



MCU DECEMBER 2023



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Stephanie Williams: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PIE DAY! 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:00 PIE =A 12:00 PIE=M 2:30 NAME THAT JINGLE=A 3:30 FOLD AND SORT=M 4:15 MOVIE TIME=A/M	2 10:30 CLAP AND DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 3:00 CHRISTMAS DRAW AND COLOR =D 5:30 READ AND SHARE =D
3 10:30 DANCE TO MUSIC =D 12:00 BALLOON FUN =D 2:30 SCRIPTURE READONG =D 3:00 DRAW AND COLOR =D 5:30 READ AND SHARE =D 	4 10:00 GHS PET THERAPY=A 10:30 GHS PET THERAPY=M 11:30 HOLIDAY WREATHS=A 12:00 PICTURE MATCH=M 2:30 MAKE COOKIES!=A 3:30 PUZZLES & GAMES=M COOKIE DAY!	5 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 BALL IN HOLE=A 12:00 MATCHING GAME=M 2:30 PUTT PUTT=A 3:30 HOLIDAY COLORING=M 	6 9:30 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 PICTURE MATCH=A 12:00 FOLD & SORT =M 2:30 TOSS AND TALK=A 3:30 PUZZLES&GAMES=M 	7 10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 FANCY NAILS =A 12:00 FANCY NAILS= M 2:00 MAKE SMORES=A 3:00 DEBBIE AND FRIENDS=D 	8 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 HOLIDAY CARDS=A 12:00 BUILD A SNOWMAN=M 1:30 CHRISTMAS CAROLERS 2:30 BOWLING=A 3:00 DECORATE COOKIES=M 4:00 MOVIE AND A SNACK 	9 10:30 CLAP AND DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 3:00 CHRITMAS DRAW AND COLOR =D 5:30 READ AND SHARE =D RESIDENT CHRISTMAS PARTY!
10 10:30 DANCE TO MUSIC =D 12:00 BALLOON FUN =D 2:30 SCRIPTURE READONG =D 3:00 DRAW AND COLOR =D 5:30 READ AND SHARE =D 	11 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 ISPY ORNAMENT=A 12:00 STAMP ART=M 2:30 MAKE A SANTA HAT=A 3:30 PUZZLES & GAMES=M	12 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 TOSS AND TALK=A 12:00 WATER PAINTING=M 2:30 SING AND DANCE=A 3:30 MAGAZINES=M 	13 10:00 PIANO WITH STEVE=A 10:30 BALLOON BOP= M 11:30 CANDY CANE COCO=A 12:00 SING ALONG=M 2:30 BALL IN A HOLE=A 3:30 STACKING TILES=M COACOA DAY! 	14 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 NAILS & MUSIC=A 12:00 NAILS & MUSIC=M 2:30 CHRISTMAS BINGO=A 3:00 NURSERY TIME=M 	15 10:00 BALLOON BOP =A 10:30 BALLOON BOP=M 11:30 MAKE A SNOWMAN=A 12:00 DECORATE COOKIES=M 2:30 SNOW MAN CRAFT=A 4:00 MOVIE AND A SNACK 	16 10:30 CLAP AND DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 3:00 CHRISTMAS DRAW AND COLOR =D 5:30 READ AND SHARE =D
17 10:30 DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 2:30 SCRIPTURE READONG =D 3:00 DRAW AND COLOR =D 5:30 READ AND SHARE =D 	18 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:00JERRY AND FRIENDS=D 11:30 ISPY ORNAMENT=A 12:00 STAMP ART=M 2:00 MAKE COOKIES=A 3:30 READ CONNECT=M 	19 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 READ CONNECT=A 12:00 STACKING TILES=M 2:30 CHRISTMAS BINGO=A 3:00 NURSERY TIME=M 	20 10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 BALL IN A HOLE=A 12:00 DECORATE A TREE=M 2:30 DECORATE A TREE=A 3:30 PUZZLES& GAMES 	21 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 MAKE A SNOWFLAKE=A 12:00 STICKER ART=M 2:30 HOLIDAY WREATH=A 3:00 DEBBIE AND FRIENDS=A 	22 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 MANICURES =A 12:00 MANICURES=M 2:30 CORNHOLE=A 3:30 MAKE AN ORNAMENT=M 4:15 MOVIE TIME=A 	23 10:30 CLAP AND DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 3:00 CHRISTMAS DRAW AND COLOR =D 5:30 READ AND SHARE =D
24 CHRISTMAS EVE ALL DAY CHRISTMAS MOVIES =D 3:00 CHRISTMAS DRAW AND COLOR =D 	25 ALL DAY CHRISTMAS MOVIES HOT CHOCOLATE AND SNACKS AVAILABLE MERRY CHRISTMAS! 	26 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 DANCE PARTY=A 12:00 SENSORY PLAY=M 2:30 BIRTHDAY PARTY=A&M 3:30 ISPY=M 	27 10:00 LIVE PIANO=A 10:30 MORNING STRETCH=M 11:30 CUP PONG =A 12:00 STACKING TILES =M 2:30 NAME THAT TUNE=A 3:30 PUZZLES&GAMES=A 	28 10:00 BALLOON BOP=A 10:30 BALLOON BOP=M 11:30 MAKE A SNOWMAN=A 12:00 NAILS & MUSIC=M 2:30 PUTT PUTT=A 3:30 PUZZLES AND GAMES=M 	29 10:00 MORNING STRETCH=A 10:30 MORNING STRETCH=M 11:30 MANICURES =A 12:00 STICKER CRAFT=M 2:30 MOVE TO THE MUSIC=A 3:30 MANICURES=A 4:15 MOVIE TIME=A 	30 10:30 CLAP AND DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 3:00 CHRISTMAS DRAW AND COLOR =D 5:30 READ AND SHARE =D
31 10:30 DANCE TO THE MUSIC =D 12:00 BALLOON FUN =D 2:30 SCRIPTURE READONG =D 3:00 DRAW AND COLOR =D 5:30 READ AND SHARE =D NEW YEARS EVE 	ALTERNATE ACTIVITIES: GO ON A WALK MAGAZINES FOLD AND SORT BALLOON BOP NAME THAT TUNE FIDGETS/SENSORY SPARKY THE DOG CINNABON THE BUNNY 			Activities are subject to change	Snacks Are Given Twice Daily	Owned and operated by VIRGINIA HEALTH SERVICES