

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2pm Church Service with Communion (CC) ~Everyone Welcomed~ ~Independent Activity~	2 10am Exercise Class (CC) 10:45am Holiday shopping at Target (outing) 1pm to 2pm Bingo (CC)	3 10am Exercise Class (CC) 11am Holiday Trivia (CC) 3pm to 4pm Happy Hour (CC)	4 10am Exercise Class (CC) 1:00 pm Knitting Group (3rd Floor) 2pm to 3pm Holiday Cheer (DR) Entertainment by: James "Blue" Curry	5 10am Exercise Class (CC) 10:40 Harris Teeter (Grocery Outing) 1pm to 2 pm Bingo (MC) 3:30pm-4:30 p.m. Happy Hour	6 10am Exercise Class (CC) 12 m Art w/ Emily (CC) 7 pm Movie Night & Popcorn (Theater Room)	7 1 pm-4pm Joy Group (1st Floor) 6:30 pm Bingo (CC)
8 2pm Church Service (CC) ~Independent Activity~	9 10am Exercise Class (CC) 10:30am Therapy Dogs (Garden Room) 1pm to 2pm Bingo (CC) 2:00 Ukulele Concert with The Silver Strummers refreshments served (DR)	10 10am Exercise Class (CC) 10:40 Food Lion (Outing) 2:00 pm Birthday Social Entertainment by: Christian Flores 3:30pm-4:30 p.m. Happy Hour	11 10am Exercise Class (cc) 1 pm-2pm Support Group with Social Worker Darcy 1 pm Knitting Group (3rd Floor) 2pm to 3pm Holiday Cheer (DR) -Santa Claus and Entertainment By: Flute Frenzy	12 10am Exercise Class (CC) 11am Christmas Craft (CC) 1pm to 2 pm Bingo (MC) 3:30pm-4:30 p.m. Happy Hour	13 10am Exercise Class (CC) 11am Holiday shopping at Patrick Henry Mall (outing) 7 pm Movie Night & Popcorn (Theater Room)	14 12pm Aerobic Dance Class (CC) 6:30 pm Bingo (CC)
15 2pm Church Service (CC) ~Independent Activity~	16 10am Exercise Class (CC) 11am Holiday Music and Hot Chocolate (CC) 1pm to 2pm Bingo (CC)	17 10am Exercise Class (CC) 11am Meet Marranda (CC) 12pm Schlesingers (Lunch Outing) *Sign up required* 3:30pm to 4:30pm Happy Hour (CC)	18 10am Exercise Class (CC) 1 pm Knitting Group (3rd Floor) 2pm to 3pm Holiday Cheer(DR) Entertainment by: Lana & Kim	19 10am Exercise Class (CC) 10:40 am Walmart (Outing) 1pm to 2 pm Bingo (CC) 3:30 pm-4:30 pm Happy Hour (CC)	20 10am Exercise Class (CC) 12pm- Art w/ Emily (CC) 7 pm Movie Night & Popcorn (Theater Room)	21 12pm Aerobic Dance Class (CC) 6:30 pm Bingo (CC) Winter Begins
22 2pm Church Service (CC) ~Independent Activity~	23 10am Exercise Class (CC) 10:30am Therapy Dogs (Garden Room) 1pm to 2pm Bingo (CC)	24 10am Exercise Class (CC) -Resident Led 10:40am Aldi/Lidl (outing) 3:30 pm-4:30 pm Happy Hour (CC)	25 Merry Christmas Hanukkah Begins Christmas	26 10am Exercise Class (CC) 1pm to 2pm Bingo (CC) 3:30 pm-4:30 pm Happy Hour (CC) Boxing Day (Canada) Kwanzaa	27 10am Exercise Class (CC) 2pm Town Hall Meeting (DR) 7 pm Movie & Popcorn (Theater Room)	28 ~Independent Activity~ 6:30 pm Bingo (CC)
29 2pm Church Service (CC) ~Independent Activity~	30 10am Exercise Class (CC) 11am Newport News Library (outing) 1pm to 2pm Bingo (CC)	31 10:00 Exercise Class (CC) -Resident Led 11am New Year Trivia & PJs or Comfy Outfits (CC) 3-4:30pm Happy Holiday Hour with Chef Josh and Refreshments (CC) New Year's Eve				