Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10am Exercise Class (CC)	10am Exercise Class 2	10am Exercise Class 3 (CC)	4
			10:40am Walmart (Outing)*	(CC)		Happy 100th Birthday to Harold!
	lay 202	24	1pm Knitting group (3rd floor)*	1pm to 2pm Bingo (CC)*	12:45pm Cinco de Mayo Social with Dan	
			3pm to 4pm Memoir Writing	3:30pm Happy Hour	Smith (DR)*	6:30pm Bingo (CC)*
			class (MC)*	(CC)*	~Independent Activity~	
5	9:15am CWA (Outing)*6	10am Exercise Class 7	10am Exercise Class (CC) 8	10am Exercise Class 9	10am Exercise Class 10	11 ~Independent
	10am Exercise Class	11am Mary T. ~The	10:40am Food Lion (Outing)*	(CC)	12:45 Mother's Day	Activity~
2pm Church Service with Communion (CC)	(CC)	Sculpture of Anna H. Huntington (Outing)*	1pm Knitting group (3rd floor)*	1pm to 2pm Bingo (CC)*	Lunch (DR)* Special Guest Ray	
~Independent Activity~	1pm to 2pm Bingo	3:30pm Happy Hour (CC)*			Burner	6:30pm Bingo
Cinco de Mayo	(MC)*		2pm to 3pm Ice Cream Sundaes (CC)*	3:30pm Happy Hour (CC)*	~Independent Activity~	(CC)*
2pm Church Service 12		10am Exercise Class ]4	10am Exercise Class (CC) ] 5	10am Exercise Class 16	10am Exercise Class 17	1mm Beack Club
(00)	(CC)	(CC)	10:40am Aldi/Lidl (Outing)*	1pm to 2pm Bingo (MC)*	(CC)	1pm Book Club Meeting (3rd floor)*
HAPPY	11am Patrick Henry	2pm Monthly Birthday	1pm Knitting group (3rd	2pm Mariners Museum	12-2pm Art with Emily	
Mother's	Mall (OUting)*	Social (DR)*	floor)*	Speaker (CC)*	(CC)*	6pm Bingo (CC)*
Day	1pm to 2pm Bingo (MC)*	3:30pm Happy Hour (CC)*	3pm to 4pm Memoir Writing class (MC)*	3:30pm Happy Hour (CC)	~Independent Activity~	Armed Forces Day
19	9:15am CWA (Outing)20	10am Exercise Class 21	10am Exercise Class (CC) 22	10am Exercise Class 23	10am Exercise Class 24	
2pm Church Service (CC)	10am Exercise Class	(CC)	10:40am Harris Teeter (Outing)*	(CC)	(CC)	Before Sunday-Game
	(CC)	12pm Chicken Salad	1pm Knitting group (3rd floor)*	1pm to 2pm Bingo	1pm Memorial Day	Day!! (CC)*
~Independent	1pm to 2pm Bingo	Chick (Lunch Outing*)	2pm Health & Wellness	(CC)*	(Hamburger and Hot Dogs)* (DR)*	6:30pm Bingo (CC)*
Activity~	(MC)*	3:30pm Happy Hour	~Stroke Awareness Presentation~ (CC)	3:30pm Happy Hour		
26	10am Exercise Class 27	(CC)* 10am Exercise Class (CC) <b>28</b>	10am Exercise Class (CC) <b>29</b>	(CC)* 10am Exercise Class 30	~Independent Activity~ 10am Exercise Class 3]	
2pm Church Service	(CC)	1:30pm Acrylic Paint Pour	10:40am Food Lion (CC)*	(CC)	(CC)	_M_
(CC)	1:00pm to 2:00pm	with glasses and Vases (CC)*	1pm Knitting group (3rd	1pm to 2pm Bingo	12pm Art with Emily	
~Independent	Bingo (CC)*	*Sign up required by 5/21/24	floor)*	(MC)*	(CC)*	
Activity~	~Independent Activity~	3:30pm Happy Hour (CC)*	2pm Dollar Tree (Outing)*	3:30pm Happy Hour	~Independent Activity~	
	Memorial Day 🚶			(CC)*		

~Quianna Terrell~Life Enrichment Director~

~The Arbors Independent Living~