








All Activities Are Subject to Change w/ Short Notice

# Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ACTIVITY LOCATION KEY</b> A – Activities Room D – Dining Room B – Back Dining Room P – Patio O – Outing F – Front Lobby				<b>1</b> 10:30 Morning Movie -S 2:00 Cornhole -D	<b>2</b> 10:30 Morning Movie -S 2:00 Bingo -D	<b>3</b> Resident Choice
<b>4</b> Catholic Communion Visits w/ Our Lady of Mt. Carmel 3:00 World Outreach Worship Center D	<b>5</b> 10:30 Morning Movie -S 2:00 Bingo -D 	<b>6</b> 10:30 Morning Movie -S 2:00 Cornhole -D	<b>7</b> 10:30 Morning Movie -S 2:00 Bingo -D	<b>8</b> 10:30 Morning Movie -S 2:00 Cornhole -D	<b>9</b> 10:30 Morning Movie -S 2:00 Bingo -D	<b>10</b> 2:00 Bible Study w/ Feed My Sheep Ministry -D
<b>11</b> Catholic Communion Visits w/ Our Lady of Mt. Carmel	<b>12</b> 10:30 Fantastic Nails -A 11:00 Music & Magazines -A 2:00 Bingo -D	<b>13</b> 10:30 Trivia Time -D 11:00 Body PHIT w/ Kim D 2:00 Arts & Crafts Club -A 	<b>14</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:30 Cornhole -A	<b>15</b> 10:30 Table Talk -A 11:00 Board Games -A 2:30 Birthday Celebration -D Music by Jefferson Teller 	<b>16</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:00 Bingo -D	<b>17</b> 2:30 Praise & Worship w/ Messiah Center Church -D
<b>18</b> Catholic Communion Visits w/ Our Lady of Mt. Carmel 3:00 World Outreach Worship Center D	<b>19</b> 10:30 Fantastic Nails -A 11:00 Music & Magazines -A 2:00 Bingo -D	<b>20</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:30 Live Music w/ Eddie Sal -D	<b>21</b> 10:30 Resident Forum -A 2:30 Heartful Creations Painting Class w/ Emily -A 	<b>22</b> 10:30 Table Talk -A 11:00 Board Games -A 2:30 Ice Cream Social -D	<b>23</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:00 Bingo -D	<b>24</b> Resident Choice
<b>25</b> Catholic Communion Visits w/ Our Lady of Mt. Carmel 2:00 Hampton Roads Independent Baptist Ch. D 	<b>26</b> 10:30 Fantastic Nails -A 11:00 Music & Magazines -A 2:00 Bingo -D	<b>27</b> 10:30 Trivia Time -D 11:00 Body PHIT w/ Kim D 2:30 Arts & Crafts Club -A	<b>28</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:30 Cornhole -A 	<b>29</b> 10:30 Table Talk -D 11:00 Board Games -D 2:30 Live Music w/ Sentimental Journeys -D	<b>30</b> 10:30 Morning News Time -D 11:00 Sit & Be Fit -D 2:00 Bingo -D	<b>31</b> Resident Choice

Aldeen Stupart, Activities Director