
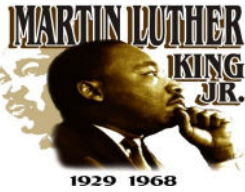



MCU JANUARY 2024

WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Stephanie Williams: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>				MAY 2024 BE A HEALTHY ONE		 1929 1968
	1 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 OFF TO THE RACES=A 12:00 TEXTILES=M 2:30 CORN HOLE=A 3:30 NURSERY TIME=M 3:30 NAME THAT TUNE=A	2 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 READ CONNECT=M 2:30 RING TOSS= A 3:30 NURSERY TIME=M 4:30 ADULT COLORING=A	3 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP=M 11:30 DANCE PARTY=A 12:00 MATCH COLORS =M 2:30 TOSS AND TALK=A 3:00 SNOWMAN CRAFT= M 3:30 PUZZLES & GAMES=A	4 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 READ CONNECT=M 2:30 BOWLING=A 3:00 DEBBIE & FRIENDS=D 3:30 NURSERY TIME=M	5 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 MANICURES =A 12:00 MANICURES=M 2:00 SING AND DANCE=A 2:30 MOVE TO THE MUSIC=M 3:30 CRAFTING FUN=A 4:15 MOVIE TIME=A	6 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
7 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	8 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 DANCE PARTY=A 12:00 MATCH COLORS =M 2:00 PET VISITS=A/M 2:30 PUTT PUTT=A 3:00 SNOWFLAKE CRAFT= M 3:30 PUZZLES & GAMES=A	9 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 READ CONNECT=M 2:30 BINGO=A 3:30 COLORING PENS=M	10 10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 OFF TO THE RACES=A 12:00 FOLD & SORT =M 2:30 BALLOON BOP=A 3:00 SING ALONGS=M	11 10:00 BALLOON BOP =A 11:00 BALLOON BOP=M 11:30 CINNABON VISIT=A 12:00 CINNABON VISIT= M 2:30 MUSIC AND FRIENDS=A 3:30 SING AND DANCE=M	12 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 PICTURE MATCH=A 2:30 MANICURES=A 3:00 MANICURES=M 3:30 FINISH THE LYRICS=A 4:15 MOVIE=A	13 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
14 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M	15 Martin Luther King, Jr Day 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 MARTIN LUTHER KING COLORING PAGE=A 12:00 MATCH COLORS =M	16 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 READ CONNECT=M 2:30 BINGO= A 3:30 NURSERY TIME=M 4:30 ADULT COLORING=A	17 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP= M 11:30 SNOWMAN COTTON BALL ART =A 12:00 SING ALONG=M 2:30 BALL IN A HOLE=A 3:30 STAMP ART=M	18 10:00 BALLOON BOP=A 10:30 STEM BLOCKS=M 11:30 READ CONNECT=A 12:00 READ TCONNECT=M 2:30 CUP PONG=A 3:00 DEBBIE & FRIENDS=D 3:30 SPARKY THE DOG=M	19 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 MANICURES =A 12:00 MANICURES=M 2:30 POPCORN SOCIAL=A 3:30 WATER PAINTING=M POPCORN DAY!	20 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
21 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	22 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 OFF TO THE RACES=A 12:00 PAINTING TIME=M 2:30 CORN HOLE=A 3:30 NURSERY TIME=M	23 10:00 BALLOON BOP =A 11:00 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 READ CONNECT= M 2:30 BALL IN A HOLE=A 3:30 FOLD & SORT=M	24 10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 OFF TO THE RACES =A 12:00 TEXTILES=M 2:30 DANCE PARTY WITH PEANUT BUTTER SNACK=A 3:30 PUZZLES AND GAMES=M	25 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT =A 12:00 READ CONNECT=M 2:30 SING AND DANCE=A 3:00 SING AND DANCE=M	26 10:00 BALLOON BOP =A 11:00 BALLOON BOP=M 11:30 DO A PUZZLE=A 12:00 WATER PAINTING= M 2:30 BALL IN A HOLE=A 3:30 SING AND DANCE=M	27 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A
28 10:30 CLAP AND DANCE TO THE MUSIC =A 12:00 BALLOON FUN =M 2:30 SCRIPTURE READING =A 3:00 DRAW AND COLOR =M 5:30 READ AND SHARE =A	29 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 DANCE PARTY=A 12:00 MATCH COLORS =M 2:30 BIRTHDAY PARTY=A/M 3:30 PUZZLES & GAMES=A PUZZLE DAY!	30 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT =A 12:00 READ CONNECT= M 2:30 SING AND DANCE=A 3:00 SING AND DANCE=M 3:30 DO A PUZZLE=A	31 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP=M 11:30 DANCE PARTY=A 12:00 MATCH COLORS =M 2:30 PUTT PUTT=A 3:30 PUZZLES & GAMES=A	ALTERNATE ACTIVITIES: MAGAZINES FOLD AND SORT BALLOON BOP NAME THAT TUNE FIDGETS/SENSORY SPARKY THE DOG CINNABON THE BUNNY	ALL ACTIVITIES ARE SUBJECT TO CHANGE	Snacks Are Given Twice Daily