

The Arbors

INDEPENDENT LIVING



ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

SHRIMP & GRITS **\$12**

Garlic herb sautéed shrimp served over creamy parmesan cheese grits

ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS **\$10**

TURKEY POT PIE **\$8**

Tender cuts of turkey and vegetables simmered in a creamy sauce served w/ a golden crispy puff pastry crust

PORK LOIN W/ CINNAMON APPLES **\$10**

Thin cuts of roasted pork loin served with cinnamon spiced apples

FRIED CAPTAINS PLATTER **\$10**

Crispy Fried flounder fillet served w/ hush puppies & cole slaw

ARBORS "PIZZA-PIZZA" **\$8.50**

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

ARBORS FRENCH DIP **\$10**

Tender sliced roast beef and provolone cheese served on a toasted hoagie roll w/ au jus

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

CLASSIC CAESAR SALAD **\$9**

Fresh romaine lettuce, cherry tomatoes & croutons tossed in a creamy Caesar dressing topped with grilled chicken

GROUND BEEF TACO SALAD **\$9**

Fresh romaine lettuce w/ diced onion, corn, shredded cheese, crispy tortilla chips and seasoned ground beef

ARBORS CLUB SANDWICH **\$8.50**

"Deli-style" turkey breast, smoked ham, applewood smoked bacon & swiss cheese with lettuce, tomato and 1000 Island dressing served on toasted sourdough

GRILLED HAMBURGER **\$10**

Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato and red onions

Add a slice of cheese if you like: American, Cheddar or Swiss

MS. KITTY'S GRILLED CHEESE **\$6.50**

Grilled American cheese with vine-ripened tomatoes & applewood smoked bacon on griddled white toast

GRILLED HOT DOG **\$6**

½ lb. All beef hot dog served on a steamed roll

YOUR CHOICE OF 2 EGGS **\$4.50**

Fried or scrambled with toast

ALWAYS AVAILABLE **\$2**

Sweet potato fries, waffle fries, french fries, onion rings & coleslaw

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