



MCU MAY 2024



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Jennifer Caldwell: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Owned and operated by VIRGINIA HEALTH SERVICES	MOTHER'S DAY MAY 12TH	<i>Abingdon Unit=A</i> <i>Memory Care Unit=M</i> <i>Strolling=S</i> <i>Courtyard=C</i> <i>Main dining room=D</i>	1 10:00 LIVE PIANO =A 10:00 A.M. STRETCH=M 11:30 HORSE RACES=A 12:00 FOLD & SORT=M 2:30 BOWLING=A 3:00 MUSIC FOR THE SOUL=M	2 10:00 BALLOON BOP=A 10:30 BALLOON FUN =M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 VELCRO DARTS=A 3:00 SING AND DANCE=M 3:30 DEBBIE AND FRIENDS=D	3 10:00 A.M. STRETCH=A 10:30 A.M. STRETCH=M 11:30 CINNABUN VISITS=A/M 2:30 BOWLING=A 3:00 TABLE TOP BALL=M	4 10:30 ALL DAY MUSIC =A&M 12:00 BALLOON FUN =A&M 2:00 DRAW/COLOR=A/M 3:00 WATCH A SHOW=A&M
5 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE =M 12:00 BALLOON FUN=A 2:30 BALLOON FUN=M 5:30 READ & SHARE=A	6 10:00 BALLOON BOP=A 10:30 SPCA VISITS=A/M 11:30 DANCE PARTY=A 12:00 MATCHING COLORS=M 2:30 PUTT PUTT GOLF=A 3:00 STACKING TILES=M 3:30 PUZZLES & GAMES=A	7 10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS & MUSIC=A 12:00 NAILS & MUSIC=M 2:30 BOOK MOBILE=A 3:00 BOOK MOBILE=M 3:30 CINNABUN VISITS=A/M	8 10:00 LIVE PIANO =A 10:00 A.M. STRETCH=M 11:30 BINGO FUN=A 12:30 FOLD & SORT=M 2:30 MAKE A CRAFT=A 3:00 MUSIC MANIA=M	9 10:00 BALLOON BOP=A 10:30 BALLOON FUN =M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 VELCRO DARTS=A 3:00 RING TOSS=M	10 10:00 A.M. STRETCH=A 10:30 A.M. STRETCH=M 11:30 CINNABUN VISITS=A/M 2:30 MOTHER'S SOCIAL=A 3:00 MOTHER'S SOCIAL=M	11 10:30 ALL DAY MUSIC =A&M 12:00 BALLOON FUN =A&M 2:00 DRAW/COLOR=A/M 3:00 WATCH A SHOW=A&M
NATIONAL SKILLED NURSING CARE WEEK MAY 12th - MAY 18TH						
12 HAPPY MOTHER'S DAY 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE =M 12:00 BALLOON FUN=A 2:30 BALLOON FUN=M 5:30 READ & SHARE=A	13 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 BALL IN THE HOLE=A 12:00 MATCHING COLORS=M 2:30 SNOW CONES=A 3:00 SNOW CONES=M 3:30 PUZZLES & GAMES=A HAWAIIAN DAY	14 10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS & MUSIC=A 12:00 NAILS & MUSIC=M 2:30 CHEESY CHIPS=A 3:00 CHEESY CHIPS=M 3:30 CINNABUN VISITS=A/M TIE-DYE DAY	15 10:00 LIVE PIANO =A 10:00 A.M. STRETCH=M 11:30 BEACH BALL=A 12:00 POPCORN TIME=M 2:30 POPCORN TIME=A 3:30 MUSIC FOR THE SOUL=M 70'S DISCO DAY	16 10:00 BALLOON BOP=A 10:30 BALLOON FUN =M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 ICE CREAM FLOATS=A/M WESTERN DAY	17 10:00 A.M. STRETCH=A 10:30 A.M. STRETCH=M 11:00 CINNABUN VISITS=A/M 2:30 MUSIC TIME. =A 3:00 MUSIC TIME=M NEON DAY	18 10:30 ALL DAY MUSIC =A&M 12:00 BALLOON FUN =A&M 2:00 DRAW/COLOR=A/M 3:00 WATCH A SHOW=A&M
19 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE =M 12:00 BALLOON FUN=A 2:30 BALLOON FUN=M 5:30 READ & SHARE=A	20 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 OFF TO THE RACES=A 12:00 WATER PAINTING=M 2:30 CORN HOLE=A 3:00 BEACH BALL TOSS=M 3:30 DECISION BALL=A 3:00 SORT SOCKS=M	21 10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS & MUSIC=A 12:00 NAILS & MUSIC=M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:30 CINNABUN VISITS=A/M 3:00 DO A PUZZLE=M	22 10:00 LIVE PIANO =A 10:00 A.M. STRETCH=M 11:30 HORSE RACES=A 12:00 MAGAZINE FUN=M 2:30 BOWLING=A 3:00 MUSIC FOR THE SOUL=M	23 10:00 BALLOON BOP=A 10:30 BALLOON FUN =M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 VELCRO DARTS=A 3:00 SING AND DANCE=M	24 10:00 A.M. STRETCH=A 10:30 A.M. STRETCH=M 11:30 CINNABUN VISITS=A/M 2:30 PUTT PUTT GOLF=A 3:00 PUTT PUTT GOLF=M	25 10:30 ALL DAY MUSIC =A&M 12:00 BALLOON FUN =A&M 2:00 DRAW/COLOR=A/M 3:00 WATCH A SHOW=A&M
26 10:30 CLAP & DANCE=A 11:00 CLAP & DANCE =M 12:00 BALLOON FUN=A 2:30 BALLOON FUN=M 5:30 READ & SHARE=A	27 MEMORIAL DAY 10:00 BALLOON PLAY=A 10:30 A.M. STRETCH=M 11:30 DANCE PARTY=A 12:00 FLAG COLORING=M 2:30 FLAG COLORING=A 3:00 MAGAZINES TIME=M 3:30 PUZZLES & GAMES=A	28 10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS & MUSIC=A 12:00 NAILS & MUSIC=M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:30 CINNABUN VISITS=A/M	29 10:00 LIVE PIANO =A 10:00 A.M. STRETCH=M 11:30 HORSE RACES=A 12:00 FLOWER COLLAGE=M 2:30 BOWLING=A 3:00 MUSIC =M	30 10:00 BALLOON BOP=A 10:30 BALLOON FUN =M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 BEACH BALL =A 3:00 DEBBIE AND FRIENDS=D	31 10:00 A.M. STRETCH=A 10:30 A.M. STRETCH=M 11:30 CINNABUN VISITS=A/M 2:30 PAPER AIRPLANE=A 3:00 PAPER AIRPLANE=M	Activities are subject to change