

All Activities Are Subject to Change w/ Short Notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
ACTIVITY LOCATION KEY A - Activities Room D - Dining Room M - Media Room N - The Newport L - Front Lobby P - Patio	TYPE OF ACTIVITY Cognitive / Creative Outdoors Religious / Reflective Social / Entertainment Sensory Exercise				1 9:30 Daily Word Fun -A 11:00 Stretch & Tone -M 2:00 Afternoon Movie -M	2 9:30 Daily Word Fun -A 11:00 News Time Social -A 12:00 Patio Relaxation -P 2:00 Bingo -N	3 Ride a Bike! -M Crosswords -A Crafting Corner -A 6:00 The Gaither's on TBN Channel #20
4 Church Services Available on TBN Channel #20 Catholic Communion Visits w/ Our Lady of Mt. Carmel 3:00 World Outreach Worship Center -N	5 9:30 Daily Word Fun -A 11:00 Group Puzzle - A 12:00 Patio Relaxation -P 2:00 Bingo -N	6 9:30 Daily Word Fun -A 11:00 Morning Stroll -A 2:00 Afternoon Movie -M	7 9:30 Daily Word Fun -A 10:30 Bible Study w/ Janet -A 2:00 Bingo -N	8 9:30 Daily Word Fun -A 11:00 Stretch & Tone -M 2:00 Patio Relaxation -P	9 9:30 Daily Word Fun -A 11:00 Adult Coloring -A 12:00 Patio Relaxation -P 2:00 Bingo -N	10 Ride a Bike! -M Crosswords -A Crafting Corner -A 2:00 Bible Study w/ Feed My Sheep Ministry -N 6:00 The Gaither's on TBN Channel #20	
11 Church Services Available on TBN Channel #20 Catholic Communion Visits w/ Our Lady of Mt. Carmel	12 9:30 Daily Word Fun -A 11:00 Group Puzzle - A 12:00 Patio Relaxation -P 2:00 Bingo -N	13 9:30 Daily Word Fun -A 11:00 Morning Movie -M 11:00 Body PHIT w/ Kim -N 2:00 UNO Card Game -A	14 9:30 Daily Word Fun -A 10:30 Bible Study w/ Janet -A 2:00 Bingo -N	15 9:30 Daily Word Fun -A 10:30 Heartful Creations Painting Class w/ Emily -A 11:00 Stretch & Tone -M 2:00 Birthday Celebration -N Music by Jefferson Teller -N	16 9:30 Daily Word Fun -A 11:00 News Time Social -A 12:00 Patio Relaxation -P 2:00 Bingo -N	17 Ride a Bike! -M Crosswords -A Crafting Corner -A 2:30 Praise & Worship w/ Messiah Center Church -N 6:00 The Gaither's on TBN Channel #20	
18 Church Services Available on TBN Channel #20 Catholic Communion Visits w/ Our Lady of Mt. Carmel 3:00 World Outreach Worship Center -N	19 9:30 Daily Word Fun -A 11:00 Group Puzzle - A 12:00 Patio Relaxation -P 2:00 Crafting Fun w/ Martha & Jerry A	20 9:30 Daily Word Fun -A 11:00 Resident Forum Meeting -A 2:30 Live Music w/ Eddie Sal -N	21 9:30 Daily Word Fun -A 10:30 Bible Study w/ Janet -A 2:00 Bingo -A	22 9:30 Daily Word Fun -A 10:30 Heartful Creations Painting Class w/ Emily -A 11:00 Stretch & Tone -M 2:00 Afternoon Movie -M	23 9:30 Daily Word Fun -A 11:00 Adult Coloring -A 12:00 Patio Relaxation -P 2:00 Bingo -N	24 Ride a Bike! -M Crosswords -A Crafting Corner -A 6:00 The Gaither's on TBN Channel #20	
25 Church Services Available on TBN Channel #20 Catholic Communion Visits w/ Our Lady of Mt. Carmel 2:00 Hampton Roads Independent Baptist Ch. -N	26 9:30 Daily Word Fun -A 11:00 Group Puzzle - A 12:00 Patio Relaxation -P 2:00 Bingo -N	27 9:30 Daily Word Fun -A 11:00 Morning Stroll -A 11:00 Body PHIT w/ Kim -N 2:00 Afternoon Movie -M	28 9:30 Daily Word Fun -A 10:30 Bible Study w/ Janet -A 2:00 Bingo -N	29 9:30 Daily Word Fun -A 11:00 Stretch & Tone -M 2:30 Live Music w/ Sentimental Journey -N	30 9:30 Daily Word Fun -A 11:00 News Time Social -A 12:00 Patio Relaxation -P 2:00 Bingo -N	31 Ride a Bike! -M Crosswords -A Crafting Corner -A 6:00 The Gaither's on TBN Channel #20	

Activities Calendar