# Virginia Health Services

**Collaboration Opportunities** 

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### Who we are

Virginia Health Services has been a senior healthcare staple in southeastern Virginia since 1963. Our footprint extends throughout southeastern Virginia, from the Northern Neck to Southside, and all points in between.

Locally owned and operated, we value the communities we have proudly served for over 60 years. Our healthcare system includes independent and assisted living, nursing and rehabilitation, pharmacy, home health care, outpatient rehabilitation, palliative and hospice care.

Our team is dedicated to supporting individuals to live their best life. With Virginia Health Services, you can expect quality care and healthcare expertise in your community.





## What we believe



### **Our Team**



**Mark Klyczek**President & CEO



**Eric Gommel**Chief Strategy Officer



**Vikram Rajashekara**Vice President of
Pharmacy



Donna Marchant -Roof
Vice President Home &
Community Based
Services



**David Crosson** Senior Vice President



# **Collaboration opportunities**















**Management** 

We bring over 60 years of experience providing healthcare throughout southeastern Virginia. Our partners value our individualized, customizable approach and solutions. VHS is a recognizable and trusted brand in the community, and that presence means we are readily accessible and engaged with our clients.





# **Pharmacy Services**

VHS Pharmacy provides comprehensive services for all members of your community. We serve independent and assisted living communities, as well as skilled nursing centers and group homes. Our reach continues to grow as we look to provide pharmacy and consultation services in the home setting.

- Comprehensive pharmacy provider with dependable daily deliveries, 24/7 pharmacy support.
- Forty years of collective experience providing unparalleled expertise, in addition to technical and billing support to our clients.
- Newly implemented automated pill-pack system provides improved customization, quality and compliance.
- Innovative embedded retail model in independent living and CCRC communities.
- Vaccination program for senior living residents.
- Our team works with residents to help them save money on their prescription costs.





## Rehabilitation Services

We are the leading provider of comprehensive rehabilitation services tailored to meet the unique needs of residents in skilled nursing, assisted and independent living communities. We also provide outpatient therapy in standalone clinics and treat clients in their homes. With a dedicated team of professionals, we offer physical, occupational and speech therapy, along with a range of specialty programs designed to enhance the well-being of our residents.

- Our licensed therapists and professionals have a wealth of experience in rehabilitation services.
- We tailor our therapy and programs to meet the specific needs of each individual.
- We work closely with retirement communities, skilled nursing facilities, assisted living facilities, and independent living communities to seamlessly integrate our services into existing care plans.
- Compassionate Approach: Our team is dedicated to providing compassionate care and promoting the highest quality of life for residents.
- We emphasize tracking and achieving positive outcomes for our residents.





### **Home Health Care Services**

We are dedicated to making sure your residents receive the best home care. Our team of professionals includes nurses, therapists and social workers with one goal: to empower patients to live as independently as possible. We have collaborative relationships with multiple independent and assisted living communities and long-term care facilities on the Peninsula and Southside.

- We offer one-stop for residents' care coordination that can include rehabilitation, dietary and nutritional support, and counseling.
- Skilled nursing in the comfort of the resident's home.
- Remote patient monitoring virtually connects residents to their caregivers and provides medical stats in real-time to ensure the highest level of care.
- Our specialty programs include wound care, diabetes management, stroke rehabilitation, cardiovascular, medication management and more.
- In home and community personal care support program is available.





# **Hospice Services**

Our team is specially trained in providing holistic, compassionate palliative care, including addressing mental, physical, or spiritual needs. This includes nursing care and physician oversight as well as bereavement and counseling services for the individual and their loved ones. We provide care wherever the individual resides.

- Physician-led Palliative Care Program
- Our support team includes: Skilled nursing staff (on call 24/7), home health aides, physical, occupation and speech therapists, social workers, home infusion therapy, dieticians, chaplain, medical director, volunteers and grief counselors.
- We provide community support in the form of:
  - Bereavement support groups
  - Dementia support groups
  - Educational talks
- Designated liaison staff to assist in obtaining necessary orders and authorizations for services.
- We participate in the Guiding an Improved Dementia Care (GUIDE) CMMI Demonstration supporting individuals and their caregivers in the home.





# **Management Services**

VHS has a 60-year track record as a leading provider of skilled nursing services in southeastern Virginia. Locally owned and operated, VHS has been recognized on a state and national level for quality outcomes, innovation and business performance. Our team offers a broad span of expertise across disciplines.

Let's discuss what solutions work best for you.

#### **Support services we offer:**

- Dietary and nutritional support
- Leadership and management
- MDS tracking
- EMR assistance
- Strategy consultation
- Corporate-level support
- Marketing consultation
- Finance
- IT solutions
- VBP initiatives
- Institutional Special Needs Plans (ISNP)
- Accountable Care Organizations (ACO)





# Why work with us

The Virginia Health Services team values community, integrity, and providing quality care.

As a recognized healthcare provider with a long history in southeast Virginia, we have proven positive patient outcomes. Quality is our first priority, and we ensure your residents are living their best life.





#### **Proven track record**

Our team has cultivated local partnerships for 20 years to provide rehab, home health, hospice, management and other services.



#### Locally owned & operated

We take pride in being accessible. Our senior team is just a phone call away.



#### **Quality assured**

Our team prioritizes quality care. We are a recognized leader in Virginia for value-based care and many of our facilities hold a 5-star quality measure rating by CMS. VHS Rehabilitation, Home Health Care and Hospice consistently feature 5-star Google reviews.



# Let's get started!

We will put together a customized proposal based on the services you need to complete your puzzle.

- Phone 301-802-5890
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- Address

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  Newport News, VA 23606

