113 Battle Rd. Yorktown, Va. 23692 (757) 243-8559

Kirstie Saunders, Director of Activities

March 2024



Mistic Gadriders, Birector	or / totavitios				_	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Cognitive/Creative =						2
Physical =					■ 10:00 Fetch w/ Copper* (1)	Daily Perk (1)
Reflective					■ 11:00 Mr. Hamilton (1)	
Social					2:00 Prize Bingo* (2)	Fill in the Blank (1)
Sensory					■ 3:00 Ice Cream Social (2)	— C.OO The Ceithern (A)
Nature						☐ 6:00 The Gaithers (A) Cox Channel 20
Outdoor						Cox Charmer 20
Productive						
3	4	5 Scheduled Transport	6 Salon Open	7	8	9
■ Daily Perk (1)	= 40.20 Obein Francisco	Available, must see Kirstie to		— 44.00 Managaria Bibla (0)	□ 10:00 Resident Forum* (2)	■ Daily Perk (1)
Bally Felk (1)	■ 10:30 Chair Exercise (2	2) Sign up! 9 am-12 pm	9:30 Tech Talk w/ Scot (1)	□ 11:00 Women's Bible (2) Study*	□ 10:00 Resident Forum* (2) ■ 11:00 Mr. Hamilton (1)	— Daily Ferk (1)
■Fill in the Blank (1)	■ 11:00 Mr. Hamilton (1) 11:00 Therapy Dogs Intl' (1)	Cellphone & IPAD's*	■ 11:15 Mr. Hamilton (1)	■ 2:00 Quarter Bingo* (2)	Fill in the Blank (1)
(1)	T1.00 Wil. Hamilton	1) 11:00 Therapy Dogs Intl' (1)	■ 10:30 Chair Exercise (2) ■ 11:15 Mr. Hamilton (1)	= 1:00 Trip: Sweet Frogs (1)	3:00 Ice Cream Social (2)	()
	■ 2:00 Horse Racing (2	2) = 2:00 Flower arranging (2)	■ 2:00 Quilting w/ Gala* (2)	Frozen Yogurt*	■ 3:30 Group Crossword (2)	□ 6:00 The Gaithers (A)
	Game*	class w/ Grace	= 2.00 Quitting W/ Gala (2)	3:00 The Library: (1)	Puzzle	Cox Channel 20
		Episcopal Church*		-Uno Game*	■ 4:15 Matthew on Piano (1)	
10 Daylight Savings	11 Ramadan Begins	12 Scheduled Transport	13 Salon Open	14	15 Wear Green!	16
Time (Spring Forward)	namadan begins	Available, must see Kirstie to	Saion Open		15 Wear Green:	
Time (opining i diward)	■ 10:30 Chair Exercise (2	Sign up! 9 am-12 pm	■ 10:30 Chair Exercise (2)	□ 11:00 Women's Bible (2)	■ 10:00 Buddy the (1)	■ Daily Perk (1)
■Daily Perk (1)		1)	(2)	Study*	Mini Horse*	Winter at Tring and Lingdo * (0)
	= 1:00 Trip: York Library (1	1) 11:00 Therapy Dogs Intl' (1)	■ 11:00 Mr. Hamilton (1)	■11:15 Mr. Hamilton (1)	■ 11:00 Mr. Hamilton (1)	■ Virtual Trip w/ Linda* (2)
□ 3:30 KLEM Ministry	Color & Convo*			12:00 Trip: Andersons* (1)	■ 1:30 Quarter Bingo* (2)	-Ireland
By Elder Lucas* (1)	ļ	1) = 2:00 Painting Class* (2)	■ 2:00 Billiards Game* (3)	3:00 The Library: (1)	■ 3:30 Irish Pub Crawl* (1)	□ 6:00 The Gaithers
	Drink of the Day!*	-Wooden Crosses		Dominoes*		Cox Channel 20 (A)
17 St. Patrick's Day	18	19 Scheduled Transport	20 Salon Open	21 Library Drop Off	22	23
77 Gu Faurok S Bay		Available, must see Kirstie to	Library Pick Up	Library Brop en		
Daily Perk (1)	■10:30 Cat visits w/ GMHS* (Sign up! 9 am-12 pm		□ 10:30 Hymns & Tea* (2)		■Daily Perk (1)
,		■ 10:00 March Madness (1)	■ 10:30 Chair Exercise (2)	■ 11:15 Mr. Hamilton (1)	11:00 Mr. Hamilton (1)	Fill in the Blank (1)
■ Word Elimination (1)	■ 11:30 Mr. Hamilton (1) Worksheet*		12:00 TRIP: Mariners (1)	2:00 Quarter Bingo* (2)	■2:00 Bingo with (2) Delta Gamma*
	■ 2:00 Fairfield Foundation (2	11:00 Therapy Dogs Intl' (1)	■ 11:00 Mr. Hamilton (1)	Museum*	■ 3:00 Ice Cream Social (2) ■ 4:00 Egg Hunt (1)	□ 6:00 The Gaithers
	-Artifact Bingo*	2.00 Diffiliday Celebration (1)	2:00 Tea Party (2)	3:30 The Library: (1)	4.00 Lgg Hant (1)	Cox Channel 20 (A)
	7	w/ entertainment by Kevin Berry*	"BEE our Guest"*	-Uno Game*		Sox Sharmer 25 (71)
		<u>,</u>				
24 Palm Sunday	25 Holi	26 Scheduled Transport	27 Salon Open	28	29 Good Friday	30
Doily Dorle (4)	■ 10:30 Chair Exercise (2	Available, must see Kirstie to Sign up! 9 am-12 pm	■ 10:30 Chair Exercise (2)	□ 10:30 Hymns & Tea* (2)	9:00 Eriod Fac Frido:* (4)	■ Daily Perk (1)
Daily Perk (1)	- 10.00 Oriali Exercise (A	Sign up! 9 am-12 pm	— 10.00 Onan Exercise (2)	□ 10:30 Hymns & Tea* (2) ■ 11:15 Mr. Hamilton (1)	■ 8:00 Fried Egg Friday* (1) ■ 10:30 The Fuzzy Ear (1)	
□ 3:30 Klem Ministry	■ 11:00 Mr. Hamilton (1) = 11:00 Therapy Dogs Intl' (1)	■11:00 Mr. Hamilton (1)	☐ 1:00 Trip: Food Lion* (1)		■ Word Unscramble (1)
By Elder Lucas* (1)	,	2:00 Wine tasting & the (2)		3:00 The Library: (3)	■ 11:30 Mr. Hamilton (1)	
,	■ 2:00 Manicures & (1	1) Cadbury Experience*	2:00 3 rd Floor Cinema (3)	-Name that tune*	■ 2:00 Quarter Bingo* (2)	= 6:00 The Gaithers
31 Easter Sunday	Drink of the Day!*	■ 3:30 Scottish Dance (1)	- Baseball Opening		■ 3:00 Ice Cream Social (2)	Cox Channel 20 (A)
Daily Perk (1)		Performance*	Season Party*		4:15 Katie on Flute (1)	
Easter Word (1)						
Search						