



JANUARY 2023



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe: Recreation Director

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1  HAPPY NEW YEAR 2:00—4:00 CHURCH WITH DANIEL & DAVE = D	2 NEW YEARS DAY HOLIDAY! 2:30 RESIDENT HOSTED BINGO= B	3 10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = S 2:30 OFF TO THE RACES =D	4 10:30 UNO CHALLENGE= D 1:30 SNACK CART= S 2:30 BINGO =D	5 10:30 CONCENTRATION CHALLENGE =D 1:30 SNACK CART= S 3:00 DEBBIE AND FRIENDS= D	6 11:00 SUNSHINE GALS=S 1:30 SNACK CART= S 2:30 BINGO= D	7 10:30-4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 MOVIE OF CHOICE=B
8 10:00A.M.-4:00P.M. VISITATIONS & ZOOMS 2:00—4:00 CHURCH WITH DANIEL & DAVE = D	9 11:00 RESIDENT COUNCIL 1:30 SNACK CART = S 2:30 BINGO=D 3:45 IN THE KITCHEN =R CHEF SALAD	10 10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = S 2:30 POKER KENO= D	11 10:30 MASTER GARDNERS= R 1:30 SNACK CART= S 2:30 BINGO = D	12 10:30 CONCENTRATION CHALLENGE=D 1:30 SNACK CART= S 3:00 DEBBIE AND FRIENDS= D	13 10:30 CHAIR YOGA=D 1:30 SNACK CART= S 2:30 BINGO=D	14 10:30-4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 MOVIE OF CHOICE=B
15 10:00A.M.-4:00P.M. VISITATIONS & ZOOMS 2:00—4:00 CHURCH WITH DANIEL	16 MLK JR DAY 11:00 SISTERS IN SPIRIT = D 1:30 SNACK CART = S 2:30 BINGO=D 3:45 MLK TRIVIA= D	17 10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = S 3:00 ART WITH CATHY= D	18 10:30 MUSIC MELODIES WITH JAY = D 1:30 SNACK CART = S 2:30 BINGO = D	19 10:30 CONCENTRATION CHALLENGE=D 1:30 POPCORN MANIA=R 3:00 DEBBIE AND FRIENDS= D	20 SQUIRREL DAY 10:30 SQUIRREL FEEDERS=R 1:30 SNACK CART = S 2:30 BINGO =D	21 10:30-4:00 VISITATIONS AND ZOOM 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 MOVIE OF CHOICE=B
22 10:00A.M.-4:00P.M. VISITATIONS & ZOOMS 2:00—4:00 CHURCH WITH DANIEL & DAVE = D	23 10:30 SNOWMAN ART 1:30 SNACK CART= S 2:30 BINGO=D 3:45 NATIONAL PIE DAY— SLICE OF	24 NATIONAL PEANUT BUTTER 10:30 UNITED FOR CHRIST MINISTRIES=D 1:30 SNACK CART= S 3:00 PEANUT BUTTER BALLS=D	25 10:30 MASTER GARDNERS = R 1:30 SNACK CART= S 2:30 BINGO = D 3:45 IRISH COFFEE SOCIAL— R	26 10:30 CONCENTRATION CHALLENGE = D 1:30 SNACK CART= S 3:00 DEBBIE AND FRIENDS = D	27 NATIONAL HOT TEA MONTH 10:30 TEA SOCIAL=R 1:00 SNACK CART= S 2:30 BINGO =D	28 10:30-4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 MOVIE OF CHOICE=B
29 10:00A.M.-4:00P.M. VISITATIONS & ZOOMS 2:00—4:00 CHURCH WITH DANIEL & DAVE = D	30 BINGO MARATHON 10:30 BINGO =D 1:30 SNACK CART = S 2:30 BINGO =D	31 10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART= S 2:30 RESIDENT BIRTHDAY PARTY=S				
 MARTIN LUTHER KING JR. 1929 1968	Owned and operated by <u>VIRGINIA HEALTH SERVICES</u>	MAY 2023 BE A HEALTHY ONE FOR ALL			ALL ACTIVITIES ARE SUBJECT TO CHANGE	Dining Room =D Botetourt Room=B Strolling=S Courtyard=C Recreation Room=R