






MCU FEBRUARY 2025



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Edith Walters: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>	ALL ACTIVITIES ARE SUBJECT TO CHANGE			<u>Snacks are offered twice daily</u>	1 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
2 GROUNDHOG'S DAY 10:30 CLAP & DANCE/ MUSIC=A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	3 10:00 PET VISIT/SPCA=A/M 10:30 HEARTFELT HAND MESSAGES=A/M 11:30 BANNER COLORING=M 1:00 ONE TO ONES=A/M 2:30 RING TOSS=A 3:00 KNOW YOUR ANIMALS=M 4:00 B.C UNITED=A/M (NAILS)	4 10:00 MORNING STRETCH=A 10:30 COLORING=M 11:30 PET VISITS/TUCKER=A/M 1:00 ONE TO ONES=A/M 2:30 BASKET BALL=M 3:00 BINGO=A	5 10:00 PIANO WITH STEVE=A 10:30 WHEEL TOSS=M 11:30 PUZZLE TIME =A 1:00 ONE TO ONES=A/M 2:30 CINNABUN VISITS=A/M 3:00 TIC-TAC-TOE=A	6 10:00 BALLOON BOP =A 10:30 MAGAZINE SCAVENGER HUNT=M 10:30 VETERANS GROUP=R 11:00 PUZZLE TIME=A 11:30 FOAM SHAPES=M 1:00 ONE TO ONES=A/ M 2:30 PIANO WITH JACK=A 3:00 CARDS=M	7 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 PICTURE MATCH=A 1:00 ONE TO ONES=A/M 2:30 BASKET BALL=A 3:00 MANICURES=M 	8 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
9 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	10 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 TIC-TAC-TOE=A 1:00 ONE TO ONES =A/M 2:30 FOLD & SORT=M 3:00 TOSS AND TALK=A	11 10:00 BALLOON DARTS=A 10:30 BOWLING=M 11:30 PET VISITS/TUCKER=A/M 1:00 ONE TO ONES=A/M 2:30 TALKING GOAT=M 3:00 BINGO=A	12 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP= M 11:30 VALENTINE'S DAY CRAFT=A 1:00 ONE TO ONES=A/M 2:30 CINNABUN VISIT=A/M 3:00 KNOW YOUR ANI MALS=M	13 10:00 BALLOON BOP=A 10:30 MEMORY MATCH=M 10:30 VETERANS GROUP=R 11:30 FOAM SHAPES=M 1:00 ONE TO ONES=A/M 2:30 PIANO WITH JACK=A 3:00 DEBBIE & FRIENDS=D	14 HAPPY VALENTINE'S DAY 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 BALLOON DARTS =A 1:00 ONE TO ONES =A/M 2:30 CUPCAKE DECORATING =A/M	15 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
16 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	17 PRESIDENT'S DAY 10:00 BALLOON BOP=A 10:30 HEARTFELT HAND MESSAGES=A/M 10:30 PASTOR JOHN=D 11:00 PUZZLE TIME=A 1:00 ONE TO ONES=A/M 2:30 BINGO=A 3:00 BEAN BAG TOSS=M	18 10:00 BALLOON DARTS=A 11:00 RING TOSS=M 11:30 PET VISITS/TUCKER=A/M 1:00 ONE TO ONES=A/M 2:30 BALLOON BOP=M 3:00 PUZZLE TIME=A	19 10:00 PIANO WITH STEVE=A 10:30 MUSIC WITH JAY=D 11:30 BOWLING =M 1:00 ONE TO ONES=A/M 2:30 CINNABUN VISITS=A/M 3:00 BINGO=A	20 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 10:30 VETERANS GROUP=R 11:30 GOAT AND BEAR =M 1:00 ONE TO ONES=A/M 2:00 MAKING PEANUT BUT TER AND CRACKERS=A 2:30 PIANO WITH JACK=A	21 10:00 BALLOON BOP =A 11:00 DECORATING FLOWERS=M 11:30 OPPOSITE GAME=A 1:00 ONE TO ONES=A/ M 2:00 BINGO=A 3:00 COLORING=M	22 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
23 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	24 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 WHEEL TOSS=A 1:00 ONE TO ONES=A/M 2:30 TALKING GOAT=M 3:00 BINGO=A	25 10:00 BALLOON BOP=A 10:30 READING BEAR=M 11:30 PET VISITS/TUCKER=A/M 1:00 ONE TO ONES=A/M 2:30 RESIDENT BIRTHDAY PARTY=D 3:30 CARDS=A/M	22 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP=M 11:30 TOSS AND TALK=A 1:00 ONE TO ONES =A/M 2:00 COLORING=M 2:30 CINNABUN VISITS=A/M 3:00 BINGO=A	27 10:00 BALLOON BOP=A 10:30 COLORING=M 10:30 VETERANS GROUP=R 11:30 READ TO CONNECT=A 1:00 ONE TO ONES=A/M 2:30 PIANO WITH JACK=A 3:00 BEAN BAG TOSS=M	28 10:00 BALLOON BOP =A 11:00 BEAR/GOAT=M 11:30 PUZZEL TIME=A 1:00 ONE TO ONES=A/ M 2:00 WHEEL TOSS=A 3:00 HOT CHOCOLATE SOCIAL=A/M	ALTERNATE ACTIVITIES: READING TO CONNECT FOLD AND SORT BALLOON BOP FIDGETS/SENSORY TALKING GOAT READING BEAR CINNABUN THE BUNNY