






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>* Concerts on the square* Every Wednesday night starting at 6pm!</i></p> <p><i>*Military Band will play at 7pm on July 12th & 26th of this month on the square!</i></p> 	<p>10am Exercise Class 1 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>2pm Wonders of France Documentary (CC)*</p>	<p>10am Exercise Class 2 (CC)</p> <p>~Independent Activity~</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class 3 (CC)</p> <p>10:40am Walmart Grocery Outing</p> <p>1pm Knitting Group (3rd Floor)*</p>	<p>4TH OF JULY</p>	<p>10am Exercise Class 5 (CC)</p> <p>12pm to 2pm Art with Emily (CC)*</p> <p>~Independent Activity~</p>	<p>~Independent Activity~⁶</p> <p>6:30pm Bingo (CC)*</p>	
<p>2pm Church with Communion (CC)</p> <p>~Independent Activity~⁷</p>	<p>10am Exercise Class 8 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>1pm to 2pm Mariners Museum Speaker presentation about WINE! (CC)*</p>	<p>10am Exercise Class (CC) 9</p> <p>2pm to 3pm Monthly Birthday Social with entertainer Dan Smith! (DR)*</p> <p>3:30pm Happy Hour (CC)*</p> 	<p>10am Exercise Class (CC) 10</p> <p>10:40am Lidl/Aldi Grocery Outing</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Support Group (CC)*</p> <p>3pm to 4pm Entertainer Jack Gorman (DR)*</p>	<p>10am Exercise Class (CC) 11</p> <p>12pm Mary Torggler (Beyond The Veil) sign up required *We have a tour guide* (CC)*</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class 12 (CC)</p> <p>11am Patrick Henry Mall (Outing)*</p> <p>2pm French Ice Cream Social (CC)*</p> 	<p>~Independent Activity~¹³</p> <p>6:30pm Bingo (CC)*</p>	
<p>2pm Church Service (CC)</p> <p>~Independent Activity~¹⁴</p>	<p>10am Exercise Class 15 (CC)</p> <p>12pm to 1pm Bingo (MC)*</p> <p>2pm to 3pm Croissants & Coffee with Entertainer James "Blue" Curry! (DR)*</p>	<p>10am Exercise Class 16 (CC)</p> <p>12pm Lunch Outing (Cheddars) *sign up required*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 17</p> <p>10:40am Harris Teeter Grocery Outing</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>3pm to 4pm Memoir/Life Story Writing Class (MC)*</p>	<p>10am Exercise Class 18 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class 19 (CC)</p> <p>12pm to 2pm Art With Emily (CC)*</p> <p>1pm to 3pm Classic Car Show (Parking Lot)</p> <p>*Daiquiri Day* French Style</p>	<p>1pm Book Club Meeting (3rd Floor)*</p> <p>6:30pm Bingo (CC)*</p>	
<p>2pm Church Service (CC)</p> <p>~Independent Activity~²¹</p>	<p>10am Exercise Class 22 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>2:00pm New Resident Meet & Greet Social (CC)*</p>	<p>10am Exercise Class 23 (CC)</p> <p>11am to 12:30pm The Newsome House (Outing) *Sign up Required*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC) 24</p> <p>10:40am Food Lion Grocery Outing</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Support Group (CC)*</p>	<p>10am Exercise Class 25 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>1pm to 2pm Acrylic Paint Pour with Vanessa! (CC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class 26 (CC)</p> <p>~Independent Activity~</p>	<p>~Independent Activity~²⁷</p> <p>6:30pm Bingo (CC)*</p>	
<p>2pm Church Service (CC)</p> <p>~Independent Activity~²⁸</p>	<p>10am Exercise Class 29 (CC)</p> <p>1pm to 2pm Bingo (MC)*</p> <p>2:30pm Resident Show & Tell (CC)*</p>	<p>10am Exercise Class 30 (CC)</p> <p>2pm A Party In Paris! (DR)*</p> <p>3:30pm Happy Hour (CC)*</p> 	<p>10am Exercise Class (CC) 31</p> <p>10:40am Walmart Grocery Outing</p> <p>1pm Knitting Group (3rd Floor)*</p> <p>2pm Health & Wellness Event (Healthy Vision presentation) (CC)*</p>	 <p>SUMMER IN PARIS</p> <p>July 2024</p>			

~Quianna Terrell~Life Enrichment Director~

~The Arbors Independent Living Community~