

The Arbors

INDEPENDENT LIVING



ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

SHRIMP & GRITS \$12

Sautéed jumbo shrimp served over creamy Parmesan cheese grits.

ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS \$10

ARBORS POT ROAST \$10

Tender Braised Beef Pot Roast served with beef gravy and cornbread.

CHICKEN CUTLET SANDWICH \$10

Thinly cut, lightly fried chicken cutlet with fresh mozzarella, sliced tomatoes, lettuce, and pesto basil sauce on a toasted sub roll.

VEGETABLE STIR FRY \$10

*Rice Pad Thai Noodles cooked in teriyaki sauce with stir-fry vegetables, served with a crispy fried egg roll.
Add chicken for \$2 or shrimp for \$3.*

LOADED BAKED POTATO \$10

Loaded baked potato, served with a choice of classic beef chili or broccoli and cheddar cheese sauce.

ARBORS "PIZZA-PIZZA" \$9

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

The Arbors

INDEPENDENT LIVING



SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

AUTUMN HARVEST SALAD	\$9
<i>Spinach and mixed green blend with diced apples, red onion, candied pecans, feta cheese, and served with honey cider vinaigrette.</i>	
<i>Add chicken for \$2 or shrimp for \$3.</i>	
CAESAR SALAD	\$9
<i>Romaine lettuce, grape tomatoes, Parmesan cheese, croutons, crispy fried onions, and Caesar dressing.</i>	
<i>Add chicken for \$2 or shrimp for \$3.</i>	
GRILLED HAMBURGER	\$10
<i>Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato, and red onions.</i>	
<i>Add a slice of cheese if you like: American, Cheddar, or Swiss.</i>	
MS. KITTY'S GRILLED CHEESE	\$6.50
<i>Grilled American cheese with vine-ripened tomatoes and applewood-smoked bacon on griddled white toast.</i>	
GRILLED HOT DOG	\$6
<i>½ lb all-beef hot dog served on a steamed roll.</i>	
YOUR CHOICE OF 2 EGGS	\$4.50
<i>Fried or scrambled with toast</i>	
ALWAYS AVAILABLE	\$2
<i>Sweet potato fries, waffle fries, french fries, onion rings & coleslaw</i>	

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.