

# The Arbors

INDEPENDENT LIVING



## ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

### **VEGETABLE QUESADILLA** **\$8.50**

*Golden brown tortilla filled with peppers, onions, and monterey jack cheese blend*

*\*Add Chicken\* \$2.00*

### **ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS** **\$10**

### **CHICKEN ALFREDO** **\$8**

*Sautéed chicken breast over fettuccine pasta and creamy alfredo sauce, topped with parmesan cheese*

### **ARBORS POT ROAST** **\$9**

*Tender cuts of roasted beef served with brown gravy and cornbread*

### **FRIED OYSTER PLATTER** **\$13**

*Lightly breaded, deep fried oysters served with hush puppies and choice of french fries or onion rings*

### **ARBORS "PIZZA-PIZZA"** **\$8.50**

*Personal flat bread pizza: cheese/pepperoni/supreme/veggie*

### **FRIED PORKCHOP SANDWICH** **\$8**

*Fried porkchop with lettuce and tomato on a brioche bun*

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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## SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

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|---|---------------|
| <b>CLASSIC CHEF SALAD</b>   | <b>\$8</b>    |
| <i>Fresh romaine lettuce topped with ham, turkey, bacon, cheese, diced eggs, cucumbers, cherry tomatoes and red onion served with choice of dressing</i>                              |               |
| <b>CRISPY CHICKEN MANDARIN SALAD</b>  | <b>\$8.50</b> |
| <i>Fresh mixed greens topped with crispy chicken strips, shredded carrots, crispy chow mein noodles, mandarin oranges then finished with toasted sesame seeds and ginger dressing</i> |               |
| <b>ARBORS CLUB SANDWICH</b>   | <b>\$8.50</b> |
| <i>"Deli-style" turkey breast, smoked ham, applewood smoked bacon &amp; swiss cheese with lettuce, tomato and 1000 Island dressing served on toasted sourdough</i>                    |               |
| <b>GRILLED HAMBURGER</b>  | <b>\$10</b>   |
| <i>Grilled 100% beef ½ lb hamburger served on a griddled roll with lettuce, tomato and red onions</i>   |               |
| <i>Add a slice of cheese if you like: American, Cheddar or Swiss</i>  |               |
| <b>MS. KITTY'S GRILLED CHEESE</b>   | <b>\$6.50</b> |
| <i>Grilled American cheese with vine-ripened tomatoes &amp; applewood smoked bacon on griddled white toast</i>  |               |
| <b>GRILLED HOT DOG</b>  | <b>\$6</b>    |
| <i>½ lb. All beef hot dog served on a steamed roll</i>  |               |
| <b>YOUR CHOICE OF 2 EGGS</b>  | <b>\$4.50</b> |
| <i>Fried or scrambled with toast</i>  |               |
| <b>ALWAYS AVAILABLE</b>   | <b>\$2</b>    |
| <i>Sweet potato fries, waffle fries, french fries, onion rings &amp; coleslaw</i>   |               |

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