

ALL ACTIVITIES ARE SUBJECT TO CHANGE WITH SHORT NOTICE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>1</b></p> <p>10:30 THE BINGO BUNCH J 2:30 HEADS UP GAME D 3:30 IF THE WORD FITS D 3:30 STRONG &amp; STEADY M</p>	<p><b>2</b></p> <p>10:30 SINGSPARATION W/ M.C. JACKSON J 2:30 CINEMANIACS THEATER TO BE ANNOUNCED J 3:30 STRONG &amp; STEADY M 4:00 LISTENING EARS GRP F</p>	<p><b>3</b></p> <p>10:30 RESIDENT FORUM M 2:30 SING FOR JOY J 2:30 SPADES CLUB F 3:00 BIBLE STUDY W/ COMMUNITY BIBLE CH. J</p>	<p><b>4</b></p> <p>10:30 JACKPOT FUN J 2:30 BODY PHIT W/ KIM J 3:30 STRONG &amp; STEADY M</p>	<p><b>5</b></p> <p>10:15 FLOWER CLUB W/ N.N. MASTER GARDENERS J 10:30 COMEDY LEGENDS M 10:30 FILE &amp; STYLE NAILS D 2:30 BINGO BANDITS D</p>	<p><b>6</b></p> <p>10:30 BIBLE STUDY W/ COMMUNITY BIBLE CH D 2:30 PRAISE &amp; WORSHIP W/ MESSIAH CENTER CH. D</p>
<p><b>7</b></p> <p>CATHOLIC COMMUNION W/ OUR LADY OF MT CARMEL 10:30 SOUL WINNING DISCIPLE MINISTRY D 3:00 JOYNES ROAD CHURCH OF GOD D</p>	<p><b>8</b></p> <p>10:30 THE BINGO BUNCH D 2:30 ANSWER SPIN &amp; WIN D 3:30 STRONG &amp; STEADY M</p>	<p><b>9</b></p> <p>10:30 ALL ABOUT PRAISE W/ MISSION OF HOPE MIN. D 2:30 CINEMANIACS THEATER BOB MARLEY, ONE LOVE D 3:30 STRONG &amp; STEADY M 4:15 LISTENING EARS GRP. F 7:00 BINGO MANIA D</p>	<p><b>10</b></p> <p>10:30 MORNING NEWS M 11:00 CHAIR ZUMBA W/ PEGGY D 2:15 RETAIL THERAPY AT FAMILY DOLLAR B \$ 2:30 SPADES CLUB F 2:30 SPLISH SPLASH PAINTING CLASS D</p>	<p><b>11</b></p> <p>10:30 JACKPOT FUN 2:30 BODY PHIT W/ KIM D 3:30 JAMES RIVER SPEEDWAY D 3:30 STRONG &amp; STEADY M 4:30 CLEARER DAYS GRP F 7:00 BIBLE BINGO W/ FEED MY SHEEP MIN. D 7:00 THERAPY DOG VISITS</p>	<p><b>12</b></p> <p>10:15 FLOWER CLUB W/ N.N. MASTER GARDENERS J 10:30 COMEDY LEGENDS D 10:30 FILE &amp; STYLE NAILS D 2:30 BINGO BANDITS D 3:30 THE TIPSY TAVERN D</p>	<p><b>13</b></p> <p>10:30 PRIZE BINGO W/ RISSE GROUP D 2:30 PRAISE &amp; WORSHIP W/ THE EMPOWERMENT ZONE D</p>
<p><b>14</b></p> <p>CATHOLIC COMMUNION W/ OUR LADY OF MT. CARMEL 10:30 SOUL WINNING DISCIPLES MINISTRY D 3:00 SUNDAY SCHOOL W/ JTC LIFE CHANGING CTR D</p>	<p><b>15</b></p> <p>10:30 THE BINGO BUNCH D 2:30 HEADS UP! GAME D 3:30 IF THE WORD FITS D 3:30 STRONG &amp; STEADY M</p>	<p><b>16</b></p> <p>10:30 SINGSPARATION w/ M.C. JACKSON D 2:30 COOKING CAFÉ D BANANA PUDDING 3:30 STRONG &amp; STEADY M 4:15 LISTENING EARS F 7:00 BINGO MANIA D</p>	<p><b>17</b></p> <p>10:30 