

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

The Arbors Independent Living Community

				<p>10am - Exercise Class (CC)¹ 1pm - Crochet Group (3rd Floor) 2pm - Crafting Hour: 2025 Goal Bingo Card (CC)</p> <p>New Year's Day</p>	<p>10am - Exercise Class (CC)² 10:40am - Kroger (Grocery Outing) 1pm - Bingo (CC) 2pm - New Year's Project (CC)</p>	<p>10am - Exercise Class (CC)³ 12pm - Art with Emily (CC) 2pm - LRC Club (CC) 7pm - Friday Movie Night with Popcorn (MT)</p>	<p>Trivia Day! ⁴ 11am - Trivia Hour (CC) 12pm - Aerobic Dance Class (CC) 2pm - Gaming Club: Poker (CC) 6:30pm - Bingo (CC)</p>
<p>11am - Coffee and Crosswords (Cafe) ⁵ 2pm - Church Service with Communion (CC) 3pm - Bridge Club (CC) 8pm - Golden Globe Awards (MT)</p>	<p>10am - Exercise Class (CC)⁶ 10:30am - Therapy Dogs (GR) 1pm - Bingo (CC) 3pm - Book Club (2nd Floor)</p>	<p>10am - Exercise Class (CC) ⁷ 11am - Mary M. Toggler Fine Arts Center (Outing) *Sign-up Required* 1pm - Wheel of Fortune (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)⁸ 1pm - Crochet Group (3rd Floor) 2pm - Crafting Hour: Air Dry Clay Pinch Pots (CC)</p>	<p>10am - Exercise Class (CC)⁹ 10:40am - Harris Teeter (Grocery Outing) 1pm - Bingo (CC) 2pm - AMC: Wicked (Movie Outing) * 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)¹⁰ 11am - Painting Pinch Pots (CC) 2pm - LRC Club (CC) 7pm - Friday Movie Night with Popcorn (MT)</p>	<p>11am - Morning Trivia (CC) ¹¹ 2pm - Board Game Club: Clue (CC) 6:30pm - Bingo (CC)</p>	
<p>11am - Coffee and Crosswords (Cafe) ¹² 2pm - Church Service (MT) 3pm - Bridge Club (MT)</p>	<p>10am - Exercise Class (CC)¹³ 11am - Jeopardy (CC) 1pm - Bingo (CC) 3pm - Book Club (2nd Floor)</p>	<p>10am - Exercise Class (CC)¹⁴ 11am - Word within a Word (CC) 1pm - Afternoon Stretch (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)¹⁵ 1pm - Crochet Group (3rd Floor) 2pm - Crafting Hour: Painted Looking Glass (CC)</p>	<p>10am - Exercise Class (CC)¹⁶ 10:40am - Food Lion (Grocery Outing) 1pm - Bingo (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)¹⁷ 12pm - Art with Emily (CC) 2pm - LRC Club (CC) 7pm - Friday Movie Night with Popcorn (MT)</p>	<p>11am - Morning Trivia (CC) ¹⁸ 12pm - Aerobic Dance Class (CC) 2pm - Board Game Club: Monopoly (CC) 6:30pm - Bingo (CC)</p>	
<p>11am - Coffee and Crosswords (Cafe) ¹⁹ 2pm - Church Service (CC) 3pm - Bridge Club (CC)</p>	<p>10am - Exercise Class (CC)²⁰ 10:30am - Therapy Dogs (GR) 12pm - 60th Presidential Inauguration (CC) 1pm - Bingo (CC) 2pm - MLK Speech (CC) 3pm - Book Club (3rd Floor) <small>Martin Luther King Jr. Day</small></p>	<p>Disco Day! ²¹ 10am - Exercise Class (CC) 12pm - Azzurri (Lunch Outing) *Sign-up Required* 2pm - Disco Party (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)²² 11am - Crafting Hour: Homemade Greeting Cards (CC) 2pm - January Birthday Social w/ Live Music (CC)</p>	<p>10am - Exercise Class (CC)²³ 10:40am - Aldi (Grocery Outing) 1pm - Bingo (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)²⁴ 11am - Bridge Contest (CC) 2pm - LRC Club (CC) 7pm - Friday Movie Night with Popcorn (MT)</p>	<p>11am - Morning Trivia (CC) ²⁵ 12pm - Aerobic Dance Class (CC) 2pm - Board Game Club: Scrabble (CC) 6:30pm - Bingo (CC)</p>	
<p>11am - Coffee and Crosswords (Cafe) ²⁶ 2pm - Church Service (CC) 3pm - Bridge Club (CC)</p>	<p>10am - Exercise Class (CC)²⁷ 11am - Wheel of Fortune (CC) 1pm - Bingo (CC) 3pm - Book Club (2nd Floor)</p>	<p>10am - Exercise Class (CC)²⁸ 11am - Family Feud (CC) 1pm - Afternoon Stretch (CC) 3pm - Happy Hour (CC)</p>	<p>10am - Exercise Class (CC)²⁹ 11am - Crafting Hour: Jewelry Making (CC) 1pm - Puzzle Hour (CC) 3pm - Fried Eggroll Tasting celebrating Lunar New Year (CC)</p> <p>Lunar New Year</p>	<p>10am - Exercise Class (CC)³⁰ 10:40am - Walmart (Grocery Outing) 1pm - Bingo (CC) 3pm - Happy Hour (CC) 5pm - Elegant Dinner (DR)</p>	<p>10am - Exercise Class (CC)³¹ 11am - Trivia Hour (CC) 2pm - LRC Club (CC) 7pm - Friday Movie Night with Popcorn (MT)</p>		