

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p> <p>~Independent Activity~ 2</p> 	<p>10am Exercise Class (CC) 3</p> <p>11am to 1:30pm Patrick Henry Mall Outing*</p> <p>3:00pm to 4:00pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 4</p> <p>10:40am Food Lion (Outing)*</p> <p>1pm Knitting Group (3rd Floor)*</p>	<p>10am Exercise Class (CC) 5</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:00pm to 4:00pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 6</p> <p>12pm Art with Emily (CC)*</p> <p>~Independent Activity~</p>	<p>~Independent Activity~ 7</p> <p>6:30pm Bingo (CC)*</p>
<p>8</p> <p>1pm to 2pm Ice Cream Sundae Social For Grandparents &amp; Grandkids (CAFE)</p> <p>2pm Church Service With Communion (CC)</p> <p>Grandparents Day</p>	<p>10am Exercise Class (CC) 9</p> <p>10:30 Therapy Dogs (MC)*</p> <p>12pm Back-To-School Bash: (DR): Wear your high school colors!*</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:00pm Show &amp; Tell (CC)*</p> <p>Spirit Week Begins!</p> 	<p>10am Exercise Class (CC) 10</p> <p>2pm Back to school night Birthday Social (DR)* Special Guest James "Blue" Curry! Wear your High School Sports/Cheerleading attire!</p> <p>3:00pm to 4:00pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 11</p> <p>10:40am Lidl/Aldi (Outing)*</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Support Group (CC)*</p> <p>*Twin day*</p>	<p>10am Exercise Class (CC) 12</p> <p>11am to 12pm Bingo (MC)*</p> <p>1:30pm to 2:30pm Homecoming Social (DR)* (cocktail attire)</p> <p>2:30pm Happy Hour</p>	<p>10am Exercise Class (CC) 13</p> <p>1pm Arbors Carnival (1st Floor)* Games, Food and Country music by "2 Trick pony"</p> <p>*Crazy Sock Day*</p>
<p>15</p> <p>2pm Church Service (CC)</p> <p>~Independent Activity~</p>	<p>10am Exercise Class (CC) 16</p> <p>11am Podiatry Information Presentation (CC)*</p> <p>1pm to 2pm Bingo (MC)*</p>	<p>10am Exercise Class (CC) 17</p> <p>12pm Crab Shack on the James (Lunch Outing)* Sign up is required</p> <p>2:30pm to 3:30pm Resident Counsel Meeting (DR)</p> <p>3:30pm to 4:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 18</p> <p>10:40am Walmart (Outing)*</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Health &amp; Wellness Event: Healthy Aging &amp; Pain Awareness (CC)*</p>	<p>10am Exercise Class (CC) 19</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:00pm to 4:00pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 20</p> <p>2pm Performers Lana &amp; Kim (DR)*</p> <p>~Independent Activity~</p>
<p>22</p> <p>2pm Church Service (CC)</p> <p>~Independent Activity~</p> <p>*First Day of Fall*</p> 	<p>10am Exercise Class (CC) 23</p> <p>10:30am Therapy Dogs (MC)</p> <p>1pm to 2pm Bingo (MC)*</p>	<p>10am Exercise Class (CC) 24</p> <p>12pm Tea &amp; Trivia (CC)*</p> <p>3:00pm to 4:00pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 25</p> <p>10:40am Harris Teeter (Outing)*</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Support Group (CC)*</p>	<p>9:00am CA &amp; J Farm (Outing)*sign up Required*</p> <p>10am Exercise Class (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:00pm to 4pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 27</p> <p>12pm Art with Emily (CC)*</p> <p>~Independent Activity~</p>
<p>29</p> <p>2pm Church Service (CC)</p> <p>~Independent Activity~</p>	<p>10am Exercise Class (CC) 30</p> <p>1pm to 2pm Bingo (MC)*</p> <p>2pm Dollar Tree Outing*</p>	<p style="text-align: center;">September 2024</p> 			