

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

York Nursing & Rehabilitation Center

				<p>11:00 Chair Exercises ¹ 2:30 Bingo</p>		<p>² Independent Activities Puzzles, Games & Activity Packets Available Pet therapy 1:30 Movie Matinee</p>
<p>³ Independent Activities Puzzles, Games & Activity Packets Available</p>	<p>⁴ Independent Activities Puzzles, Games & Activity Packets Available <small>Labor Day</small></p>	<p>⁵ 11:00 Balloon Ball 1:30 Resident Council 2:30 Trivia/ Words in a Word</p>	<p>⁶ 11:00 Chair Yoga 2:30 Bingo</p>	<p>⁷ 11:00 Balloon Ball 1:30 Movie Matinee/ Popcorn</p>	<p>⁸ 11: 00 Chair Exercises 2:30 Bingo</p>	<p>⁹ Independent Activities Puzzles ,Games & Activity Packets Available Pet Therapy 1:30 Movie Matinee</p>
<p>¹⁰ Independent Activities Puzzles, Games & Activity Packets Available <small>Grandparents Day</small></p>	<p>¹¹ 11:00 Balloon Ball 2:30 Word Games/Words in a Word</p>	<p>¹² 11:00 Chair Exercises 2:30 Monthly Birthday Social</p>	<p>¹³ 10:45 Sharon Baptist Church 10-12 Classic Car Show 1:30 Art w/Emily 3:00 Bingo</p>	<p>¹⁴ 11:00 Balloon Ball 2:30 Ice Cream Sundae Social</p>	<p>¹⁵ 11:00 Chair Exercises 2:00 Vegas Bingo/Music Bash on Colonial <small>Rosh Hashanah Begins</small></p>	<p>¹⁶ Independent Activities Puzzles, Games & Activity Packets Available Pet Therapy 1:30 Movie Matinee <small>Oktoberfest Begins</small></p>
<p>¹⁷ Independent Activities Puzzles, Games & Activity Packets Available</p>	<p>¹⁸ 11:00 Balloon Ball 2:30 Word Games/Words in Word</p>	<p>¹⁹ 11:00 Chair Exercises 2:00 Music with Jack</p>	<p>²⁰ 11:00 Chair Yoga 2:30 Bingo</p>	<p>²¹ 11:00 Balloon Ball 2:30 1920's Speak Easy Jazz Music Happy Hour</p>	<p>²² 11:00 Chair Exercises 2:30 Bingo</p>	<p>²³ Independent Activities Puzzles, Games & Activity Packets Available Pet Therapy 2:30 First Day of Fall Tea Party <small>Autumn Begins</small></p>
<p>²⁴ Independent Activities Puzzles, Games & Activity Packets Available <small>Yom Kippur</small></p>	<p>²⁵ 11:00 Balloon Ball 2:30 Word Games/ Words in a Word</p>	<p>²⁶ 11:00 Chair Exercises 1:30 Art w/Emily 3:00 Trivia/Words in a Word</p>	<p>²⁷ 11:00 Chair Yoga 2:30 Bingo</p>	<p>²⁸ 11:00 Balloon Ball 2:30 Coffee Bar & Snacks Sing A Long</p>	<p>²⁹ 11:00 Chair Exercises 2:30 Bingo <small>Sukkot Begins</small></p>	<p>³⁰ Independent Activities Puzzles, Games & Activity Packets Available Pet Therapy 1:30 Movie Matinee</p>