













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 Week 1 menu 2 CD MUSIC – NS GAME SHOWS - NS INDEPENDENT ACTIVITY <small>New Year's Day</small>	3 Trivia Day 4 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 2:30 JACKPOT GAME - DR	 6 PLAY OUTSIDE DAY 7 FAMILY VISITATION INDEPENDENT ACTIVITY	8 Week 2 menu 9 10:00 CD MUSIC - NS 10:30 REMINISCENCE VISITS – IR 2:30 PRIZE BINGO- DR 	10 Milk Day 11 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 2:30 CUP PONG GAME - DR	 12 Rubber Ducky Day 13 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 2:30 PRIZE BINGO - DR	14 FAMILY VISITATION INDEPENDENT ACTIVITY 
15 FAMILY VISITATION INDEPENDENT ACTIVITY 	16 Week 3 menu 17 10:00 CD MUSIC - NS 10:30 REMINISCENCE VISITS – IR 2:30 PRIZE BINGO - DR <small>Martin Luther King Jr. Day</small>	18  19 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 2:45 EBENEZER BAPTIST CHURCH -DR	17 9:00 NEWS – NS 11:00 GAME SHOW – NS 2:30 WESTERN MOVIE – NS	18 10:30 HPT. MASTER GARDENERS - DR 2:30 FAITH DELIVERANCES MINISTRIES - DR	 21 FAMILY VISITATION INDEPENDENT ACTIVITY 2:30 NEW HOPE BAPTIST CHURCH MINISTRIES - DR	
22 FAMILY VISITATION INDEPENDENT ACTIVITY  <small>Chinese New Year (Year of the Rabbit)</small>	23 Week 4 menu 24 10:00 CD MUSIC - NS 10:30 REMINISCENCE VISITS – IR 2:30 PRIZE BINGO - DR <small>Activity Professionals Week</small>	 24 9:00 NEWS – NS 11:00 GAME SHOW – NS 2:30 MUSIC WITH MIKE JACKSON - DR	25 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 2:30 MUSIC WITH TWO MEN - DR	26 10:30 REMINISCENCE VISITS – IR 11:00 MUSIC AT THE NURSE STATION 2:30 WESTERN MOVIE - NS <small>Australia Day (observed)</small>	27 CHOCOLATE CAKE DAY 9:00 CD MUSIC – NS 10:30 REFRESHMENT CART & CHATS – IR 1:30 PRIZE BINGO - DR STAFF BREAKFAST	28 FAMILY VISITATION INDEPENDENT ACTIVITY 
29 FAMILY VISITATION INDEPENDENT ACTIVITY 	30 Week 1 menu 31 10:00 CD MUSIC - NS 10:30 REMINISCENCE VISITS – IR 2:30 PRIZE BINGO - DR	31 9:00 NEWS – NS 11:00 GAME SHOW – NS 2:30 WESTERN MOVIE – NS	OWNED & OPERATED BY VHS "YOUR BEST LIFE IS OUR MISSION" <h1>January 2023</h1> NORTHAMPTON NURSING & REHABILITATION CENTER			