113 Battle Rd. Yorktown, Va. 23692 (757) 243-8559

Kirstie Saunders, Director of Activities

September 2024



5	Tribute Gadriacia, Director of Activities					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ Daily Perk (1) ■ Fill in the Blank (1)	 Labor Day Daily Perk (1) 2:00 Resident Led Uno Game* 	 3 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm 11:00 Therapy Dogs Intl' (1) 2:00 Petal Pushers (2) Flower class w/ Grace Episcopal Church* 3:30 Chair Exercise (2) 	4 ■ 10:00 Chair Exercise (2) ■ 11:00 Grandparents (1) Advice* ■ 2:00 Quilting w/ Gala* (1) ■ 3:00 Crossword (1) Puzzle	5 □ 11:00 Bible Study With Dottie* □ 1:00 TRIP: Pangea ② Andersons* -Coffee & Cheesecake □ 3:30 The Library: (1) Horse Racing Game*	10:00 Fetch w/ Copper* (1) □ 11:00 Eyeglass Cleaning (1) ■ 2:00 Quarter Bingo* (2) ■ 3:15 Cocktail Mixer (1) on Patio*	7 ■ Daily Perk (1) ■ 2:00 Games w/ Doris (1) In Library* ■ 6:00 The Gaithers (A) Cox Channel 20
8 Grandparents Day Daily Perk (1) Grandparents Day Photo Op (1) 3:30 KLEM Ministry(1) By Elder Lucas*	9 Port 'O Call: Alaska Theme: Lumberjack Attire 10:00 Chair Exercise (2) 11:00 Axe Throw Game* (1) 2:00 Ice Cream Sundaes, (1) Shuffleboard & Caricatures w/ Matt*	10 Port 'O Call: Cuba Theme: Wear your favorite Fedora or Hat 10:00 TRIP: Yorktown Beach* 11:00 Therapy Dogs Intl' (1) 2:00 Havana Nights: (Y) 1950's Casino Bingo* 6:00 Evening Movie* (1)	11 Port 'O Call: Out to Sea Theme: Island Wear 10:30 Water Aerobics (2) ■ 12:00 Captains Lunch: (1) Surf N Turf* ■ 2:00 See a Show: (Y) Elvis is in the Building!*	12 Port 'O Call: Caribbean Theme: Bright Colors □ 11:00 Bible Study (2) With Dottie* □ 2:00 A taste of the (1) Caribbean & Dominoes* □ 6:00 Peninsula Comm. (1) Chapel Church Service*	Port 'O Call: Aruba Theme: Scuba in Aruba (Shell Necklaces) 10:00 Pearl Jewelry Class* 11:30 Fruit Stand* 2:00 Splash Bash! (Front Porch)*	■ Daily Perk (1) ■ Word Match (1) ■ 6:00 The Gaithers (A) Cox Channel 20
15 ■ Daily Perk (1) ■ Word (1) Elimination	16 10:00 Chair Exercise (2) 12:00 Olive Garden (2) Catering (Pre-Pay \$15 Cash) -Soup, Salad & Breadstick* 2:00 Manicures (1) & Drink of the Day* (1)	17 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm 11:00 Therapy Dogs Intl' (1) 2:00 Birthday Celebration w/ entertainment by Kevin Berry* (1) 3:30 Chair Exercise (2)	18 Library Pick up 10:00 Chair Exercise (2) 11:00 Prize Bingo (1) 2:00 Pickleball (1) & Basketball Class*	19 Library Drop Off 10:00 Trip: Beaver Dam (1) All Day Picnic* 11:00 Women's Bible (2) Study* 4:30 Katie on Flute (1)	20 10:30 Veterans Café* (2) 2:00 Quarter Bingo* (2) 3:15 Wine Tasting (1) & Gourmet Cheese on Patio*	Daily Perk (1) ■ 2:00 Games w/ Doris (1) In Library* ■ 6:00 The Gaithers Cox Channel 20 (A)
Daily Perk (1) □3:30 KLEM Ministry(1) By Elder Lucas*	23 ■10:00 Chair Exercise (2) ■11:00 Word Games* (1) ■ 2:00 Cooking (2) w/Christina* -Pancake Tasting & Apple Cider	24 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm 11:00 Therapy Dogs Intl' (1) 2:00 Transforming Life (1) Church Band* -Hymns & Country -Popcorn Bar 6:00 Evening Movie* (1)	25 ■ 10:00 Chair Exercise (2) ■ 11:00 Prize Bingo (1) ■ 2:00 Tea Party* (2) -Route 66	26 11:00 Women's Bible (2) Study* 1:00 TRIP: Food Lion* (1) 3:30 The Library: (1) -Uno & Art Class* 6:00 Peninsula Comm. (1) Chapel Church Service*	27 □ 10:00 Resident Forum* (2) □ 11:00 Eyeglass Cleaning (1) ■ 2:00 Quarter Bingo* (2) ■ 3:15 Novelty (1) Ice Cream on Patio*	■ Daily Perk (1) ■ Word Unscramble (1) ■ 6:00 The Gaithers Cox Channel 20 (A)
29 ■ Daily Perk (1) ■ Word Fit (1)	30 ■ 10:00 Chair Exercise (2) ■ 11:00 Golf Games* (1) ■ 2:00 Manicures (1) & Drink of the Day*				*All programs are subject to change according to the resident's needs. *Programs with an (*) are 1-2 hours, all others are 30 min.	Cognitive/Creative Physical Reflective Social Sensory Nature Outdoor Productive