

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*All programs are subject to change according to the resident's needs. *Programs with an (*) are 1-2 hours, all others are 30 min.</p>	<p>Cognitive/Creative ■ Physical ■ Reflective ■ Social ■ Sensory ■ Nature ■ Outdoor ■ Productive □</p>				<p>1 ■ 11:00 Tortoise Talk w/ Ebert Exotics* (1) ■ 2:00 Prize Bingo* (2) ■ 3:00 Ice Cream Social (2)</p>	<p>2 ■ Daily Perk (1) ■ Fill in the Blank (1) ■ 6:00 The Gaithers (A) Cox Channel 20</p>
<p>3 ■ Daily Perk (1) ■ Word Unscramble (1)</p>	<p>4 Labor Day ■ Daily Perk (1) ■ Scavenger Hunt (1)</p>	<p>5 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm ■ 11:00 Therapy Dogs Intl' (1) ■ 2:00 Manicures* (1)</p>	<p>6 Salon Open ■ 10:00 Prize Bingo* (1) ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 Uno Game* (1) ■ 3:00 Coffee & Tea Bar* (1)</p>	<p>7 ■ 11:00 Women's Bible Study* (2) ■ 11:15 Mr. Hamilton (1) ■ 12:00 Trip: Lunch at Poquoson Diner* (1) ■ 3:00 The Library* -Karaoke & Coffee* (1)</p>	<p>8 □ 10:00 Art w/ Emily* (2) ■ 11:00 Mr. Hamilton (1) ■ 2:00 Quarter Bingo* (2) ■ 3:00 Ice Cream Social (2) ■ 3:30 Group Crossword Puzzle (2)</p>	<p>9 ■ Daily Perk (1) ■ Word Match (1) ■ 6:00 The Gaithers (A) Cox Channel 20</p>
<p>10 National Assisted Living Week ■ Daily Perk (1) ■ Grandparents Day (1) Photo Op ■ 3:30 Klem Ministry By Elder Lucas* (1)</p>	<p>11 Wear Black & White ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 Speakeasy (1) - Mr. Teller on Piano*</p>	<p>12 Wear Bright Colors ■ 11:00 Therapy Dogs Intl' (1) ■ 2:00 Quilting w/ Gala* (2) -Tabletop Organizer ■ 6:00 Trip: Glow Party Bus to Dairy Queen*</p>	<p>13 Salon Open Wear a Tropical Shirt ■ 10:00 Classic Cars & Snack Bar* (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 12:00 Bikini Contest & Shrimp Boil* (1) ■ 2:00 Splash Bash* (1)</p>	<p>14 Library Drop Off Wear Plaid ■ 11:00 Women's Bible Study* (2) ■ 11:30 Grab n Go Fruit Stand* (1) ■ 2:00 Kountry Kickers -Popcorn Bar* (1) ■ 3:00 Corn Shucking Contest (1)</p>	<p>15 Wear a Hat ■ 11:00 Mr. Hamilton (1) ■ 2:00 Big Money Bingo (C) -Vegas Theme* ■ 3:00 Ice Cream Social (C)</p>	<p>16 ■ Daily Perk (1) ■ 2:00 Soaps n Suds Wheel Wash* (1) ■ 6:00 The Gaithers (A) Cox Channel 20</p>
<p>17 ■ Daily Perk (1) ■ Mindfulness Worksheet (1)</p>	<p>18 ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 Tea Party (2) -Route 66 Theme*</p>	<p>19 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm ■ 11:00 Therapy Dogs Intl' (1) ■ 2:00 Birthday Celebration (1) Entertainment by: The Earthtones*</p>	<p>20 Salon Open ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 Uno Game* (1) ■ 3:00 Coffee & Tea Bar* (1)</p>	<p>21 ■ 11:00 Women's Bible Study* (2) ■ 11:15 Mr. Hamilton (1) □ 1:00 Trip: Dollar General* (1) ■ 3:00 The Library* -Smoothies & Name that tune (1)</p>	<p>22 □ 10:00 Resident Forum* (2) ■ 11:00 Mr. Hamilton (1) ■ 2:00 Quarter Bingo* (2) ■ 3:00 Ice Cream Social (2)</p>	<p>23 ■ Daily Perk (1) ■ 2:00 Virtual Trip to Australia with Linda* (2) ■ 6:00 The Gaithers (A) Cox Channel 20</p>
<p>24 ■ Daily Perk (1) ■ 3:30 Klem Ministry By Elder Lucas* (1)</p>	<p>25 ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 Wine & Cheese Social* (2)</p>	<p>26 Scheduled Transport Available, must see Kirstie to Sign up! 9 am-12 pm ■ 11:00 Therapy Dogs Intl' (1) ■ 2:00 Oktoberfest (1) Entertainment by: Dan Smith*</p>	<p>27 Salon Open ■ 10:00 Prize Bingo* (1) ■ 11:00 Mr. Hamilton (1) ■ 11:15 Therapeutic Exercise w/ Kim (1) ■ 2:00 3rd Floor Cinema* (3) -Refreshments Served</p>	<p>28 ■ 11:00 Women's Bible Study* (2) ■ 11:15 Mr. Hamilton (1) □ 1:00 Trip: Food Lion* (1) ■ 3:00 The Library* -Trivia Challenge & Hydration Station (1)</p>	<p>29 ■ 10:00 Fetch w/ Copper*(1) ■ 11:00 Mr. Hamilton (1) ■ 2:00 Quarter Bingo* (2) ■ 3:00 Ice Cream Social (2)</p>	<p>30 ■ Daily Perk (1) ■ Word Elimination (1) ■ 6:00 The Gaithers (A) Cox Channel 20</p>

