

# OCTOBER 2024

## THE HUNTINGTON ACTIVITY CALENDAR

(757) 223-0888 NEW RECREATION DIRECTOR: BONNIE FITZ BFITZ@VAHS.COM

SUN	MON	TUE	WED	THU	FRI	SAT
<b>ACTIVE AGING WEEK</b> Sept 30-OCT 6 All activities 30 minutes unless it has an * (with length)	A-Activities Room M-Media Room TN-The Newport D-Dining Hall at Huntington PRE-REGISTER FOR FALL HEALTHY FESTIVAL BY OCT 14	1 9:30 Word Fun (A) 11:00 Roll a Jack-o-Lantern (A) 3:45 Candy Cornhole & Homemade Cookies (A)*1	2 9:30 Word Fun (A) 10:00 Mini Boquets (A) 10:30 Bible Study (M) 11:00 Pumpkin Noodles (A)*1 3:00 Bingo (A)*1	3 9:30 Ceramic Planters (A) 11:00 Strength & Tone (A)*1 2:30 Sip & Paint Pumpkin Coasters (A)*11/2	4 9:30 Word Fun (A) 10:30 Paint Pumpkin Doorhangers (A)*1 2:00 Bingo (A)*1 3:30 Pumpkin Social Toss (A)	5 On Squirrel Watch (Patio) Craft Corner (A) 6:00 pm The Gaithers (TBN)
6 Catholic Communion Visits with OLMC Church Available on TBN Channel 20	7 9:30 Word Fun (A) 10:30 Group Puzzle (A)*1 2:00 Bingo (TN)	8 9:30 Word Fun (A) 2:00 Movie (M)**	9 9:30 Word Fun (A) 10:30 Bible Study (M) 2:00 Bingo (TN)*1	10 9:30 Word Fun (A) 10:30 Chair Zumba (A) 2:00 Color/Paint Wood Pumpkins (A)	11 9:30 Word Fun (A) 2:00 Bingo (TN)*1	12 Ride the Bike (M) How Many Rubberbands in a minute? (A) 6:00 pm The Gaithers (TBN)
13 Catholic Communion Visits with OLMC Church Available on TBN Channel 20 Books of the Bible Quiz (A)	14 Indigenous People Day 10:30 Halloween Boggle Social (A) 11:00 Stress Ghost Balls (A)*1 2:00 Bingo (A)*1 4:00 Playing Chunkey (A)	15 9:30a Word Fun (A) 3:30 Movie (M)**	16 9:30 Word Fun (A) 10:30 Bible Study (M) 7:00 Bingo (A)*1	17 10:00 Paper Plate Pumpkin Craft (A) *1 2:30 Birthday Party (Newport)*1 7:30 Cookies and Milk Full Moon Nightcap (A)	18 9:30 Autumn Leaf Butterflies (Patio) 2:00 Dollar Tree Outing (D) **** (pre-register)	19 Ride the Bike (M) Autumn Mocktails & Oyster Sampler Happy Hour 3:30 (A)*1
20 2:00 NN Baptist Church (D)	21 9:30 Witch Hat Snack (A) 10:00 Witch Hat Toss (A) 11:00 Strength & Tone (A)*1 2:00 Crafting w/Martha & Jerry (A) *1	22 9-11 Matter of Balance*2 (pre-register by Oct 18) 11:00 Group Puzzle (A)*1 6:30p Movie Night (M)	23 Depart 9:45 Fall Healthy Festival*** Brittingham-Midtown CC FUN/FOOD/GAMES/CRAFTS 10:30 Bible Study (M) 3:00 Bingo (A) *1	24 9:30a Decorate,Paint, or Carve Pumpkins (A)*11,2 2:00 Music: Christian Flores (D) *1	25 9:30 a Word Fun (A) 10:00 Bingo (A)*1 11:30 Glasses Cleaning (A) 2:30 Apple Cider Tasting (P)	26 Ride the Bike (M) Craft Corner (A) 6:00 pm The Gaithers (TBN)
27 NAVY DAY 2p Hampton Roads Indepe. Baptist Church	28 9:30 Word Fun (A) 10:00 Pumpkin Hunt 11:30 Paint & Pour-w/Vanessa (A) 2:00 Manicures (A)*2	29 9-11 Matter of Balance (A)*2 11:15 Group Puzzle (A)*1 2:00 Movie (M)**	30 9:30 Pumpkin Seed (A) 10:30 Bible Study (M) 11:15 Resistance Band Exercise (A)*45-1 2:00 Bingo (A)	31 9:30 Word Fun (A) 10:30 Chair Zumba (A) 3:30 Witches, Spiders, & Monsters, oh my! (A)*1 Games/Snacks	<b>TYPES OF ACTIVITIES</b> COGNITIVE SOCIAL CREATIVE SENSORY OUTINGS	<b>TYPES OF ACTIVITIES</b> EXERCISE ENTERTAINMENT OUTDOORS REFLECTIVE

BOO!

