



## Helping our Residents live their best life

Coliseum Nursing & Rehabilitation Center, a 180-bed facility located in the Coliseum area of Hampton, has private and semi-private accommodations. Our skilled team of RNs, LPNs and CNAs provide around-the-clock care.

The team at Coliseum Nursing & Rehabilitation Center wants to help individuals live their best life. We offer skilled nursing and long-term care, on-site dialysis, respite care and in-house rehabilitation services. The individual and their physician will determine what is the best fit.

From the start, our Residents and their families meet with our team members to establish a plan of care. A Resident Navigator will help introduce individuals and their loved ones to the facility and ease the transition process.

The interdisciplinary care plan team includes our nursing staff, social workers, recreational professionals, therapists and dietitians. The individuals in our care know from the time they arrive, they will be helped in living their best life.

A team of physical, occupational and speech therapists from VHS Rehabilitation will work with individuals to recover from injury or help with daily life skills.

### HAVE PEACE OF MIND WITH US

Coliseum Nursing & Rehabilitation Center offers many services to its Residents



**5 star**  
CMS Quality Measures



**2023**  
Newsweek Best Nursing Home



**Lowest**  
Nursing staff turnover in Hampton



**Lowest**  
ED Transfer rate in Hampton



**On-Site**  
Dialysis



**On-site**  
Rehabilitation Therapy Room



**Certified**  
Wound Nurse & Infection Preventionist



**Medication**  
Services provided by VHS Pharmacy

### What is skilled care?

Individuals seeking skilled care need post-acute care, and are often shorter-term stays. Those in skilled care often need physician-prescribed physical, speech and/or occupational therapy to recover from significant surgery, or a stroke, respiratory, heart or kidney issues, and need additional care after being discharged from a hospital. Individuals also may require wound care, injection therapies, monitoring of vital signs and medical equipment that can't be found in a home.

### What is long-term care?

When care needs become too much to go home, our long-term care provides a safe environment. Residents in long-term care need daily help with toileting, dressing, bathing, eating and have ambulatory and other health issues that require constant care and supervision.

### What is respite care?

If an individual needs a brief recovery period following an illness, accident, surgery or other medical problem, Virginia Health Services offers respite – or short-term nursing – care. We also offer respite care for individuals whose families need additional care giving support during emergencies or vacations.

### PAYING FOR CARE

Coliseum Nursing & Rehabilitation Center accepts:

- Medicare
- Medicaid
- Private pay
- Most commercial insurances

### IN-HOUSE REHABILITATION

VHS Rehabilitation provides physical therapy, speech therapy and occupational therapy services on-site. The VHS Rehabilitation team takes pride in its ability to return individuals to their highest levels of function.

Programs are individually geared to each individual's needs or requirements so that appropriate functional skills can be identified, learned and reinforced.


Our team of dedicated professionals can rebuild hope, confidence and self-respect in individuals in need of physical, occupational and speech therapy.

### ON-SITE DIALYSIS

Virginia Health Services provides on-site dialysis treatments in partnership with DaVita at Coliseum Nursing and Rehabilitation Center in Hampton. Residents on dialysis can dialyze conveniently and comfortably—with no more trips to a dialysis center. By removing the need to travel to treatment, residents may experience reduced stress and benefit from smoother care coordination between their care team, nephrologist and on-site DaVita care team.

### READY TO LEARN MORE?

Give us a call at **757-827-8953** to schedule a personal tour of Coliseum Nursing & Rehabilitation Center. We are here to answer any questions and help you get started.

“  
  
 ... my mom felt safe during her stay. the staff, especially PT (Briggett)/OT, the nursing & admin staff, was kind. ...  
 Evangeline Jacobs  
 ”

“  
  
 The rehab experience was excellent they are very helpful and show compassion for the pts. They make you feel very important. I highly recommend if you need rehab to seriously consider Coliseum. Nursing has been good as well, overall a great experience.  
 Brenda Caldwell  
 ”

“  
  
 Very awesome staff in rehab!! They worked very hard with me daily to get me ready to go home!  
 Jessie Kelly  
 ”

