

The Arbors

INDEPENDENT LIVING



ENTRÉES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

BAKED PORTOBELLO CASINO **\$8.50**

Stuffed with creamed asiago spinach then finished w/ diced tomatoes & balsamic glaze

**Add Smoked Bacon* \$1.50*

ARBORS GRILLED CHICKEN BREAST OR CRISPY CHICKEN TENDERS **\$10**

SMOKED BRISKET STREET TACOS **\$10**

Pulled brisket on a flour tortilla w/ smoked spread & pickled onions

COUNTRY CHIK'N CUTLET **\$10**

Served w/ a creamy mushroom gravy

ARBORS SALMON CAKE **\$11.35**

Homemade Alaskan salmon cake made w/ our homemade spice blend

ARBORS "PIZZA-PIZZA" **\$8.50**

Personal flat bread pizza: cheese/pepperoni/supreme/veggie

AUTUMN TURKEY CHILI **\$10**

Warm spiced turkey chili w/ diced sweet potatoes, corn, bell peppers & black beans

Sour cream & cheese available

Some items may be served undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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SALADS & SANDWICHES

All entrees served with the choice of Dinner salad or Soup of the Day. Prices do not include tax.

CRISPY CHICKEN MANDARIN SALAD **\$9**

Fresh mixed greens topped w/ crispy chicken strips, shredded carrots, crispy chow mein noodles, mandarin oranges then finished w/ toasted sesame seeds & ginger dressing

FALL APPLE CRISP SALAD **\$9**

Sliced apples, pecan pralines, asiago cheese & craisins over a fresh bed of spinach

**Add Smoked Bacon or Grilled Chicken \$1.50*

ARBORS CLUB SANDWICH **\$8.50**

"Deli-style" turkey breast, smoked ham, applewood smoked bacon & swiss cheese with lettuce, tomato & 1000 Island dressing served on toasted Sourdough

GRILLED HAMBURGER **\$10**

Grilled 100% beef ½ lb Hamburger served on a griddled roll with lettuce, tomato & red onions

Add a slice of cheese if you like: American, Cheddar or Swiss

MS. KITTY'S GRILLED CHEESE **\$6.50**

Grilled American cheese with vine-ripened tomatoes & applewood smoked Bacon on griddled white toast

GRILLED HOT DOG **\$6**

½ lb. All beef hot dog served on a steamed roll

YOUR CHOICE OF 2 EGGS **\$4.50**

Fried or scrambled with toast

ALWAYS AVAILABLE **\$2**

Sweet potato fries, waffle fries, french fries, onion rings & coleslaw

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