



The Arbors

INDEPENDENT LIVING

ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

CRISPY FRIED SHRIMP PLATTER **\$12**

Crispy Fried Jumbo Shrimp w/ hush puppies, French fries & coleslaw

ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS **\$10**

OVEN BAKED BBQ RIBS **\$10**

Tender half rack of ribs glazed with sweet BBQ sauce Served w/ warm cornbread

VEGETABLE QUESADILLA **\$9**

Crispy tortilla filled with Monterey jack and cheddar cheese blend w/ sautéed peppers & onions

SOUTHWEST SMOTHERED CHICKEN BREAST **\$10**

Grilled Chicken covered with melted jack cheese roasted corn & pepper mix and fresh avocados

ARBORS "PIZZA-PIZZA" **\$8.50**

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



The Arbors

INDEPENDENT LIVING

SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

CHILLED SALAD PLATTER **\$9**

Chicken salad, tuna salad, & cottage cheese over a bed of mixed greens served with a toasted croissant

MANDARIN CHICKEN SALAD **\$9**

Crispy fried chicken strips served over mixed greens w/ carrots, mandarin oranges & sesame seeds. Topped with crunchy Chow Mein noodles w/ sesame ginger vinaigrette

CALIFORNIA TURKEY CLUB **\$9**

Sliced turkey, provolone & bacon topped w/ lettuce, tomato avocado & ranch dressing on a brioche bun

GRILLED HAMBURGER **\$10**

*Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato and red onions
Add a slice of cheese if you like: American, Cheddar or Swiss*

MS. KITTY'S GRILLED CHEESE **\$6.50**

Grilled American cheese with vine-ripened tomatoes & applewood smoked bacon on griddled white toast

GRILLED HOT DOG **\$6**

½ lb. All beef hot dog served on a steamed roll

YOUR CHOICE OF 2 EGGS **\$4.50**

Fried or scrambled with toast

ALWAYS AVAILABLE **\$2**

Sweet potato fries, waffle fries, french fries, onion rings & coleslaw

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.