







JANUARY 2025



LANCASHIRE NURSING AND REHABILITATION CENTER

Tearsa Arntz: Activities Director

Tiffany Frazier: Assistant Activities Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>			1 	2 10:30: 2025 Vision boards 11:30: New Years' Resolutions 2:00: Bingo	3 10:30: Bead Bracelet Making 2:00: Wii Sports	4 Resident Choice Game
5 SUNDAY LANCASHIRE PERKS AVAILABLE	6 10:30: Bible Study 2:00: <i>Memory Game</i>	7 10:30: Pretty Nails 2:00: Bingo	8 10:30: Exercise Class 2:00: Elvis Presley's Birthday Celebration (singalong and Peanut Butter and Banana Sandwiches)	9 10:30 Winter Color Page 2:00 Bingo	10 10:30: Car Racing Game 2:00: Snowman Craft	11 Resident Choice Game
12 SUNDAY LANCASHIRE PERKS AVAILABLE	13 10:30: Bible Study 2:00: Bowling	14 10:30: Puzzle Time 2:00: Bingo	15 10:30: Exercise Class 2:00: Happy Hour	16 10:30: Word Search 2:00: Bingo	17 Popeye The Sailor Man Day 10:30 Popeye Dot to Dot and Color Page 2:00 Movie and Popcorn	18 National Winnie The Pooh Day  Coloring Pages Available 1:30: Church Service
19 SUNDAY LANCASHIRE PERKS AVAILABLE	20 Martin Luther King Jr. Day 10:30: Bible Study 2:00: Martin Luther King Jr. Trivia	21 10:30: Winter Painting 2:00: Bingo 	22 10:30: Exercise Class 2:00 Cards/Board Games	23 10:30 Word Search 2:00 Bingo	24 10:30 Snow Flake Craft 2:00 Bean Bag Toss	25 Resident Choice Game
26 SUNDAY LANCASHIRE PERKS AVAILABLE	27 10:30 Bible Study 2:00 Jeopardy	28 10:30 Winter Word Search 11:00 Resident Council Meeting 2:00 Bingo	29 Lunar New Year 10:30 Exercise Class 2:00 Birthday Party	30 10:30 Bird Seed Ornaments 2:00 Bingo	31 National Hot Chocolate Day 10:30 Hot Chocolate Craft 2:00 Movie and Hot Chocolate Bar	ALL ACTIVITIES ARE SUBJECT TO CHANGE