Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ГОВЕR	10am Exercise Class 1 (CC)	10am Exercise Class 2 (CC)	10am Exercise Class 3 (CC)	10am Exercise Class (CC) 4 1pm Mitzi's Retirement	5 ~Independent Activity~
	2024	11am Patrick Henry Mall (outing)*	10:40am Food Lion (grocery outing)*	1pm to 2pm Bingo (MC)*	Party (Dining Room)*	6:30pm Bingo (CC)*
		3pm to 4pm Happy Hour (CC)*	1pm Knitting Group (3rd Floor)*	3pm to 4pm Happy Hour (CC)*	Best Washes on your Retirement!	
	10am Exercise Class 7	10am Exercise Class (CC) 8	10am Exercise Class (CC) 9			20th Annual Art & Sculpture 12 Festival 10am to 6pm on the
2pm Church Service with Communion (CC)	(CC)	2pm Monthly Birthday	10:40am Lidl (grocery	(CC)	(CC)	Square!
Everyone Welcomed	1pm to 2pm Bingo (MC)*	Social (DR)* Special Guest: The	outing)*	1pm to 2pm Bingo	12pm Art with Emily (CC)*	6:30pm Bingo (CC)*
	2:15pm Dean & Don's	EarthTones!	1pm Knitting Group (3rd Floor)*	(CC)*		Happy 100th
~Independent Activity~	Market (Outing)	3pm to 4pm Happy Hour (CC)*	2pm Support Group (CC)*	3pm to 4pm Happy Hour (CC)*	~Independent Activity~	Birthday to Dorothy Knopf
20th Annual Art &		10am Exercise Class 15	10am Exercise Class (CC) 10:40am Harris Teeter (grocery	10am Exercise Class(cc) 17	10am Exercise Class 18	19
Sculpture Festival 10am	(CC)	(CC)	outing)*	11:30am to 12:30pm Bingo	(CC)	1pm Book Club (3rd
to 5pm on the square!	10:30am Therapy Dogs	12pm Cracker Barrel	1pm Knitting Group (3rd Floor)*	(MC)*	1pm to 2pm Chili Bar	Floor)
2pm Church Service (CC)	(Garden Room)*	(lunch outing)* Sign up required!	2pm Health & Wellness: Think Pink Event! Breast Cancer	1pm Mariners Museum Speaker (CC)*	(CC)* ~Independent Activity~	6:30pm Bingo (CC)*
	1pm to 2pm Bingo (MC)*	3pm to 4pm Happy Hour (CC)*	Awareness (CC)* Special Guest: Dr. Clair McCracken!	3pm to 4pm Happy Hour (CC)*		
20 2pm Church Service (CC)	10am Exercise Class 21 (CC)	10am Exercise Class 22 (CC)	10am Exercise Class 23 (CC)	10am Exercise Class 24 (CC)	10am Exercise Class 25 (CC)	26
~Independent Activity~	1pm to 2pm Bingo (MC)*	12pm to 2pm Flu Shot Clinic (CC)*	10:40am Walmart (grocery outing)*	1pm to 2pm Bingo (CC)*	12pm Art with Emily (CC)*	~Independent Activity~ 6:30pm Bingo (CC)*
	2pm Dollar Tree Outing*	3pm to 4pm Happy Hour (CC)*	1pm Knitting Group (3rd Floor)*	3pm to 4pm Happy	~Independent Activity~	
			2pm Support Group (CC)*	Hour (CC)*		
27	10am Exercise Class (CC) 28			10am Exercise Class (CC) 31		
2pm Church Service (CC)	10:30am Therapy Dogs	(CC)	(CC)	1pm to 2pm Bingo (MC)*		
	(Garden Room)*	1pm Family Feud Game	10:40am Food Lion	2pm to 3pm Halloween		
~Independent Activity~	11:30am to 12:30pm Bingo (MC)*	(CC)*	(grocery outing)*	Socjal (CC)*		
	1pm Line Dancing with Ava (CC)*Beginners*	3pm to 4pm Happy Hour (CC)*	1pm Knitting Group (3rd Floor)*	3pm to 4pm Happy Hour (CC)*		