individuals live their best life. We offer skilled nursing and long-term care, respite care and in-house rehabilitation services. The individual and their physician will determine what is the best fit.

From the start, our Residents and their families meet with our team members to establish a plan of care. A Resident Navigator will help introduce individuals and their loved ones to the facility and ease the transition process.

The interdisciplinary care plan team includes our nursing staff, social workers, recreational professionals, therapists and dietitians. The individuals in our care know from the time they arrive, they will be helped in living their best life.

A team of physical, occupational and speech therapists from VHS Rehabilitation will work with individuals to recover from injury or help with daily life skills.

### HAVE PEACE OF MIND WITH US

York Nursing & Rehabilitation Center offers many services to its Residents.

- 24/7 nursing staff
- Certified wound nurse
- Infection preventionist
- Dietary specialists
- Breakfast, lunch and dinner service
- Linen service
- Wi-fi throughout the building
- On-site salon/barber
- Telemedicine available
- Activities team and regular recreational activities
- Laundry services are available (fee)
- On-site rehabilitation therapy room
- Restorative programs to help maintain function
- Medication services provided by VHS Pharmacy
- No entrance or community fees
- Complimentary cable
- The facility maintains a non smoking policy for our residents

