

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<h1>March 2024</h1>										10:00am Exercise Class(CC) 1 12:00pm Art with Emily (CC)* 6:00pm Movie & Popcorn (MC)*		2 ~Independent Activity~ 6:30pm Bingo (CC)*	
3 2:00pm Church Service [CC]* 6:00pm Movie & Popcorn [MC]*		10:00am Exercise Class(CC)4 11:30am Bingo (MC)* 2:00pm to 3:00pm Group Creativity Session (CC)* with Linda Hansen		5 10:00am Exercise Class (CC) 10:40am Walmart (Grocery Outing)* 3:30pm Happy Hour (CC)*		6 8:00am Liberty Live Church (Outing)* 10:00am Exercise Class (CC) 1:00pm Knitting (3rd floor)* 3:00pm Memoir Writing Class (MC)*		7 10:00am Exercise Class (CC) 1:00pm Bingo (MC)* 3:30pm Happy Hour (CC)*		8 10:00am Exercise Class (CC) 12pm International Women's Day Brunch (DR)* 6:00pm Movie & Popcorn(MC)* 		9 ~Independent Activity~ 6:30pm Bingo (CC)*	
10 2:00pm Church Service [CC]* 6:00pm Movie & Popcorn[MC]* Ramadan Begins Daylight Saving Time Begins		11 10:00am Exercise Class (CC) 1:00pm Bingo MC)* 2:30pm Dollar Tree (Outing)*		12 10:00am Exercise Class (CC) 2:00pm Birthday Social (DR)* 3:30pm Happy Hour (CC)*		13 10:00am Exercise Class (CC) 10:40am Harris Teeter (Grocery Outing)* 1:00pm Knitting (3rd Floor)* 2:00pm Support Group (CC)*		14 10:00am Exercise Class (CC) 1:00pm Bingo (MC)* 2:00pm Lana & Kim (DR)* Entertainment 3:30pm Happy Hour (CC)*		15 10:00am Exercise Class(cc) 1:00pm Saint Patrick's Day Social (DR)* 6:00pm Movie & Popcorn (MC)*		16 ~Independent Activity~ 6:30pm Bingo (CC)*	
17 2:00pm Church Service [CC]* 6:00pm Movie & Popcorn [MC]* St. Patrick's Day 		18 10:00am Exercise Class(cc) 1:00pm Bingo (MC)* 2:00pm Wine & Cheese Resident Social (CC)*		19 10:00am Exercise Class (CC) 12pm Lunch Outing (TBD)* 3:30pm Happy Hour (CC)* Spring Begins		20 10:00am Exercise Class (CC) ~Resident Lead~ 10:40am Aldi/Lidl (Grocery Outing)* 1:30pm Health & wellness Event (CC)* 3:00pm Memoir Writing Class (MC)*		21 10:00am Exercise Class (CC) 1:00pm Bingo (MC)* 3:30pm Happy Hour (CC)*		22 10:00am Exercise Class (CC) 12:00pm Art with Emily (CC)* 6:00pm Movie & Popcorn (MC)*		23 11:00am Fun Day Before Sunday with the D'Ursos(CC)* 6:30pm Bingo (CC)*	
24 2:00pm Church Service [CC]* 6:00pm Movie & Popcorn [MC]* Palm Sunday		25 10:00am Exercise Class (CC) 1:00pm Bingo (MC)* 2:30pm Men's Group (CC)*		26 10:00am Exercise Class (CC) 1:00pm Easter Egg Coloring (CC)* 3:30pm Happy Hour (CC)*		27 10:00am Exercise Class (CC) 10:40am Food Lion (Grocery Outing)* 1:00pm Knitting (3rd Floor)* 2:00pm Support Group (CC)*		28 10:00am Exercise Class (CC) 1:00pm Bingo (MC)* 3:30pm Happy Hour (CC)*		29 10am Exercise Class (CC) 2:00pm Easter Egg Hunt (Meet in the Lobby) 6:00pm Movie & Popcorn (MC)*		30 ~Independent Activity~ 6:30pm Bingo (CC)*	
31 2:00pm Church Service [CC]*  EASTER SUNDAY		*The Arbors Independent Living Community*											

~Quianna Terrell~Life Enrichment Director~