



The Arbors

INDEPENDENT LIVING

ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

HONEY CITRUS GLAZED SHRIMP **\$12**

Six jumbo shrimp sautéed in a honey citrus glaze topped w/ sesame seeds & served with jasmine rice

ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS **\$10**

PENNE ALFREDO **\$10**

*Fresh penne pasta tossed in Alfredo sauce with sautéed peppers & onions served with a garlic bread stick
Add chicken or steak for \$2*

CRISPY FRIED CHICKEN WINGS **\$10**

Lightly breaded chicken wings fried then tossed in dry rub or BBQ sauce

ROASTED PORK LOIN & CINNAMON APPLES **\$10**

Herb roasted pork loin served w/ brown sugar & cinnamon apples

ARBORS "PIZZA-PIZZA" **\$8.50**

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



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SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

CHICKEN AVOCADO CAPRESE **\$9**

Grilled chicken breast w/ romaine lettuce, fresh mozzarella cheese, grape tomatoes, red onions & avocado served w/ balsamic vinaigrette

ITALIAN CHOPPED SALAD **\$9**

Romaine lettuce, provolone cheese, salami, ham, banana peppers, red onion, grape tomatoes & olives. All toppings are chopped and tossed in Italian dressing

OPEN FACED TUNA MELT **\$7.50**

*Fresh Tuna Salad w/ melted Swiss cheese, bacon & sliced tomato
Served on a toasted English muffin*

GRILLED HAMBURGER **\$10**

*Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato and red onions
Add a slice of cheese if you like: American, Cheddar or Swiss*

MS. KITTY'S GRILLED CHEESE **\$6.50**

Grilled American cheese with vine-ripened tomatoes & applewood smoked bacon on griddled white toast

GRILLED HOT DOG **\$6**

½ lb. All beef hot dog served on a steamed roll

YOUR CHOICE OF 2 EGGS **\$4.50**

Fried or scrambled with toast

ALWAYS AVAILABLE **\$2**

Sweet potato fries, waffle fries, french fries, onion rings & coleslaw

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