

Lancashire Nursing & Rehabilitation Center







Helping you live your best life

Lancashire Nursing & Rehabilitation Center is a 120-bed facility located near charming downtown Kilmarnock, has semi-private and private accommodations, including 25 beds dedicated to Memory Care. Our skilled team of RNs, LPNs and CNAs provide around-the-clock care to help individuals live their best life. We offer skilled nursing and long-term care, respite care and in-house rehabilitation services. The individual and their physician will determine what is the best fit.

Lancashire Nursing & Rehabilitation Center is one of two facilities in Virginia Health Services to offer Memory Care. Individuals in the Memory Care units will find quiet, calming spaces that are sheltered in two secure units dedicated to our memory-impaired Residents. The unit has its a dining and activities area, life stations and a Snoezelen Room, which is a multi-sensory environment.

From the start, our Residents and their families meet with our team members to establish a plan of care. A Resident Navigator will help introduce individuals and their loved ones to the facility and ease the transition process.

The interdisciplinary care plan team includes our nursing staff, social workers, recreational professionals, therapists and dietitians. The individuals in our care know from the time they arrive, they will be helped in living their best life.

A team of physical, occupational and speech therapists from VHS Rehabilitation will work with individuals to recover from injury or help with daily life skills.

HAVE PEACE OF MIND WITH US

Lancashire Nursing & Rehabilitation Center offers many services to its Residents.

- 24/7 nursing staff
- Memory Care
- · Certified wound nurse
- Infection preventionist
- · Dietary specialists
- Breakfast, lunch and dinner service
- Linen service
- Wi-fi throughout the building
- On-site salon/barber
- Telemedicine available
- Recreational therapy team and regular activities
- Laundry services are available (fee)
- · On-site rehabilitation therapy room
- Restorative programs to help maintain function
- Medication services provided by VHS Pharmacy
- No entrance or community fees
- Complimentary cable
- The facility maintains a non-smoking policy for our residents

Virginia Health Services
vahs.com

Call
804-435-1684
to schedule a
personal tour

Lancashire

NURSING & REHABILITATION CENTER

287 School Street, P. O. Box 1509 Kilmarnock, VA 22482

What is skilled care?

Individuals seeking skilled care need post-acute care, and are often shorter term stays. Those in skilled care often need physician-prescribed physical, speech and/or occupational therapy to recover from significant surgery, or a stroke, respiratory, heart or kidney issues, and need additional care after being discharged from a hospital. Individuals also may require wound care, injection therapies, monitoring of vital signs and medical equipment that can't be found in a home.

What is long-term care?

When care needs become too much to go home, our long-term care provides a safe environment. Residents in long-term care need daily help with toileting, dressing, bathing, eating and have ambulatory and other health issues that require constant care and supervision.

What is respite care?

If an individual needs a brief recovery period following an illness, accident, surgery or other medical problem, Virginia Health Services offers respite — or short-term nursing — care. We also offer respite care for individuals whose families need additional care giving support during emergencies or vacations.

What is memory care?

Memory Care is a special secured unit to protect memory-impaired Residents, such as individuals with dementia and Alzheimer's disease, from wandering unsafely. More individualized care can be provided, with lower patient-to staff ratios, and there are spaces specifically for Memory Care unit patients including dining areas and relaxation and activities rooms.

PAYING FOR CARE

Lancashire Nursing & Rehabilitation Center accepts:

- Medicare
- Medicaid, including for Memory Care
- Private pay
- Most commercial insurances



IN-HOUSE REHABILITATION

VHS Rehabilitation provides physical therapy, speech therapy and occupational therapy services on-site. The VHS Rehabilitation team takes pride in its ability to return individuals to their highest levels of function.

Programs are individually geared to each individual's needs or requirements so that appropriate functional skills can be identified, learned and reinforced.

Our team of dedicated professionals can rebuild hope, confidence and self-respect in individuals in need of physical, occupational and speech therapy.

READY TO LEARN MORE?

Give us a call at **804-435-1684** to schedule a personal tour of Lancashire Nursing & Rehabilitation Center. We are here to answer any questions and help you get started.

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