

SUMMERTIME 5						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL ACTIVITIES ARE SUBJECT TO CHANGE W/ SHORT NOTICE	10:30 Paper & Coffee D 11:00 Cornhole D 11:45 Journey's Book Club H 12:00 Cinema Café D J 2:30 The Bingo Bunch D	10:30 Singspiration Hour w/ M.C. Jackson D 11:30 Target Ball D 12:00 Cinema Café D J 1:30 Listening Ears Group H 2:30 Watermelon Feast D 3:30 Bocce Ball D 7:00 Bingo Mania D	10:30 Resident Forum D 3 11:30 Better Days Meeting H 12:00 Cinema Café D 2:15 Retail Therapy at Family Dollar & Dollar Tree B 2:30 Sing for Joy D 3:00 Bible Study w/ Community Bible Church D	HAPPY FOURTH Cf JULY	10:15 Flower Club5w/ N.N. Master Gardeners J10:30 Game Lounge D10:30 Comedy Legends D10:45 Spades Club D10:45 File & Style Nails D2:30 Thirsty Pelican Pub D3:30 James River Speedway D	10:30 Bible Study6w/ Community Bible Study D11:30 Better Days Meeting H12:00 Cinema Café D2:30 Worship & Praisew/ Messiah Center Ch. D3:45 Splish SplashPainting Class D
7 Catholic Communion w/ w/ Our Lady of Mt. Carmel IR	8 10:30 Paper & Coffee D 11:00 SPCA Zoo D	9 10:30 All About Praise w/ Mission of Hope Min. D	10:30 Dirty Knuckles Garden Club G	11 10:30 Jackpot Fun D 12:00 Cinema Café D J	10:15 Flower Club 12 w/ N.N. Master Gardeners J 10:30 Game Lounge D	13 10:30 Bingo Blitz D 11:30 Better Days Meeting H
10:30 Soul Winning Disciples Ministry D 3:00 Joynes Road Church of God D	11:45 Journey's Book Club H 12:00 Cinema Café D J 2:30 The Bingo Bunch D	11:30 Target Ball D 12:00 Cinema Café D J 1:30 Listening Ears Group D 2:30 Ice Cream Party D 3:30 Answer, Spin & Win D 7:00 Bingo Mania D	11:00 Chair Zumba w/Peggy D 11:30 Better Days Meeting D 12:00 Cinema Café D J 2:15 Scenic Ride: Yorktown B 2:30 Beach Ball D 3:30 Color Me Calm D	2:30 Body PHIT w/ Kim D 4:00 Bingo Bandits D 7:00 Therapy Dogs Visit IR 7:00 Bible Bingo w/ Feed My Sheep Ministry D	10:30 Comedy Legends D 10:45 Spades Club D 10:45 File & Style Nails D 12:00 Cinema Café D J 2:30 Thirsty Pelican Pub D 3:30 James River Speedway D	12:00 Cinema Café D J 2:30 Worship & Praise w/ The Empowerment Zone D 3:45 Heads Up Game D
14 Catholic Communion w/ w/ Our Lady of Mt. Carmel IR 10:30 Soul Winning Disciples Ministry D 3:00 Sunday School w/ JTC LifeChanging Ctr. D	15 10:30 Paper & Coffee D 11:00 Cornhole D 11:45 Journey's Book Club H 12:00 Cinema Café D J 2:30 The Bingo Bunch D	16 10:30 Singspiration Hour w/ M.C. Jackson D 11:30 Target Ball D 12:00 Cinema Café D J 1:30 Listening Ears Group H 3:00 Main Street Market D 7:00 Bingo Mania D	10:15 Dirty Knuckles Garden Club G 11:00 Chair Zumba w/Peggy D 11:30 Better Days Meeting H 12:00 Cinema Café D 2:30 Sing for Joy D 3:00 Bible Study w/ Community Bible Church D 6:00 Peninsula Pilots Game B	18 10:30 Faith Deliverance Baptist Church D 12:00 Cinema Café D J 2:30 Body PHIT w/ Kim D 4:00 Bingo Bandits D	10:15 Flower Club 19 w/ N.N. Master Gardeners J10:30 Game Lounge D10:30 Comedy Legends D10:45 Spades Club D10:45 File & Style Nails D2:30 Thirsty Pelican Pub D3:30 James River Speedway D	20 10:30 Music & Fun W/ Ukulele Chuck D 11:30 Better Days Meeting H 12:00 Cinema Café D J 2:30 Family Light Baptist Church D 3:45 Heads Up Game D
21 Catholic Communion w/ w/ Our Lady of Mt. Carmel IR 10:30 Soul Winning Disciples Ministry D 3:30 Bible Study w/ Community Bible Ch. D	22 10:30 Paper & Coffee D 11:00 Axe Throwing D 11:45 Journey's Book Club H 12:00 Cinema Café D J 2:30 The Bingo Bunch D	23 10:30 All About Praise w/ Mission of Hope Min. D 11:30 Target Ball D 2:30 Apple Pie & Ice Cream Party D 3:00 Trivia Blast D 7:00 Bingo Mania D	10:30 Dirty Knuckles 24 Garden Club G 11:00 Chair Zumba w/Peggy D 11:30 Pawsitive Therapy w/ Leslie & the Kittens D 2:15 Retail Therapy at Rose's Department Store B 2:30 Beach Ball D 3:30 Color Me Calm D	25 10:30 Jackpot Fun D 12:00 Cinema Café D J 2:30 Body PHIT w/ Kim D 4:00 Bingo Bandits D 7:00 Therapy Dogs Visit IR 7:00 Bible Bingo w/ Feed My Sheep Ministry D	10:15 Flower Club26w/ N.N. Master Gardeners J10:30 Game Lounge D10:30 Comedy Legends D10:45 Spades Club D2:30 Thirsty Pelican Pub D3:30 James River Speedway D7:00 Sound Loungew/ New Sound Alliance	27 10:30 Bingo Blitz D 11:30 Better Days Meeting H 12:00 Cinema Café D J 2:30 Ebenezer Baptist Church D 3:45 Bingo Fun w/ God's Rainbow C D
28 Catholic Communion w/ w/ Our Lady of Mt. Carmel IR 10:30 Soul Winning Disciples Ministry D	29 10:30 Paper & Coffee D 11:00 Sit & Be Fit D 11:45 Journey's Book Club H 12:00 Cinema Café D J 2:30 The Bingo Bunch D	30 10:30 Paper & Coffee D 11:00 Bocce Ball D 11:30 Gratitude Club D 2:30 Monthly Birthday C e I e b r a t I o n D 3:30 July Trivia Fun D 7:00 Bingo Mania D	31 10:30 Dirty Knuckles Garden Club G 11:00 Chair Zumba w/Peggy D 11:45 Lunch Buddies Club at Poquoson Diner 2:30 Newmarket Lanes Pizza & Bowling Fun D 3:30 Cinemaniacs Theater	Calendar Codes: $D =$ Main Dining Room $J =$ June Mencer Dining Room $M =$ Ruth Douglas Lounge $B =$ Bus Trip $R =$ In Room $H =$ Huntington Music Room $F =$ G.S. Mitchell Florida Room $W =$ Warwick Day Room $G =$ Eric Jimmison Garden $WC =$ Warwick Courtyard	2024 Activit	ies Calendar
Shawn Hanberry, Activities Director Chasity Paul, Activities Assistant					James River	





VHS Your best life is our mission.

NURSING & REHABILITATION CENTER