



MCU APRIL 2024



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Jennifer Caldwell: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Owned and operated by <u>VIRGINIA HEALTH SERVICES</u></p>	<p>1</p> <p>10:00 BALLOON BOP=A 10:30 PET THERAPY=A/M 11:30 DANCE PARTY=A 12:00 MATCH COLORS =M 2:30 PUTT PUTT=A 3:00 STACKING TILES= M 3:00 PUZZLES & GAMES=A</p>	<p>2</p> <p>10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS AND MUSIC =A 12:00 NAILS AND MUSIC=M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:00 CINNABUN VISITS=A/M</p>	<p>3</p> <p>10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 OFF TO THE RACES =A 12:00 FOLD & SORT =M 2:30 POPCRON MANIA=A&M 3:00SING ALONGS=M</p>	<p>4</p> <p>10:00 BASKETBALL=A 10:30 BASKETBALL=M 11:30 READ 2 CONNECT=A 12:00 READ 2 CONNECT=M 2:30 TOSS AND TALK=A 3:00 DEBBIE &FRIENDS=D</p>	<p>5</p> <p>10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 CINNABUN VISITS=A/M 12:00 MATCH CARDS=M 2:30 BOWLING=A 3:00 STACKING TILES=M 3:30 MUSIC & DANCE =A</p>	<p>6</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE =M</p>	
	<p>7</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 RELIGIOU READ AND SHARE =M</p>	<p>8</p> <p>0:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 BALL IN A HOLE=A 12:00 MATCH COLORS =M 2:30 SEASONAL COLOR=A 3:00 FOAM SHAPES=M</p>	<p>9</p> <p>10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS AND MUSIC=A 12:00 NAILS AND MUSIC=M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:00 CINNABUN VISITS=A/M</p>	<p>10</p> <p>10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 BINGO GAME =A 12:00 FOLD & SORT =M 2:30 BIRD FEEDER CRAFT=A 3:00 CLAP TO THE MUSIC=M</p>	<p>11</p> <p>10:00 BASKETBALL=A 10:30 BASKETBALL=M 11:30 NAME THAT TUNE=A 12:00 READ 2 CONNECT=M 2:30 READ 2 CONNECT=A 2:30 MUSIC / JOEL=D 3:00 BEAN BAG TOSS=M 3:30 RING TOSS=A</p>	<p>12</p> <p>10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 CINNABUN VISITS=A/M 12:30 KNOW ANIMALS=M 2:30 KNOW YOUR ANIMALS=A 3:00 FOLD AND SORT=M 3:30 MUSIC & DANCE =A</p>	<p>13</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE =M</p>
	<p>14</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 RELIGIOUS READ AND SHARE =M</p>	<p>15</p> <p>10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 OFF TO THE RACES=A 12:00 WATER PAINTING=M 2:30 CORN HOLE=A 3:00 DECUSION BALL=M</p>	<p>16</p> <p>10:00 GIANT KICKBALL=A 10:30 GIANT KICKBALL=M 11:30 NAILS AND MUSIC=A 12:00 NAILS AND MUSIC=M 2:30 READ 2 CONNECT=A 2:30 READ2 CONECT=M 3:00 CINNABUN VISITS=A/M</p>	<p>17</p> <p>10:00 LIVE PIANO=A 10:30 MORNINGSSTRETCH=M 11:30 PANCAKE TIME=A 12:00 PANCAKE TIME=M 2:30 STAMP ART=A 3:00 POPCORN MANIA=A&M</p>	<p>18</p> <p>10:00 BASKETBALL=A 10:30 BASKETBALL=M 11:30 STAMP ART =A 12:00 READ 2 CONNECT=M 2:30 READ 2 CONNECT=A 3:00 DEBBIE &FRIENDS=D</p>	<p>19</p> <p>10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 CINNSBUN VISITS=A/M 12:00 EDIBLE CRAFT=A 2:30 EDIBAL CRAFT=M 3:30 MUSIC & DANCE=A</p>	<p>20</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE =M</p>
	<p>21</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 RELIGIOUS READ AND SHARE =M</p>	<p>22</p> <p>10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 BALL IN A HOLE=A 12:00 MATCH COLORS =M 2:30 SEASONAL COLOR=A 3:00 FOAM SHAPES=M</p>	<p>23</p> <p>10:00 GIANT KICKBALL=A 10:30 GAINT=KICKBALL=M 11:30 NAILS AND MUSIC=A 12:30 NAILS AND MUSIC=M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:00 CINNABUN VISITS=A/M</p>	<p>24</p> <p>10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 BINGO GAME=A 12:00 FOLD & SORT =M 2:30 POPCORN MANIA=A 3:00 PUZZLES AND GAMES=M</p>	<p>25</p> <p>10:00 BASKETBALL=A 10:30 BASKETBALL=M 11:30 BALL IN A HOLE =A 12:00 READ CONNECT=M 2:30 READ CONNECT=A 3:00 FOAM BLOCKS=M 3:30 MUSIC & DANCE=A</p>	<p>26</p> <p>10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 CINNABUN VISITS=A/M 12:00 FOLD AND SORT=M 2:30 SOFT PRETZELS =A&M 3:00 BEAN BAG TOSS=M 3:30 MUSIC & DANCE=A</p>	<p>27</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 READ AND SHARE =M</p> <p>11-2 OUTREACH WITH PETSWORD BAPTIST CHURCH</p>
	<p>28</p> <p>10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 3:00 DRAW AND COLOR =A 5:30 REILGIOUS READ AND SHARE =M</p>	<p>29</p> <p>10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:00 BIRTHDAY PARTY=A/M 12:00 WATER PAINTING=M 2:30 CORN HOLE=A 3:00 MAGAZINE HOUR=M</p>	<p>30</p> <p>10:00 GIANT KICKBALL =A 10:30 GIANT KICKBALL=M 11:30 NAILS & MUSIC=A 12:00 NAILS AND MUSIC= M 2:30 READ 2 CONNECT=A 3:00 READ 2 CONNECT=M 3:00 CINNABUN VISITS =A/M</p>	<p><u>SNACKS ARE PROVIDED TWICE DAILY</u></p>		<p><u>ALTERNATE ACTIVITIES:</u></p> <p>MAGAZINES FOLD AND SORT OUTDOOR WALKS CHOOSE A SONG FIDGETS/SENSORY SPARKY THE DOG CINNABON THE BUNNY</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>