

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10am Exercise Class (CC) ~Resident Lead~</p> <p>1pm Bingo (MC)*</p> <p>6pm Movie & Popcorn (MC)*</p> <p>All Fools' Day</p>	<p>10am Exercise Class (CC)</p> <p>11am Patrick Henry Mall (Outing)</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC)</p> <p>10:40am Walmart (Outing)*</p> <p>1pm Knitting (3rd Floor)*</p> <p>3pm Memoir/Life Story Class (MC)*</p>	<p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10am Exercise Class (CC)</p> <p>12pm-2pm Art with Emily (CC)*</p> <p>7pm Movie & Popcorn (MC)*</p>	<p>~Sound as Medicine Workshop with Dr. McCracken~ 1pm to 4pm</p> <p>6:30pm Bingo (CC)*</p>
<p>7</p> <p>2pm Church Service with Communion (CC)*</p> <p>~Independent Activity~</p>	<p>8</p> <p>10am Exercise Class (CC)</p> <p>1pm Bingo (MC)*</p> <p>ECLIPSE WATCH PARTY (TIME:TBD)</p>	<p>9</p> <p>10am Exercise Class (CC)</p> <p>2pm Birthday Social (DR)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>10</p> <p>10am Exercise Class (CC)</p> <p>10:40am Aldi/Lidl (Outing)</p> <p>1pm Knitting (3rd Floor)*</p> <p>2pm Support Group (CC)*</p>	<p>11</p> <p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>12</p> <p>10am Exercise Class (CC)</p> <p>1pm-3pm Classic Car Show (Parking Lot)</p> <p>7pm Movie & Popcorn (MC)*</p>	<p>13</p> <p>~Independent Activity~</p> <p>6:30pm Bingo (CC)*</p>
<p>14</p> <p>2pm Church Service (CC)*</p> <p>~Independent Activity~</p>	<p>15</p> <p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>6pm Movie & Popcorn (MC)*</p>	<p>16</p> <p>10am Exercise Class (CC)</p> <p>1pm Trivia & Tea (CC)*</p> <p>3:30ppm Happy Hour (CC)*</p>	<p>17</p> <p>10am Exercise Class(CC)</p> <p>10:40am Food Lion (Outing)*</p> <p>1pm Knitting (3rd Floor)*</p> <p>3:00pm Memoir/Life Story Class (MC)*</p>	<p>18</p> <p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>19</p> <p>10am Exercise Class (CC)</p> <p>12pm to 2pm Art with Emily (CC)*</p> <p>7pm Movie & Popcorn (MC)*</p>	<p>20</p> <p>11am Fun day before Sunday~ Game Day with the D'Ursos (CC)*</p> <p>1pm Book Club (3rd Floor)*</p> <p>6:30pm Bingo (CC)*</p>
<p>21</p> <p>2pm Church Service (CC)*</p> <p>~Independent Living~</p>	<p>22</p> <p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>2:00pm Acrylic Paint Pour (CC)*</p>	<p>23</p> <p>10am Exercise Class (CC)</p> <p>12pm Surf Riders (Lunch Outing)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>24</p> <p>10am Exercise Class(CC)</p> <p>10:40am Harris Teeter (Outing)</p> <p>1pm Knitting (3rd Floor)*</p> <p>2pm Support Group (CC)*</p>	<p>25</p> <p>10am Exercise Class (CC)</p> <p>9:00am Trip to CA&J Farm (outing)* Sign up required</p> <p>1pm-2pm Bingo (MC)*</p> <p>3:30pm Happy Hour (CC)*</p>	<p>26</p> <p>10am Exercise Class</p> <p>1pm to 2pm The Earth Tones (DR)*</p> <p>7pm Movie & Popcorn (MC)*</p>	<p>27</p> <p>~Independent Activity~</p> <p>6:30pm Bingo (CC)*</p>
<p>28</p> <p>2pm Church Service (CC)*</p> <p>~Independent Living~</p>	<p>29</p> <p>10am Exercise Class (CC)</p> <p>1pm-2pm Bingo (MC)*</p> <p>2pm to 3pm Wine & Cheese Resident Social (CC)*</p>	<p>30</p> <p>10am Exercise Class (CC)</p> <p>2:00pm Dollar Tree (Outing)*</p> <p>3:30pm Happy Hour (CC)*</p>	<h1>April 2024</h1> <p>*The Arbors Independent Living Community*</p>			

~Quianna Terrell~Life Enrichment Director~