MORNING NEWS D 11:00 CHAIR ZUMBA W/ PEGGY D 2:15 SCENIC RIDE TO POQUOSON B 2:30 SING FOR JOY D 2:30 SPADES CLUB F 3:00 BIBLE STUDY W/ COMMUNITY BIBLE CH. D</p>	<p><b>18</b></p> <p>10:30 FAITH DELIVERANCE BAPTIST CHURCH D 2:30 BODY PHIT W/ KIM D 3:30 RIVER DOWNS HORSE RACING D 3:30 STRONG &amp; STEADY M 4:30 CLEARER DAYS F</p>	<p><b>19</b></p> <p>10:15 FLOWER CLUB W/ N.N. MASTER GARDENERS J 10:30 COMEDY LEGENDS D 10:30 FILE &amp; STYLE NAILS D 2:30 BINGO BANDITS D</p>	<p><b>20</b></p> <p>10:30 MUSIC &amp; FUN W/ UKULELE CHUCK D 2:30 FAMILY LIGHT BAPTIST CHURCH D</p>
<p><b>21</b></p> <p>CATHOLIC COMMUNION W/ OUR LADY MT. CARMEL 10:30 SOUL WINNING DISCIPLES MINISTRY D 3:30 BIBLE STUDY W/ COMMUNITY BIBLE CH D</p>	<p><b>22</b></p> <p>10:30 THE BINGO BUNCH D 2:30 CORNHOLE TOSS D 3:30 STRONG &amp; STEADY M</p>	<p><b>23</b></p> <p>10:30 ALL ABOUT PRAISE W/ MISSION OF HOPE MIN D 3:00 MAIN STREET MARKET D 3:30 STRONG &amp; STEADY M 4:15 LISTENING EARS F 7:00 BINGO MANIA D</p>	<p><b>24</b></p> <p>10:30 MORNING NEWS D 11:00 CHAIR ZUMBA W/ PEGGY D 2:15 LET'S GO TO THE MARINERS' MUSEUM B \$ 2:30 BEACH BALL D 2:30 SPADES CLUB F 3:30 COLORING FUN D</p>	<p><b>25</b></p> <p>10:30 JACKPOT FUN 2:30 BODY PHIT W/ KIM D 3:30 JAMES RIVER SPEEDWAY D 3:30 STRONG &amp; STEADY M 7:00 BIBLE STUDY W/ FEED MY SHEEP MIN. D 7:00 THERAPY DOGS VISIT</p>	<p><b>26</b></p> <p>10:15 FLOWER CLUB W/ N.N. MASTER GARDENERS J 10:30 COMEDY LEGENDS D 10:30 FILE &amp; STYLE NAILS D 2:30 BINGO BANDITS D 3:30 THE TIPSY TAVERN D</p>	<p><b>27</b></p> <p>10:30 CHRIST CHURCH MINISTRIES 2:30 EBENEZER BAPTIST CHURCH D</p>
<p><b>28</b></p> <p>CATHOLIC COMMUNION W/ OUR LADY OF MT. CARMEL 10:30 SOUL WINNING DISCIPLES MINISTRY D 2:30 EMPOWERED BELIEVERS CHRISTIAN LEARNING CTR. D</p>	<p><b>29</b></p> <p>10:30 THE BINGO BUNCH D 2:30 ANSWER SPIN &amp; WIN D 3:30 STRONG &amp; STEADY M</p>	<p><b>30</b></p> <p>10:30 MORNING NEWS D 11:00 SIT &amp; BE FIT D 11:30 GRATITUDE CLUB D 2:30 MONTHLY BIRTHDAY CELEBRATION D 7:00 BINGO MANIA</p>	<p><b>CALENDAR CODES:</b> D = MAIN DINING ROOM J = JUNE MENSER DINING RM M = RUTH DOUGLAS LOUNGE G = ERIC JIMMISON GARDEN B = BUS TRIP \$ = BRING \$\$ W = WARWICK DAY ROOM H = HUNTINGTON MUSIC RM C = CONFERENCE ROOM</p>			

Shawn Hanberry, Activities Director



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**James River**  
NURSING & REHABILITATION CENTER  
VHS Your best life is our mission.