



MCU DECEMBER 2024



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Jennifer Caldwell: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 SNACK TIME=A/M 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE=M 12:00 BALLOON FUN=A 2:00 CHURCH WITH DAVE=D 2:30 BALLOON FUN=M 3:00 SNACK TIME=A/M	2 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:00 HAND MESSAGES=A 12:00 HAND MESSAGES=M 2:30 BINGO FUN=A 3:00 SNACK TIME=A/M 3:30 DISCUSSION BALL=A/M	3 9:30 FILL A SNOWMAN=A 10:00 FILL A SNOWMAN=M 10:30 SNACK TIME=A/M 11:30 VISITS WITH TUCKER=A/M 2:00 MUSIC WITH JERRY AND MARY=A/M 3:00 SNACK TIME=A/M	4 NATIONAL COOKIE DAY 9:30 A.M. STRETCH=A 10:00 A.M. STRETCH=M 10:30 BAKING COOKIES=A/M 11:30 MAKE CANDY CANES=A/M 2:30 MAGAZINE MADNESS=A 3:00 SNACK TIME=A/M 3:30 MAGAZINE MADNESS=M	5 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 BINGO=A 12:00 WATER PAINTING=M 2:30 CHRISTMAS GOLF=A 3:00 SNACK TIME=A/M 3:30 CHRISTMAS GOLF=M	6 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 CINNABUN VISITS=A/M 2:30 COLORING=A 3:00 ICE CREAM=A/M	7 9:30 ALL DAY MUSIC=A&M 10:00 SNACK TIME=A/M 12:00 BALLOON FUN=A&M 2:00 DRAW/COLOR=A/M 3:00 SNACK TIME=A/M 3:30 WATCH A SHOW=A&M
8 10:00 SNACK TIME=A/M 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE=M 12:00 BALLOON FUN=A 2:00 CHURCH WITH DAVE=D 3:00 SNACK TIME=A/M	9 9:30 REINDEER RAMPAGE=A 10:00 REINDEER RAMPAGE=M 10:30 SNACK TIME=A/M 11:30 AIR HOCKEY=A 12:00 COLORING=M 2:30 BINGO=A 3:00 MOVIE THEATER=A/M 6:00 CHRISTMAS CAROLS=A	10 9:30 THROWING SNOWBALLS=A 10:00 THROWING SNOWBALLS=M 10:30 SNACK TIME=A/M 11:30 VISITS WITH TUCKER=A/M 2:30 PICTURES/SANTA=D 3:00 SNACK TIME=A/M 3:30 NAILS & MUSIC=M	11 9:30 A.M. STRETCH=A 10:00 A.M. STRETCH=M 10:30 SNACK TIME=M 11:30 MAKE ORNAMENTS=A 12:00 MAKE ORNAMENTS=M 2:30 READ 2 CONNECT=A 3:00 SNACK TIME=A/M 3:30 READ 2 CONNECT=M	12 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 BINGO=A 12:00 WATER PAINTING=M 2:30 SNOWMAN TOSS=A 3:00 SNACK TIME=A/M 3:30 SNOWMAN TOSS=M 6:00 CHRISTMAS CAROLS=M	13 9:30 PUZZLES & GAMES=A 10:00 PUZZLES & GAMES=M 10:30 SNACK TIME=A/M 11:30 CINNABUN VISITS=A/M 2:30 COLORING=A 3:00 BAKING COOKIES=A/M	14 9:30 ALL DAY MUSIC=A&M 10:00 CHRISTMAS PARTY=D 10:30 SNACK TIME=A/M 12:00 BALLOON FUN=A&M 2:00 DRAW/COLOR=A/M 3:00 SNACK TIME=A/M 3:30 WATCH A SHOW=A&M
