

**The VHS Hospice team specializes in creating an individualized plan to care for you with a focus on your quality of life and comfort.**

VHS Hospice can assist caregivers and improve an individual's quality of life. Our team works with you, your physician and your loved ones to determine eligibility for Hospice.

Our staff is specially trained in providing holistic, compassionate palliative care, including addressing mental, physical, or spiritual needs. This includes nursing care and physician oversight as well as bereavement and counseling services for the individual and their loved ones.

Hospice care is covered by Medicare, Medicaid, and most commercial insurers. It is for individuals who have received a prognosis of six months or less, and is an option for individuals who do not wish to receive aggressive, curative treatments and lengthy hospital stays.

Hospice team members will provide care wherever the individual resides. In addition, the hospice benefit typically provides for a respite stay, which we can readily arrange at a VHS healthcare facility.

**VHS | Hospice**

Your best life is our mission.

Service areas include:

**Peninsula**

**Southside**

**Middle Peninsula**

VHS Hospice is part of Virginia Health Services' continuum of care, which provides healthcare options for every stage of aging. We offer independent and assisted living communities, skilled and long-term nursing and rehabilitation care, and home health care, outpatient rehabilitation, and hospice care.



**757.223.1396**

[www.vaahs.com/hospicecare](http://www.vaahs.com/hospicecare)

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## OUR TEAM

Our support team includes:

- Skilled nursing staff (on call 24/7)
- Home health aides
- Physical, occupation and speech therapists
- Social workers
- Dietitians
- Chaplain
- Medical director
- Home Infusion Therapy
- Volunteers



## GRIEF COUNSELORS

The VHS Hospice counseling team is available to those who are seriously ill, and their caregivers and family. We understand the grief process. Our care continues for a year after a loved one passes, providing bereavement counseling to those in mourning.

Our counseling services can include one-on-one meetings, support groups and follow-up calls.

VHS Hospice does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission to, participation in its programs, services activities, or in employment. This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Regulation of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations Parts 80, 84, and 91.