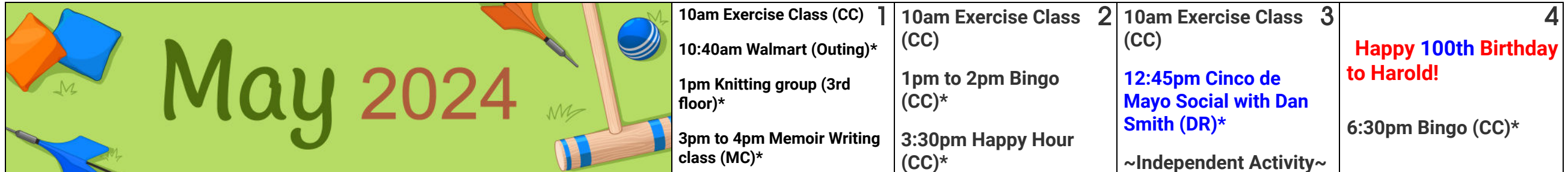




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; color: green;">May 2024</h1>						
5	9:15am CWA (Outing)* 10am Exercise Class (CC) 1pm to 2pm Bingo (MC)*	7	10am Exercise Class (CC) 10:40am Food Lion (Outing)* 1pm Knitting group (3rd floor)* 2pm to 3pm Ice Cream Sundaes (CC)*	9	10am Exercise Class (CC) 1pm to 2pm Bingo (CC)* 3:30pm Happy Hour (CC)*	11
2pm Church Service with Communion (CC) ~Independent Activity~ <small>Cinco de Mayo</small>	10am Exercise Class (CC) 11am Patrick Henry Mall (Outing)* 1pm to 2pm Bingo (MC)*	10am Exercise Class (CC) 11am Mary T. ~The Sculpture of Anna H. Huntington (Outing)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 10:40am Aldi/Lidl (Outing)* 1pm Knitting group (3rd floor)* 3pm to 4pm Memoir Writing class (MC)*	10am Exercise Class (CC) 1pm to 2pm Bingo (MC)* 2pm Mariners Museum Speaker (CC)* 3:30pm Happy Hour (CC)	10am Exercise Class (CC) 12:45 Mother's Day Lunch (DR)* Special Guest Ray Burner ~Independent Activity~	~Independent Activity~ 6:30pm Bingo (CC)*
12	13	14	15	16	17	18
2pm Church Service (CC) 	10am Exercise Class (CC) 11am CWA (Outing)* 1pm to 2pm Bingo (MC)*	10am Exercise Class (CC) 2pm Monthly Birthday Social (DR)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 10:40am Harris Teeter (Outing)* 1pm Knitting group (3rd floor)* 3pm to 4pm Memoir Writing class (MC)*	10am Exercise Class (CC) 1pm to 2pm Bingo (CC)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 12-2pm Art with Emily (CC)* ~Independent Activity~	1pm Book Club Meeting (3rd floor)* 6pm Bingo (CC)* <small>Armed Forces Day</small>
19	20	21	22	23	24	25
2pm Church Service (CC) ~Independent Activity~	9:15am CWA (Outing)* 10am Exercise Class (CC) 1pm to 2pm Bingo (MC)*	10am Exercise Class (CC) 12pm Chicken Salad Chick (Lunch Outing)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 10:40am Harris Teeter (Outing)* 1pm Knitting group (3rd floor)* 2pm Health & Wellness ~Stroke Awareness Presentation~ (CC)	10am Exercise Class (CC) 1pm to 2pm Bingo (CC)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 1pm Memorial Day (Hamburger and Hot Dogs)* (DR)* ~Independent Activity~	11am Fun Day Before Sunday-Game Day!! (CC)* 6:30pm Bingo (CC)*
26	27	28	29	30	31	
2pm Church Service (CC) ~Independent Activity~	10am Exercise Class (CC) 1:00pm to 2:00pm Bingo (CC)* ~Independent Activity~ <small>Memorial Day</small>	10am Exercise Class (CC) 1:30pm Acrylic Paint Pour with glasses and Vases (CC)* *Sign up required by 5/21/24 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 10:40am Food Lion (CC)* 1pm Knitting group (3rd floor)* 2pm Dollar Tree (Outing)*	10am Exercise Class (CC) 1pm to 2pm Bingo (MC)* 3:30pm Happy Hour (CC)*	10am Exercise Class (CC) 12pm Art with Emily (CC)* ~Independent Activity~	

~Quianna Terrell~Life Enrichment Director~

~The Arbors Independent Living~