



The Arbors

INDEPENDENT LIVING

ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

GARLIC HERB SHRIMP SCAMPI **\$12**

Seasoned shrimp roasted in herb butter served over a bed of buttered angel hair pasta

**ARBORS GRILLED CHICKEN BREAST
OR CRISPY CHICKEN TENDERS** **\$10**

GRILLED HAMBURGER STEAK **\$10**

Grilled 8oz burger topped with sautéed onions & steak sauce served w/ jasmine rice

BOURBON GLAZED PORK TENDERLOIN **\$9**

Pork tenderloin medallions covered with bacon bits, fried onions & bourbon glaze

GRILLED CHICKEN CLUB **\$8**

Grilled chicken breast served on a brioche bun topped w/ lettuce, tomato, bacon & smoked spread

ARBORS "PIZZA-PIZZA" **\$8.50**

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

ARBORS CHILI **\$8.50**

Slow simmered beef chili served with warm cornbread (can be served with angel hair pasta)

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



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SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

SPRING BERRY SALAD **\$9**

*Fresh mix green & spinach blend w/ strawberries, blueberries, pecan pralines & feta cheese crumbles served w/ balsamic vinaigrette
Add chicken or shrimp.*

GRILLED CHICKEN COBB SALAD **\$9**

Fresh romaine lettuce w/ diced tomatoes, hard boiled eggs, blue cheese crumbles, bacon & corn. Served w/ grilled chicken breast & ranch dressing

ARBORS CLUB SANDWICH **\$8.50**

"Deli-style" turkey breast, smoked ham, applewood smoked bacon & swiss cheese with lettuce, tomato and 1000 Island dressing served on toasted sourdough

GRILLED HAMBURGER **\$10**

*Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato and red onions
Add a slice of cheese if you like: American, Cheddar or Swiss*

MS. KITTY'S GRILLED CHEESE **\$6.50**

Grilled American cheese with vine-ripened tomatoes & applewood smoked bacon on griddled white toast

GRILLED HOT DOG **\$6**

½ lb. All beef hot dog served on a steamed roll

YOUR CHOICE OF 2 EGGS **\$4.50**

Fried or scrambled with toast

ALWAYS AVAILABLE **\$2**

Sweet potato fries, waffle fries, french fries, onion rings & coleslaw

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