

Sunday

Monday

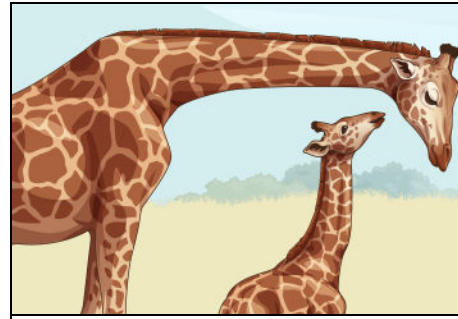
Tuesday

Wednesday

Thursday

Friday

Saturday



June 2024



							1 ~Independent Activity~ 6:30pm Bingo (CC)*
2 2pm Church Service with Communion (CC) ~Independent Activity~	3 10am The Golden-Agers Fitness Class (cc) 1pm to 2pm Bingo (MC)* ~Independent Activity~	4 10am The Golden-Agers Fitness Class (cc) 11am Patrick Henry Mall (Outing)* 3:30pm Happy Hour (CC)*	5 10am The Golden-Agers Fitness Class (cc) 10:40am Grocery Outing 1pm Knitting Group (3rd floor)* 3:00pm Memoir Writing Class (MC)*	6 10am The Golden-Agers Fitness Class (cc) 1pm to 2pm Bingo (MC)* 3:30pm Happy Hour (CC)*	7 10am The Golden-Agers Fitness Class (cc) 12pm Art with Emily (CC)* ~Independent Activity~	8 ~Independent Activity~ 6:30pm Bingo (CC)*	
9 2pm Church Service (CC) ~Independent Activity~	10 10am The Golden-Agers Fitness Class (cc) 12:45pm Tacos & Trivia (cc)* 1pm to 2pm Bingo (MC)*	11 10am The Golden-Agers Fitness Class (cc) 2pm Monthly Birthday Social with entertainer James "Blue" Curry! (DR)* 3:30pm Happy Hour (CC)*	12 10am The Golden-Agers Fitness Class (cc) 10:40am Grocery Outing 1pm Knitting Group (3rd Floor)* 2pm Emotional Support Group (CC)*	13 10am The Golden-Agers Fitness Class (cc) 1pm to 2pm Bingo (MC)* 3:30pm Happy Hour (CC)*	14 10am The Golden-Agers Fitness Class (CC) 12pm Dad's Diner (Lunch for Father's day) DR* ~Independent Activity~	15 ~Independent Activity~ 6:30pm Bingo (CC)*	
16 2pm Church Service (CC) HAPPY FATHER'S DAY	17 10am The Golden-Agers Fitness Class (cc) 10:40am Grocery Outing 1pm to 2pm Juneteenth Social (CC)* 1pm to 2pm Bingo (MC)*	18 10am The Golden-Agers Fitness Class (cc) 12pm Lunch Outing to Schooners *Sign up required* 3:30pm Happy Hour (CC)*	19 10am The Golden-Agers Fitness Class (CC) ~Residents Lead~ 3:00pm Memoir Writing Class (MC)* JUNETEENTH	20 10am The Golden-Agers Fitness Class (cc) 1pm to 2pm Bingo (MC)* 1:15pm Banana Split Social (CC)* 3:30pm Happy Hour (CC)*	21 10am The Golden-Agers Fitness Class (cc) 12pm Art with Emily (CC)* ~Independent Activity~	22 1pm Book Club Meeting (3rd floor) 6:30pm Bingo (CC)*	
23 2pm Church Service (CC) ~Independent Activity~	24 10:00am Alzheimer's Awareness Walk around the square 1pm to 2pm Bingo (MC)* ~Independent Activity~	25 10am The Golden-Agers Fitness Class (cc) 2pm Dollar Tree (Outing)* 3:30pm Happy Hour (CC)*	26 10am The Golden-Agers Fitness Class (cc) 10:40am Grocery Outing 1pm Knitting Group (3rd floor)* 2pm Emotional Support Group (cc)*	27 10am The Golden-Agers Fitness Class (cc) 2pm to 3pm Together We Rise Social with entertainers Lana & Kim! (DR)* 3:30pm Happy Hour (CC)* 	28 10am The Golden-Agers Fitness Class (cc) ~Independent Activity~	29 ~Independent Activity~ 6:30pm Bingo (CC)*	
30 2pm Church Service (CC) ~Independent Activity~	 The Arbors Independent Living Community						

~Quianna Terrell~Life Enrichment Director~