15 10:00 SNACK TIME=A/M 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE=M 12:00 BALLOON FUN=A 2:00 CHURCH WITH DAVE=D 2:30 BALLOON FUN=M 3:00 SNACK TIME=A/M	16 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:00 CHRISTMAS GOLF=A 12:00 CHRISTMAS GOLF=M 2:30 BINGO FUN=A 3:00 SNACK TIME=A/M 3:30 DISCUSSION BALL=A/M	17 9:30 FILL A SNOWMAN=A 10:00 FILL A SNOWMAN=M 10:30 SNACK TIME=A/M 11:30 VISITS WITH TUCKER=A/M 2:30 HOLIDAY MUSIC WITH KEVIN=D 3:00 SNACK TIME=A/M 3:30 NAILS & MUSIC=M	18 9:30 A.M. STRETCH=A 10:00 CHRISTMAS PARTY=D 10:30 SNACK TIME=A/M 11:30 DECORATE GINGERBREAD=A 12:00 DECORATE GINGERBREAD=M 2:30 MAGAZINE MADNESS=A 3:00 SNACK TIME=A/M 3:30 MAGAZINE MADNESS=M	19 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 BINGO=A 12:00 WATER PAINTING=M 2:30 VISITS / BUDDY=S 3:00 SNACK TIME=A/M 3:30 CHRISTMAS GOLF=M	20 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 CINNABUN VISITS=A/M 2:30 COLORING=A 3:00 ICE CREAM=A/M	21 9:30 ALL DAY MUSIC=A&M 10:00 SNACK TIME=A/M 12:00 BALLOON FUN=A&M 2:00 DRAW & COLOR=A/M 3:00 SNACK TIME=A/M
22 10:00 SNACK TIME=A/M 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE=M 12:00 BALLOON FUN=A 2:00 CHURCH WITH DAVE=D 2:30 BALLOON FUN=M 3:00 SNACK TIME=A/M	23 9:30 REINDEER RAMPAGE=A 10:00 REINDEER RAMPAGE=M 10:30 SNACK TIME=A/M 11:30 AIR HOCKEY=A 12:00 COLORING=M 2:30 BINGO=A 3:00 MOVIE THEATER=A/M	24 9:30 THROWING SNOWBALLS=A 10:00 THROWING SNOWBALLS=M 10:30 SNACK TIME=A/M 11:30 VISITS WITH TUCKER=A/M 2:30 NAILS & MUSIC=A 3:00 SNACK TIME=A/M 3:30 NAILS & MUSIC=M	25 MERRY CHRISTMAS 9:30 ALL DAY MUSIC=A&M 10:00 SNACK TIME=A/M 12:00 BALLOON FUN=A&M 2:00 DRAW & COLOR=A/M 3:00 SNACK TIME=A/M 3:30 WATCH A SHOW=A&M	26 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:30 BINGO=A 12:00 WATER PAINTING=M 2:30 SNOWMAN TOSS=A 3:00 SNACK TIME=A/M 3:30 SNOWMAN TOSS=M 6:00 CHRISTMAS CAROLS=M	27 9:30 PUZZLES & GAMES=A 10:00 PUZZLES & GAMES=M 10:30 SNACK TIME=A/M 11:30 CINNABUN VISITS=A/M 2:30 COLORING=A 3:00 SLUSHIES=A/M	28 9:30 ALL DAY MUSIC=A&M 10:00 SNACK TIME=A/M 12:00 BALLOON FUN=A&M 2:00 DRAW/COLOR=A/M 3:00 SNACK TIME=A/M 3:30 WATCH A SHOW=A&M
29 10:00 SNACK TIME=A/M 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE=M 12:00 BALLOON FUN=A 2:00 CHURCH WITH DAVE=D 2:30 BALLOON FUN=M 3:00 SNACK TIME=A/M 5:30 READ & SHARE=A	30 9:30 BALLOON BOP=A 10:00 BALLOON BOP=M 10:30 SNACK TIME=A/M 11:00 CHRISTMAS GOLF=A 12:00 CHRISTMAS GOLF=M 2:30 BINGO FUN=A 3:00 SNACK TIME=A/M 3:30 DISCUSSION BALL=A/M	31 9:30 FILL A SNOWMAN=A 10:00 FILL A SNOWMAN=M 10:30 SNACK TIME=A/M 11:30 VISITS/TUCKER=A/M 2:30 BIRTHDAY PARTY=D 3:00 SNACK TIME=A/M 3:30 NAILS & MUSIC=M	Owned and operated by VIRGINIA HEALTH SERVICES		ALTERNATE ACTIVITIES: - CINNABUN VISITS - RING TOSS - BOARD GAMES - FOLD & SORT - CORN HOLE	Activities are subject to change